

## **2023 – 2024 - LCGBA LEAGUE RULES**

The Lake Country Girls Basketball Association – **LCGBA** - is a 5th through 8th grade highly-organized, well-respected youth girl’s high school league for those participating with their select high school-affiliated program.

**Player Eligibility:** Players must play on the team in the school district in which they reside; i.e. - all players living in the Pewaukee School District must play for a Pewaukee team. Players in the Waukesha West School attendance area must play for the Waukesha West team. Upon occasion parents may request in writing (to the league director) that their child play for another team. There must be an explanation why and the high school coaches from both programs will be informed and both must agree to grant permission. Once a player quits a team, she may not join another without consent of the league. Each case will maintain its own merit and must be submitted in writing. Just because a request is made does not automatically qualify an out-of-district player to play on a team in the LCGBA. In fact, it is rare for exceptions to be made, to protect the integrity of the league

**Team Roster:** A team may consist of no more than 15 players which shall be submitted on the official league team roster/waiver form to the league director 1 week prior to the team’s 1st league game. It is advisable to limit rosters to no more than 12 players for game playing time availability and player development purposes.

For teams with low numbers, season ending injuries or other factors resulting in a player’s dismissal, teams may submit an added player request with the league director.

- ◇ Players may only play for one team in any and all levels for League play and the end of season League tournament. A players name may only appear on 1 roster.
- ◇ Players may play up a grade level, but may not play down a grade level.

Exceptions will be reviewed and judged at the discretion of the league director.

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1. **Rules:** The LCGBA shall use the High School Rules published by the National Federation of State High School Associations as modified by the WIAA and the LCGBA.

2. **Playing Time:**

a. **5th and 6th Grade** games will consist of two **18:00 halves with a running clock:**  
**7th and 8th Grade** games will consist of two **13:00 halves with a stopped clock:**  
5th & 6th: the clock will stop the last 1 minute of both the 1st half and 2nd half.

7th & 8th: If the margin of score is 15 points or more, the clock stops only for injuries and time-outs. In the last 2 minutes of the game, there shall be a stopped clock.

b. Halftime will be 2 minutes for all games.

c. There shall be a minimum of 3 minutes between games.

- d. If the score is tied at the end of regulation, the game clock will be off and the first team to score shall be determined the winner. A coin-toss will decide who receives the ball first, to be called by the visiting team.
- e. Each team is allotted 3 time-outs per game with no carry-overs into overtime.

3. **Start Time/Grace Period:** A team that does not have 4 roster eligible players and an adult coach within 5 minutes of the scheduled start time of the game forfeits. If the start of a game is delayed by more than five minutes because a preceding game runs late, a team must have 4 roster eligible players and an adult coach within the 3-minute warmup period at the end of the preceding game.

4. **Conduct of Players, Coaches and Bench Personnel:**

- a. A maximum of 3 non-players is allowed on a team's bench.
- b. All adult bench personnel, especially coaches, are expected to set a good example by showing respect for game officials and their decisions.
- c. Only the head coach, under the rules of the game, may approach the scorer's table to correct an error. If other adults approach the scorer's table to object to the official scorer's book they may be subject to an escort out of the gymnasium. If a head coach cannot control "their team's parents" a possible forfeit may be necessary. The game officials will mandate a coach's assistance for fan control.
- d. The Head Coach will be subjected to a modified "SEAT BELT RULE". During the game the Head Coach should stay in contact with the bench area. Brief standing will be allowed for player substitutions and/or instructions but coaches should be seated throughout the game. If this is not followed a coach will be warned and then that coach may be assessed a technical foul(s). All Assistant Coaches/Bench Personnel must be seated throughout the game.
- e. Players, coaches or bench personnel who use profanity directed toward an official during a game shall be charged with a flagrant technical foul. Under National Federation Rules, the penalty for a flagrant foul includes disqualification (ejection from the gymnasium) of the offender.
- f. Coaches or bench personnel disqualified from a game must leave the premises immediately; failure to comply may result in a game forfeit and/or coach expulsion.
- g. Coaches or bench personnel disqualified from a game, or players disqualified from a game because of unsportsmanlike conduct shall receive at least a one-game suspension beginning with the team's next League game. Suspensions can be issued and extended at the discretion of the LCGBA Director. If a Coach is disqualified from a game 2 times in a season, a minimum of a 4-game suspension will be implemented. 3 times in a season results in permanent expulsion from coaching in the league and the respective club director and high school coach will be informed.
- h. Whenever an unsportsmanlike ejection or any bench disqualification occurs, game officials are required to notify the Gym Supervisor or LCGBA Director.
- i. There is no maximum or minimum playing time for players. Playing time is at each coach's discretion or respective club guidelines

5. **Conduct of Spectators:** Respect must be shown for game officials and opponents by all in attendance.

