

# NEW JERSEY YOUTH SOCCER'S

# RETURN TO PLAY



## PHASE 1&2

- >> Individual Training Sessions at Home
- >> Virtual Coaching Only

## PHASE 3

- >> Group Training Introduced
- >> Maintain Physical Distancing (at least 6 feet)
- >> No Sharing of Water/Equipment (Ball Permitted)
- >> Use of PPE for Coaches (Optional for Players)
- >> Stagger Practice Times

## PHASE 4

- >> Full Return To Play/No Training Restrictions
- >> No Sharing of Water/Equipment (Ball Permitted)
- >> Spectators/Players Remain 6 feet Apart Off the Field

## TIMELINE

- >> PHASE 3: Begins June 22<sup>nd</sup>
- >> PHASE 4: Begins July 6<sup>th</sup>

## IF YOU ARE NOT COMFORTABLE WITH RETURNING TO PLAY, DON'T

### Club Responsibilities

- >> Distribute and post return to play protocol to all members
- >> Be understanding to parents/players that may delay returning to play
- >> Provide adequate field space for physical distancing (minimum of 6 feet)
- >> Have an effective communication plan



### Coach Responsibilities

- >> Follow all return to play protocols
- >> Send home players if they are not feeling well
- >> Provide adequate physical distancing at all times
- >> Ensure all players are not sharing water/equipment (ball permitted)
- >> Wear a face mask when coaching
- >> Only Coach handles equipment
- >> Be understanding to parents/players that may delay returning to play

### Parent Responsibilities

- >> Check your child's temperature before any team related event
- >> Notify your club immediately if your child becomes ill
- >> Ensure your child has sanitizing products and plenty of water
- >> Stay in car or adhere to social distance requirements
- >> Ensure washing (e.g. hands) takes place before and after every training
- >> Ensure clothes and equipment are sanitized before and after every training

### Player Responsibilities

- >> Bring and use hand sanitizer
- >> Be open and transparent with coach
- >> Place bags and equipment at least 6 feet apart
- >> Do not touch or share anyone else's equipment, water, food, or bags
- >> No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- >> Respect and practice physical distancing
- >> Wear mask before and immediately after events
- >> Wash hands thoroughly and immediately after events
- >> Wash and sanitize all equipment before and after events