



BOX IT UP! ARIZONA - GIRLS BOX LACROSSE

What is Box it Up! Arizona?

- 1) Girls Box Training Camps presented by **ASU assistant coach** and **Team USA's Caroline Wakefield** (Sat Feb 1 and Sun Feb 2 - Phoenix, AZ)
- 2) Sixes Games and Clinic presented by **ASU coaches Taryn VanThof and Caroline Wakefield** (Fri Feb 14, ASU)
- 3) Box Lacrosse Tournament (**Western Regional** - Sat Feb 15-Monday Feb 17 Phoenix, AZ) more info ->



Caroline Wakefield is an assistant coach for Arizona State University's women's lacrosse Alumni of the University of North Carolina. Won five ACC Championships, an NCAA National Championship, and earned All-America honors. Professionally, she excels in the Athletes Unlimited Lacrosse League and was a gold medalist with the U.S. women's box lacrosse team.

Box Training

Coach: Caroline Wakefield

Box Training Camp Date & Time:
Saturday Feb 1, 3-6pm
Sunday Feb 2 3-6pm

Ages:
Grad years 2025-2030

Location:
Casey's Sportsworld
3947 E Union Hills Dr
Phoenix, AZ 85050

Box Tournament

Date & Time:
Saturday Feb 15-Monday Feb 17th

Ages:
Grad years 2025-2030

Location:
Casey's Sportsworld
3947 E Union Hills Dr
Phoenix, AZ 85050

ASU Sixes

Date and Time:
Friday Feb 14th
6-9pm

Ages:
Grad years 2025-2030

Location:
Sun Devil Soccer/Lacrosse Stadium
655 S. Athletes Place, Tempe, AZ 85281Dr
Phoenix, AZ 85050

REGISTER FOR BOX CAMP AND TOURNAMENT \$395

open to any and all participants

REGISTER FOR ASU INTERNATIONAL SIXES \$125

open to any and all participants



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BE AN EARLY ADOPTER

Before 5th year Covid players skewed the record books 9 out of the top 10 Men's NCAA D1 All-Time Goal Scorers were Canadian Box Lacrosse players. Today, the NCAA D1 ALL-Time Goal record is held by an American player, Mac O'Keefe, an early adopter of youth box lacrosse who spent his summers playing box in our program and was trained by his dad who played professional box in the National Lacrosse League (NLL).

Girls Box Lacrosse officially started in the USA in 2018 when 3 teams of 12yr old girls competed for a National Championship in Los Angeles, CA. Fast forward a few years and these early adopters, having gone through the recruiting process, met again in Toronto for a Box Lacrosse event. Here are the rosters and where the game of box lacrosse can take you.

Grace Winkler - **UNC**, Gabby Lauretani - **UNC**, Charley Bacigalupo - **Notre Dame**, Gracie Shoulberg - **Notre Dame**, Sydney Ingraham - **Notre Dame**, Caroline Trinkaus - **Syracuse**, Molly Guzik - **Syracuse**, Maggie Bacigalupo - **Princeton**, Bae Bounds - **Brown**, Caroline Gerosa - **Loyola**, Abby McQuire - **Bryant**, Roma Peressutti - **UC Davis**, Hannah Gilland - **Bucknell**, Brooke Stroh - **Northwestern**, Taylor Santos - **Loyola**, Cheeto Price - **Navy**, Emily Cutler - **Vermont**, Michela Patterson - **Queens**, Lexy Stevenson - **Queens**, Shea Haggan - **Jacksonville**, Natalie Dymmel - **Radford**, Sophie Barker - **Austin Reay**, Oliver Starr - **Detroit Mercy**, Brooklin Doyle - **Louisville**, Mayaka Noon - **Johns Hopkins**, Rian Compagnon - **Limestone**, Vienna Twomey - **Johns Hopkins**, Ali Rolston - **Loyola**, Maive Partlow - **Niagara**, Aubrey Sartor - **Stanford**, Brynn Sartor - **ASU**, Gabrielle Jennings - **Robert Morris**, Sydney Sookdeo - **Princeton**

MORE OPPORTUNITIES TO PLAY ELITE LEVEL GIRLS BOX

OPEN REGISTRATION FOR TEAM USBOXLA GIRLS

Girls who are interested in playing for Team USBOXLA must attend either the ASU International Sixes and Clinic at the Western Regional in Phoenix Arizona (Friday Feb 14th) or the Loyola International Sixes and Clinic at the Southeast Regional in Fort Lauderdale, FL (Friday Jan 31st). Both events are open to any and all players.

SELECTED PLAYERS PLAY AT:

BC Training Camp and Trevor Wingrove Memorial
The Trevor Wingrove Memorial takes place each spring in Coquitlam, British Columbia. This annual invitational showcases some of Canada's best box talent.