- a. If an official deems the conduct of a team's spectators to be inappropriate, the official shall inform the team's head coach and, if necessary, give the coach time to address the spectators for the purpose of correcting the problem. The head coach is responsible for the conduct of their team's parents/fans and will receive technical foul(s) or league disciplinary action accordingly.
- b. Should inappropriate conduct occur after the head coach has been informed (per rule 5a), a flagrant technical foul shall be assessed against the team.
- c. If inappropriate conduct occurs after the flagrant technical foul has been assessed (per rule 4b), the game shall be terminated and the offending team shall forfeit.

**The penalty for any and all technical, flagrant and intentional fouls is an automatic 2 points and possession of the ball.**

Note: Officials must inform the scorers to make the necessary documentation in the scorebook whenever any part of this rule is invoked. Game officials can, at their discretion, have spectators removed from the gym without any penalty to either team. Game supervisors and the gym supervisor(s) shall notify the LCGBA Director whenever a spectator is removed from the gym.

6. **Uniforms:** No technical fouls for illegal shirts or numbers shall be issued. All team members must wear the same color jerseys. (No administrative technical fouls).

7. **Game Ball:** Either team will supply a game ball for each game. A legal "women's" ball will be used (Circumference of 28.5 and weight between 18 and 20 ounces).

8. **Free Throw Line:** Standard free throw line for 6th through 8th grades. 5th grade will be 2-feet closer to the basket than the traditional 15' line.

9. **Half Court Defensive Play:**

Any style of defense is permissible at the **7th and 8th grade levels.**

**5th and 6th grade** teams may not use a zone defense or a half court trapping defense once the ball crosses the half-court line. Man-to-Man defense only, teams may switch on picks, may play help-side defense in the lane area but double-teaming the ball is not allowed. A defensive player should actually guard an offensive player, be in a consistent guarding position with that player and not just stand or retreat to a spot or position on the floor.

10. **Back Court Pressure:**

a. 6th, 7th & 8th Grades: No rules prohibiting backcourt pressure throughout the game until a team has attained a (15) fifteen point, or more lead. Any type of backcourt defense may be implemented.

b. 5th Grade: No defensive player is allowed in the opponent's backcourt until the last two minutes of the game and overtime. Any type of back court defense may be

implemented during the allowable period. The restriction begins once the defense secures the rebound or gains possession (complete control) of the ball.

c. All Levels: A team with a lead of 15 points or more may not apply any defensive pressure in the opponents back court and must retreat to the opponent's front court once the opponent clearly secures possession of the ball. At any court where the division line is difficult to determine, leniency will be allowed.

Note: A technical foul may be assessed against the offending team's head coach for repeated violations of 10a, 10b, or 10c

11. **Protests:** The league will not recognize any protests unless it relates to rostered players. Protests concerning the validity of a rostered player must be submitted in writing by the head coach within 48 hours of the completed game in question.

12. **Reschedule/Forfeits:** Any team that forfeits or initiates a rescheduled game for any reason must pay the league a \$60 fee per occurrence/game. If your team cannot play a scheduled game, you must make every effort to reschedule. Court and referee assignment is the responsibility of the team requesting the reschedule with the approval of the opposing coach. Referee fees and or gym fees for rescheduled games are the responsibility of the team that requests the reschedule, wherever the games are played.

13. **Tie Breakers:** League Standings/Tournament Pairings

1st Tie Breaker is head-to-head results, then next is least-points allowed, 3-way or more ties get more complicated and will be based on head-to-head results and then a point differential formula.

Thank you for your participation in the LCGBA - END 2023-2024 RULES