

3.11.20

The Arizona Region and USA Volleyball take the health and safety of our participants and spectators very seriously. We are carefully monitoring the progress of the Corona Virus with the CDC in relation to our events and the health of attendees to our event. The risk to the young and healthy is still very low.

At this point in time there is no plan to cancel any of our events. This may change in the future, but it is not what we are doing at this time.

We ask, as for any event, that you forgo the event and stay home if:

- if you are sick,
- if you are not feeling well,
- if you have a fever,
- if your immune system is or has been compromised, or
- if your age is considered the most at risk. (The elderly are the most at risk with the Corona Virus).

We are asking that the teams not shake hands at the net prior to and after the game. We will have them come to the 3-meter line and offer good luck or good game wishes to the opposing team from their own 3-meter line. When your team is off, please move outside where there is fresh air instead of congregating in closed areas.

Wash your hands thoroughly during the day and especially after using the restroom, before eating or touching any food or drink and after touching others. Use hand sanitizers if it has been a while since you were able to wash your hands.