



## Player Emergency Medical Information

To help ensure the safety and well being of each Football Player/Cheerleader, the following information must be accurate and updated throughout the season if necessary.

Child/Participant's Name: \_\_\_\_\_

**Please write "none" or "n/a" on the first line of each response if the question does not apply to the participant.**  
**For any question left blank, "none" or "n/a" will be assumed.**

Does the above named participant have any medical conditions of which the coach should be aware? These may include, but are not limited to, allergies, asthma, seizure disorders, and diabetes. If yes, please state:

\_\_\_\_\_  
\_\_\_\_\_

**Does the above named participant take any medication?**

If yes, please state: Medication: \_\_\_\_\_

Dose: \_\_\_\_\_

**Does the above named participant carry an asthma inhaler, epinephrine pen or other medical emergency device?**

If yes, please state: \_\_\_\_\_

If you answered "yes" to the above question, it is the parent/guardian's responsibility to be sure that all devices are in proper working condition and are made available for use during all practices and all games.

Emergency Phone Numbers:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Parent/Guardian's Name (printed): \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_

## NORCAL FEDERATION FOOTBALL NOTICE TO PLAYERS & PARENTS

### SECTION I

Norcal Federation Football League will not be responsible for unsupervised players or Cheerleaders, neither before or after a scheduled game, practice or event. Norcal Federation Football is not responsible for players or cheerleaders if they show up more than one hour prior to game time, or more than 15 minutes prior to practice, nor after a sponsored activity is over.

### SECTION II

As a parent or guardian, if I am called upon or volunteer to transport any participants, including players, cheerleaders or volunteer workers by motor vehicle, I realize Norcal Federation Football does not have Liability Insurance relating to transportation coverage, therefore, there would be NO COVERAGE BY NORCAL FEDERATION YOUTH FOOTBALL.

I FURTHER RELIEVE Norcal Federation Football of all liabilities arising out of the use of an automobile and will be fully responsible for any lawsuits arising out of the use of an automobile involving a Norcal Federation Football Function.

### SECTION III

Norcal Federation Football has a Medical Accident policy which is SECONDARY COVERAGE for injury to your child; COVERAGE MAXIMUM IS ONE HUNDRED THOUSAND DOLLARS. YOUR MEDICAL INSURANCE AND/OR MEDI-CAL IS PRIMARY COVERAGE. Norcal Federation Football's Accidental Medical Coverage has a \$100.00 (One Hundred dollar deductible).

Please initial one of the following:

\_\_\_\_ MY MEDICAL INSURANCE COMPANY \_\_\_\_\_  
POLICY NUMBER \_\_\_\_\_

OR

\_\_\_\_ I CURRENTLY HAVE NO INSURANCE COVERAGE

This form will not be accepted unless the name and policy number is filled in. If you do not have medical insurance and/or Medi-cal, please indicate.

### **YOUR CHILD WILL NOT BE ALLOWED ON THE FIELD FOR PRACTICE UNTIL THIS FORM IS COMPLETED AND SIGNED.**

I have read and understand that Norcal Federation Football League is not responsible for the Liability or Injury to my child under any circumstances other than Norcal Federation Football League sanctioned and scheduled events and the above Guide lines will apply in all cases.

### SECTION IV

I \_\_\_\_\_ am the parent and/or Legal Guardian of \_\_\_\_\_ (player).

In case of any medical emergency, I hereby authorize a representative of Norcal Federation Football to seek Medical Assistance for my child. *I also understand that my child's participation in youth football or cheerleading is purely voluntary and I agree to hold NorCalFed harmless for any and all liability for any injuries including death which my child may sustain while participating in this activity.*

Signature of Parent or Guardian \_\_\_\_\_



## **DURHAM JUNIOR TROJANS PLAYER / PARENT CONTRACT 2018**

Welcome to Durham Junior Trojans (commonly referred to as DJT or Jr. Trojans). Our organization places great importance upon helping young people by involving them in an athletic program that builds character, self-esteem, and emphasizes teamwork. Discipline, hard work, and cooperation act as the cornerstone of this effort. In that vein, we have developed these standards by which we expect each player and parent to abide by.

