

U8 Training areas: 9 per night on existing U8 field

U10/U12 Training areas: 6 per night (9 if overflow on B3).

U19/U15 Training areas: 4 per night (7 if overflow on B3).

NOTE:

- **Make every effort to train on your age group playing fields as it allows use of age-appropriate goal sizes for your training.** We understand that U10s and U12s may spill over into U15/U19 fields given the abundance of teams. Please collaborate with each other.
- You may train any night you want between 4 and 9 pm.
- Tuesdays and Thursdays are most crowded training days
- [Turf Field Schedule for April and May here](#) . We can use Turf field any night it's not rented.

Spring 2026 Training Area Map