Date: Friday, May 30th - Sunday, June 1, 2025

Age Groups (Birth Year based):

U15 2012/2011

U17 2010/2009

Program Fee: \$425

Camp Coaches:

Haley Warden

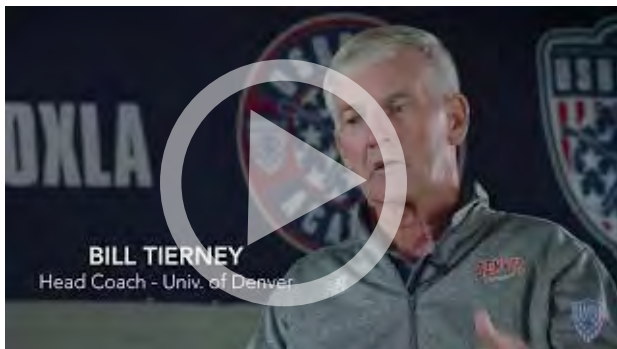
Jacksonville assistant coach, JMU NCAA National Champion
2x All-American

Livy Rosenzweig

Rutgers assistant coach, Team USA Box World Lacrosse
Box Champion 2024, Loyola 5x All-American



ABOUT US BOX DONE RIGHT





NATIONAL COLLEGIATE BOX SERIES (NCBS)



*"I helped create the NCBS to give my University of Denver players the ultimate training tool in the summer months. We became the only team west of the Mississippi to win a NCAA National Championship and the NCBS has helped launch the professional careers of some of the most dynamic lacrosse players in the game today."
- Matt Brown University of Denver Head Coach, Team Canada Men's Head Coach, USBOXLA Co-founder*



Men's Collegiate Box Lacrosse is coming to Florida.

Led by Florida Tech Head Coach Brad Mac Arthur

for more details follow us @usboxla (insta)

and

<https://www.usboxla.com/thencbscup>





WHERE COLLEGE STARS BECOME PROS



USBOXLA/NCBS Players Drafted to Professional Lacrosse

YEAR / ROUND / PICK / NAME / COLLEGE / NLL TEAM / NCBS TEAM

- 2024 / 1 / 11 Alex Bean / **Loyola** / Georgia / Dragons / (CACBLL)
- 2024 / 2 / 27 Conner Fingar / **University of Albany** / Rochester / Hawkeyes / (UCBLL)
- 2024 / 3 / 19 Marquez White / **Princeton** / Buffalo / Royals / (CACBLL)
- 2024 / 3 / 42 Patrick McIntosh / **UVA** / Colorado / Dragons / (CACBLL)
- 2024 / 5 / 68 Grant Breyo / **University of Massachusetts** / Georgia / Buffalos / (UCBLL)
- 2024 / 6 / 83 Connor Boss / **Robert Morris** / Georgia / Buffalos / (UCBLL)
- 2024 / 6 / 85 Matt Kuhn / Philadelphia / (MACBLL)
- 2023 / 1 / 19 Kaleb Benedict / **RIT** / Georgia / Armory / (UCBLL)
- 2023 / 2 / 24 Luke Pilcher / **RIT** / Las Vegas / Armory / (UCBLL)
- 2023 / 3 / 31 Jake Taylor / **Notre Dame** / Georgia / Fighting Bison / (CCBLL)
- 2023 / 3 / 35 Jake Piseno / **University of Albany** / Rochester / Hawkeyes / (UCBLL)
- 2023 / 3 / 42 Mustang Sally / **Loyola** / Las Vegas / Gold Miners / (CCBLL)
- 2023 / 4 / 61 Colin Sharkey / **Maryland** / Panther City / Revolution / (CTCBLL)
- 2023 / 4 / 66 Richie Connell / **Denver** / Georgia / Stoneflies / (CCBLL)
- 2023 / 4 / 68 Kellen Pulera / **Marist** / Bandits / Rapids / (UCBLL)
- 2023 / 5 / 81 AJ Mercurio / **Denver** / Colorado / Dragons / (CACBLL)
- 2023 / 9 / 95 Oscar Hertz / **Brown** / San Diego / Royals / (CACBLL)
- 2022 / 1 / 22 Jake Govett / **Delaware** / San Diego / Royal / (CACBLL)
- 2022 / 2 / 34 Payton Rezanka / **Loyola** / San Diego / Royals / (CACBLL)
- 2022 / 4 / 60 Spencer Bell / **RIT** / Rochester / Hawkeyes / (UCBLL)
- 2022 / 4 / 73 Ryan Sharkey / **Canisius** / Bandits / Rapids / (UCBLL)
- 2022 / 5 / 82 Christian Watts / **Sienna** / Bandits / Rapids / (UCBLL)
- 2022 / 5 / 85 Drew Kask / **Lewis University** / Vancouver / Gold Miners / (CCBLL)
- 2022 / 5 / 88 Austin Blumbergs / **St. Bonaventure** / Bandits / Rapids / (UCBLL)
- 2022 / 6 / 95 Carter Brand / **Limestone** / Saskatchewan / Gold Miners / (CCBLL)
- 2022 / 6 / 104 Evan Zinn / **UVA** / Colorado / Revolution / (CTCBLL)
- 2021 / 1 / 15 Hunter Lemieux / **Roberts Wesleyan** / Philadelphia / Armory / (UCBLL)
- 2021 / 2 / 28 Jackson Reid / **Ohio State** / Halifax / Rivermen / (OCBLL)
- 2021 / 2 / 31 Jack Hannah / **Denver** / Dallas / Rivermen / (OCBLL)
- 2021 / 3 / 35 Riley Curtis / **Denver** / Rochester / Bighorns / (CCBLL)
- 2021 / 4 / 62 Nicholas Miller / **St. John Fisher** / Bandits / Hawkeyes / (UCBLL)
- 2020 / 1 / 15 Mac O'Keefe / **Penn State** / San Diego / Revolution / (CTCBLL)
- 2020 / 6 / 84 Troy Loper / **Cleveland State** / San Diego / Gold Miners / (CCBLL)
- 2019 / 2 / 14 Trevor Baptiste / **Denver** / Philadelphia / Fighting Bison / (CCBLL)



**BAPTISTE:
FROM THE
NCBS TO
THE NLL**