PLAYER'S NAME: \_\_\_\_\_  
(Please print name)

### **PLAYER SECTION:**

1. I understand that being a "Jr. Trojan" is a privilege, and I promise to uphold the high standards of Durham Junior Trojans Youth Football & Cheer Organization (herein referred to as "DJT").
2. I agree to follow the instructions of the Coaches and Executive Board Members of DJT without dissent.
3. I agree to comply with the rules as set forth in the 2018 Norcal Fed rule book.
4. I understand that disruptive behavior and failure to follow instructions are grounds for dismissal from the program.
5. I agree to attend all scheduled practices and games. If I am unable to attend, my parents/guardians or I will contact my Head Coach and/or Team Mom no later than 30 minutes prior to a scheduled practice and/or game/scrimmage time.
6. I agree to encourage my teammate's efforts. I also agree NOT to criticize their mistakes. The later may be grounds for my removal (either temporary or permanent) from the team.
7. I agree to take GOOD care of the football equipment that is checked out to me. I understand that I am responsible for the loss or damage, due to my misuse or abuse of the equipment. I further agree to return all equipment issued to me by DJT on or before the designated equipment return date(s), at the conclusion of the season for which this contract is applicable.
8. I agree to work hard in school and complete all my homework in an effort to maintain good grades. School comes before DJT and any disciplinary action from school will result in discipline from DJT. Suspension from school will result in suspension from practice and/or play and will run concurrently with any school suspension. I further understand that any use or possession of tobacco, alcohol, or drugs, on or off the field, will be grounds for immediate dismissal from DJT.
9. I understand the Head Coach (not players or their guardians) choose a player's jersey number.

### **PARENT SECTION:**

- 1) MANDATORY PARENT ORIENTATION MEETING: I understand that one or more parent/guardian is REQUIRED to attend the DJT MANDATORY PARENT ORIENTATION MEETING scheduled in April 22, 2018. (Location: Durham Memorial Hall, 9313 Midway). Note: Players/cheerleaders are welcome to attend!
- 2) I understand that my child is part of a unique program and that every effort will be made to

physically prepare them for the demands of contact football. I promise to support the Coaches and Board of Directors in this effort.

- 3) I understand that **NO PLAYER WILL BE ALLOWED ONTO THE PRACTICE FIELD UNTIL THEIR PLAYER FILE IS DEEMED COMPLETE BY THE TEAM MOM**. I also understand that should my child be restricted from entering the practice field due to an incomplete player file (and/or any other reason), it **WILL** affect their “Conditioning Week” hours (requirements set forth by Norcal Fed), and it **WILL** delay their ability to have gear issued to them.
- 4) I will take my turn supplying the squad with snack and drinks for games, as requested by Team Mom.
- 5) **PRACTICES:**
  - a) I agree to have my child at all scheduled practices and games, on time, and with all the needed equipment, including water, unless excused by the Head Coach. If my child is unable to attend, I will contact the Head Coach and/or team mom **NO LATER THAN 30 minutes** prior to a scheduled practice and/or game/scrimmage time.
  - b) **PRACTICE SCHEDULE:**

Monday, July 23<sup>rd</sup> – Thursday, July 26<sup>th</sup>, 5:30-8:00 pm. This schedule will remain in effect Monday-Thursday until after Durham Unified school starts.
  - c) **REDUCED PRACTICE SCHEDULE:** The 2<sup>nd</sup> week of school at Durham Unified, DJT coaching staffs will begin following a reduced practice schedule.

Reduced Practice Schedule:  
Tuesday –Thursday: 5:30-7:30 pm
  - d) I understand that at no time may I interfere with practice or be on the field and/or sidelines on game day (unless my volunteer position requires that I be present on the field). I further understand that my being on the field (including the sidelines) could result in our team being disqualified.
  - e) I understand that the Coaches will make time to talk about any issues, Monday through Friday (not during practice), but not on game day or for 48 hours after the game.
  - f) I understand that my child is entitled to instruction at practices, and is entitled to participate in the game, depending upon division of play and **ATTENDANCE** at practice, for the minimum number of plays as set forth in the 2018 Norcal Fed rule book.
- 6) **EQUIPMENT/GEAR:**
  - a) I agree to take **GOOD** care of the football equipment that is checked out to my child(ren). I understand that I am financially responsible for any loss or damage due to my child(ren)s misuse or abuse of the equipment. I further agree to return all equipment issued to my child(ren) by DJT on or before the designated equipment return date(s), at the conclusion of the season.
  - b) I also agree to return my child(ren)’s equipment in the same condition as it was issued to my child(ren) (i.e., helmet **FREE** of **ALL** award stickers/sticker residue, shoulder pads containing **ALL** hardware/laces/etc., football pants properly cleaned, etc.) **DJT WILL NOT ACCEPT ANY RETURNED EQUIPMENT THAT DOES NOT MEET THE GUIDELINES SET FORTH BY DJT’S EQUIPMENT MANAGER** (inquire with DJT Equipment Manager for further details).
  - c) **Football Gear Issued by DJT:**
    - i) Helmet
    - ii) Mouthpiece (player to keep; additional mouthpieces must be provided by player/parent)
    - iii) Helmet Chin Strap (**ONLY** if needed)
    - iv) Shoulder Pads
    - v) Practice Pants
    - vi) Game Pants
    - vii) Practice Jersey
    - viii) Game Jerseys (Player keeps one – to be designated by DJT)
    - ix) Pink Socks
  - d) **Gear Player is Responsible for Providing:**

