



## CSC COVID-19 RETURN TO PLAY GUIDELINES

These guidelines have been established to help reduce the spread of the COVID-19 Virus. Please respect these guidelines to not only keep you and your family safe, but also members of other families and friends. We ask that all families follow the [guidelines](#) that are established by New York State and other health organizations.

### Players/Participants

- Players will set up bags/equipment a minimum of 6 ft. from their teammates (coaches will outline for players).
- Players will only use their own water bottle and will not share any equipment with teammates, coaches, or team managers.
  - Clearly mark your name on your water bottle.
  - Each player is recommended to bring at least two bottles of water to training, to limit the need for refills.
  - It is not recommended that players use public water fountains.
- No high fives or handshakes etc.
- When not in the game players should remain 6 feet apart and/or wear a face mask.
- All players must bring their own soccer ball. There will be no sharing of soccer balls.
- Players should get dressed at home in training gear so that you can arrive to the training site ready to play.
- Players should pack and bring to training personal sanitizing supplies, including face covering and hand sanitizers. Sanitizing materials should be clearly marked and not shared. [Quick facts](#) on personal protective equipment (PPE).
- Players should wash their hands before departing for training.

### Parents/Spectators

- Parents Conduct a daily temperature check for low grade fever (>100.4.) at home before training. If you have a fever, do not go to training. Consult your physician.
- The CSC will limit 1 spectator per player. Spectators must:
  - Bring their own chair. Spectators are not permitted to sit on any bleachers/benches at the Clarence Soccer Center.
  - Always stay a minimum of 6 feet away from players and coaches.
  - Wear a facemask.
- Drop off is recommended. We also recommend watching from the car as an option.
- Arrive no sooner than 10 minutes prior to your scheduled practice time to avoid crowds. It is recommended that you wait in your car if you arrive early.
- Any player, coach, or family members showing signs or symptoms of the Covid-19 virus should notify their coach and league officials immediately. Doug Curella, Executive Director of the Clarence Soccer Club is the point of contact to report symptoms.

## Coaches

- Coaches will outline (with cones) 6 feet of distance to create individual “spaces” for players to set up bags/equipment. These spaces will be used for water breaks.
- No Bibs should be shared.
  - No sharing of bibs during training sessions.
  - If bibs are used during a training session, they must be washed before the next training session.
  - Coaches are responsible for placing down and picking up all equipment used during training sessions (ex. Cones, bibs, ladders, goals, etc.). Players should not be touching any of this equipment.
- All equipment used for training (cones, ladders, etc.) must be sanitized after each session. We will have equipment sanitation stations available in the clubhouse for coaches to utilize.
- Balls utilized for scrimmages need be sanitized before each scrimmage and at half time.
- All coaches, assistant coaches, and team managers should wear facemasks during all soccer activities.
  - Facemasks are provided by the Clarence Soccer Club. Please do not hesitate to ask if additional masks are needed.
- Encourage players to be safe and maintain social distance whenever possible during sessions. During water breaks, encourage players to sanitize their hands as well with hand sanitation they brought individually (no sharing).

## Club

- Hand sanitation station is set up outside of the clubhouse.
- Restrooms at the clubhouse are open.
- Signs will be posted to reinforce social distancing and other guidelines concerning COVID-19.
- Follow all social distancing guidelines that are meant to reduce the risk of the Covid-19 virus.