

## **ANGBC-COVID Precautions**

In response to the COVID-19 worldwide crisis, the Appleton North Girls Basketball Club (ANGBC) will take the precautionary measures listed below to protect and promote the health and safety of all individuals participating in the basketball club. However, these precautionary measures are not intended to be a substitute for professional medical advice, health and safety government measures, and/or good practices, such as social distancing and staying home when you are sick.

\* It is impossible to maintain a 6 feet social distance and play basketball, therefore given the nature of the situation ANGBC cannot and does not warrant that the measures they have taken will protect individuals from COVID-19. Even with the best safety precautions, all individuals assume some risk when interacting with others in society and in entering the facilities.

\*-If your daughter has been directly exposed to someone with COVID-19 or has contracted COVID-19 herself, we ask that you communicate that with your coach as soon as possible. Also, email [appletonnorthhoops@gmail.com](mailto:appletonnorthhoops@gmail.com) or call club president, Amanda Werfal, at 920-915-3111 and communicate this. Your daughter will not participate in ANGBC activities until they follow the 14 day quarantine rule, have been cleared by a doctor, and until they have received a negative test. Regarding quarantine, please note: if your child has been placed in quarantine by a medical provider or public health, your child must complete the full recommended quarantine period, regardless of any negative test results they may receive while in quarantine. There is no "testing out" of an imposed quarantine period.

**\*AS A PARENT, PLEASE USE YOUR BEST JUDGEMENT. IF YOUR DAUGHTER HAS COVID LIKE SYMPTOMS (HEADACHE, FATIGUE, COUGH, NAUSEA, LOSS OF TASTE/SMELL, SORE THROAT, ETC...) PLEASE KEEP HER HOME FROM AN ANGBC PRACTICE/EVENT!\***

- Temperatures will be taken upon entering any ANGBC scheduled event (practice or game). If temperature is abnormal, the player cannot participate.
- Parents/spectators will NOT be allowed at any ANGBC practice. Parents are asked to stay 5 minutes after dropping off their daughter at the start of practice to make sure that their daughter is cleared to participate. After practice, coaches will make sure your daughters get safely to your car.
- Attendance at games is at the discretion of the event directors. They will put forth a set of rules that determines how many people can attend their events.
- Coaches and players will follow the mask mandate in the state of Wisconsin. As of now ALL players and coaches will wear masks before, during and after practices and games. This is subject to change as the season progresses.
- Hand sanitizer will be available at ANGBC events. Players and coaches will sanitize when entering the gym and before leaving.
- Players will bring their own basketball and use that throughout the practice. However, at times basketballs will be shared.
- If your daughter has a pre-existing condition that puts them at high risk, it may be best not to participate in the ANGBC season.