- i) Game Socks (Black)
  - ii) Football Cleats (must meet cleat requirements set forth by Norcal Fed – i.e., no metal tips, etc.)
  - iii) Additional Mouthpieces (as needed)
- 7) VOLUNTEERING / FUNDRAISING
- (a) I understand that I will volunteer at a minimum of ten (10) hours per child or fifteen (15) for a family during DJT games in a single season. I also understand that it is my responsibility to seek out and sign up for my volunteer hours and responsibilities.
  - (b) **VOLUNTEER BUY-OUT OPTION:** I also understand that DJT has a “Volunteer Hours Buy-Out” Program in which I have the option of submitting a \$200 payment (per every 10 hours required) to DJT in lieu of volunteering. I understand that should I choose to take advantage of this program, I am required to submit my payment to DJT **NO LATER** than the Parent meeting in April. NOTE: Program payments are to be made online unless other arrangements have been made with the Treasurer.
  - (c) I understand that volunteering for DJT, and participating in its fundraising program(s), is/are essential to the success of this League. I also understand that DJT needs additional support, above and beyond these minimum requirements, in order to continue being a successful program. I will make every effort possible to support DJT in this and encourage other families to do the same.
  - (d) I understand that any conference with a Coach must be prearranged and will take place at the practice facility only, before or after practice, and never on game day or for 48 hours after a game. I understand that each of the individual teams’ Head Coaches will notify their team’s parents (at the start of the season) of their availability for these pre-arranged parent/Coach meetings.
  - (e) **I understand that I have to participate in at least one of the DJT fundraisers.**
- 8) I understand that open criticism of the program and/or the coaching staff will be grounds for immediate disqualification of my child from DJT. If a problem develops, let’s talk about it. If for any reason I have an issue with one of my child’s Coaches, I will first consult the Head Coach. If for any reason I have an issue with my child’s Head Coach, I will first consult with one or more of DJT’s Executive Board Members.
- 9) I hereby authorize the DJT organization to take pictures/videos of my son/daughter during scheduled events and post them on social media (DJT website, YouTube, etc.) for purposes of promoting my child’s team and/or the DJT organization. If I do not wish to have my child’s picture/video used for this purpose, I will provide written instruction stating so, to my child’s team mom, NO later than the first day of Practice
- 10) I understand that the DJT program has adopted a progressive reprimand process and that this process is meant to encourage Coaches, Board Members, parents, and any other adult involved in DJT, to participate harmoniously, according to the values that govern the DJT’s program. This disciplinary process is typically a three step process; however, discipline is determined based on the severity of the infraction and may not follow any number of steps.
- (i) First infraction results in a verbal reminder.
  - (ii) Second infraction results in a 1 week suspension.
  - (iii) Third infraction results in exclusion from DJT activities.
- (b) I understand any conduct by a child that is deemed as a distraction or unsafe situation for the team or organization, witnessed by any Coach or Board Member, will result in the removal of that child from the practice or game and will be an unexcused absence.
  - (c) I understand the DJT organization has embraced a NO TOLERANCE policy when addressing player and parent conduct concerning the safety and the well-being of every participant associated with the DJT family. Continued distractions and or unsafe conduct by any individual or group will result in board review and may ultimately result in expulsion, for that individual or group, from the organization.

- (d) All disciplinary matters will be reviewed and acted upon by the Executive Board.
- (e) We have read all the above information and fully understand this contract.
- (f) I agree to follow all rules and requirements in this contract, and in the 2018 Norcal Fed rule book, as well as, any additional instructions given to my child(ren) and/or myself by the coaching staff.
- (g) By accepting this document, and initialing on the registration form, I/we am/are agreeing that I/we understand the contract completely.

11) I understand that all Coaches, concession personnel and gate attendants are volunteers. I will not engage in disruptive, rude or combative behavior directed at the volunteers, other parents, visitors or game officials. I acknowledge that such behavior may result in my being asked to leave the premises.

12) School Suspension

- a) If for any reason my child is suspended, my child will not be able to practice for the length of the school suspension. Additionally, my child will LOOSE playing time, on game day, based upon the number of practice days missed while serving the suspension.

By signing below, I agree to abide by the above listed standards of the DJT Youth Football Organization. I understand that they are NOT negotiable and MUST be adhered to, at all times, during the upcoming season.

Player's Signature: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ (Please Print)

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Parent's Email: \_\_\_\_\_

Indicate Player's Division:

- Mighty Mite       Jr. Pee Wee       Pee Wee       Jr. Midget       Midget

**IMPORTANT – REMINDER**

**PLEASE MAKE A COPY OF THE SIGNED DOCUMENT FOR YOUR RECORDS.**