

2022 Fall

Spring Lake Park Fastpitch Softball



SLPSA 2022 Fall Coaches Handbook

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Spring Lake Park Softball
Association

www.slpfastpitch.com

Spring Lake Park Panthers Fastpitch Softball

SLPSA 2022 Fall Coaches Handbook

The 2022 Fall season is underway!. SLPSA will do our best to keep our website (www.slpfastpitch.com) up to date, and promptly distribute information via email to all of our families. .

1. Uniforms

1.1. Jersey Tops will be provided to all athletes.

1.2. Uniform "Requirements":

- All 8U-18U athletes will still need Black Pants, Red Belt and Red Socks. These items will need to be ordered by each family and can be done so by visiting www.athleticoutfittersmn.com OR any other sporting goods store.

2. Equipment

2.1. Each athlete should have their own equipment or they will need to check out equipment from SLPSA

2.1.1. SLPSA is requiring a \$25 (total) deposit on equipment:

- Required
 - Helmet (able to checkout)
 - Fielding Mask (able to checkout)
 - Water Bottle
- Optional:
 - Bat (able to checkout)
 - Catchers Gear
 - Batting Gloves

2.2. SLPSA will provide sanitation products & first aid kit to each team.

2.3. SLPSA will provide a bucket of softballs to each team that they keep for the season.

3. Field & Facility Maintenance

- Please leave the fields nicer than you found it.
- If you are the last team at the field on a given night.
 - Rake, fill & tamp around all bases & plate in an attempt to get the field level
 - Rake, fill & tamp all 6 infield positions
 - Rake, fill & tamp both batters boxes
 - Put all four (4) base plugs back in the base sleeves & make sure you push them down below infield grade.
- Coaches be mindful of the storage shed. Keep them organized and do not take out any unnecessary equipment.
- Return the Batting Cage key to its home in the JV dugout.

4. Rosters

- Minnesota Softball Events require we submit rosters through www.mnsoftball.com. Once submitted the roster will be approved & can be printed for use.

5. Playing Time

Every player is a contributing member of a team. Players are challenged in practice sessions, and are given opportunities in game situations to display their fastpitch softball skills. All players get playing time, but some players may get more than others. Playing time is determined by several factors including:

- Fastpitch Softball skill
- Match-ups
- Attitude
- Attendance
- Hustle at practice and games
- Work Ethic

At 8U and 10U, the fastpitch softball experience will primarily be focused on teaching and developing players' skills within the "team" context.

- League Games:
 - Equal playing time & participants should play in all games (not just bat)
 - Experience all positions (IF, OF, P, C)
 - Be placed in positions where players can experience success
 - Everyone must bat
- Tournament Games:
 - Equal playing time & participants should play in all games (not just bat)
 - Players play multiple positions over the course of the weekend.
 - Be placed in positions where players can experience success & *give the team in the best chance to win.*
 - Everyone must bat

At 12U there will be an increased emphasis on the players and team performing at a higher more competitive level and playing time is at the discretion of the coach. However, the expectation at this level is that all players should get playtime.

- 12U League Games
 - One (1) game each day players should be placed in their natural positions, and positions where they likely will play as they grow as softball players, thus giving the team the best chance to win.
 - Be placed in positions where players can experience success.
 - Everyone Bats.
- 12U Tournament Games:
 - Participants should play in all games (not just bat).
 - Be placed in positions where players can experience success & give the team the best chance to win.
 - Everyone Bats.

- 14U -16U:
 - League games:
 - All participants should play in all games (not just bat)
 - Players should be placed in positions where players can experience success & give the team the best chance to win.
 - Tournament games:
 - All participants should play during the weekend.
 - Players should be placed in positions where players can experience success & give the team the best chance to win.
 - Some Tournaments do allow the option of a nine (9) person roster. It is at the discretion of the coach if they chose to play a nine (9) person roster. In this scenario, not all players are required to play or bat in a given game.
- Modifications to playing time are allowed because of injury, practice/game attendance issues or other disciplinary reasons. Coaches should provide player and parents with a verbal warning if playtime will vary from the above-mentioned expectations for disciplinary reasons. Coaches should be clear in their communication with players and parents about expected playing time so that expectations can be managed.
- Please do not forget that coaches are volunteers – respect their decisions. If you have questions about your child, discuss them with your coach in private. SLPSA recommends that you arrange your conversations with the coach for at least one (1) day after a game – not on game day. If you do not feel comfortable speaking with your coach, the next course of action is to consult your team liaison.
- This is the proposed Minnesota Softball Fall 2022 schedule. All of the above bullets apply to this information as well:

Game Dates

- Week 1 - August 20-21
- Week 2 - August 27-28
- Week 3 - September 10-11
- Week 4 - September 17-18
- State Tournaments - September 24-25

6. Background Checks

- SLPSA is again using the service from Minnesota Softball to conduct our Background Checks.
 - More information on our Background Checks can be found here:
 - <https://fastpitch.mnsoftball.com/backgroundchecks>

7. Concussion Training

- SLPSA is again using the service from Minnesota Softball to conduct our Concussion Training.
 - The concussion training can be found here:
 - <https://fastpitch.mnsoftball.com/concussion>
 - Please complete prior to your first practice & send your completion certificate to slpsoftball@gmail.com

8. Team Liaisons

- 8U – TBD
- 10U – TBD
- 10U – TBD
- 12U – TBD
- 12U – TBD
- 14U – TBD
- 14U – TBD