

LAHC JANUARY 2021 PRACTICE CALENDAR

Monday Jan 4	Tuesday Jan 5	Wed Jan 6	Thursday Jan 7
NO PRACTICE	10U 4:00 – 5:00 PM	8U 4:00 – 4:45 PM	12U 4:00 – 5:00 PM
	12U 6:30 – 7:25 PM	10U 4:45 – 5:45 PM	8U 6:30 – 7:15 PM
	14U 7:40 – 8:35 PM	19U Girls 6:00 – 7:00 PM	14U 7:15 – 8:15 PM
	19U Girls 8:35 – 9:30 PM	18U 7:15 – 8:30 PM	18U 8:30 – 9:45 PM
Monday Jan 11	Tuesday Jan 12	Wed Jan 13	Thurs Jan 14
10U/12U Goalies 4:00 – 5:00 PM	10U 4:00 – 5:00 PM	8U 4:00 – 4:45 PM	12U 4:00 – 5:00 PM
12U 5:00 - 5:45 PM	Initiation 5:45 – 6:15 PM	10U 4:45 – 5:45 PM	Initiation 5:45 – 6:15 PM
14U 5:45 – 6:35 PM	12U 6:30 – 7:25 PM	19U Girls 6:00 – 7:00 PM	8U 6:30 – 7:15 PM
19U Girls 6:50 - 7:40 PM	14U 7:40 – 8:35 PM	18U 7:15 – 8:30 PM	14U 7:15 – 8:15 PM
18U 7:40 – 8:30 PM	19U Girls 8:35 – 9:30 PM		18U 8:30 – 9:45 PM
Monday Jan 18	Tuesday Jan 19	Wed Jan 20	Thurs Jan 21
NO PRACTICE	10U 4:00 – 5:00 PM	8U 4:00 – 4:45 PM	12U 4:00 – 5:00 PM
	Initiation 5:45 – 6:15 PM	10U 4:45 – 5:45 PM	Initiation 5:45 – 6:15 PM
	12U 6:30 – 7:25 PM	19U Girls 6:00 – 7:00 PM	8U 6:30 – 7:15 PM
	14U 7:40 – 8:35 PM	18U 7:15 – 8:30 PM	14U 7:15 – 8:15 PM
	19U Girls 8:35 – 9:30 PM		18U 8:30 – 9:45 PM
Monday Jan 25	Tuesday Jan 26	Wed Jan 27	Thurs Jan 28
14U/18U/19U Goalies 4:00 – 5:00 PM	10U 4:00 – 5:00 PM	8U 4:00 – 4:45 PM	12U 4:00 – 5:00 PM
10U 5:00 – 5:45 PM	Initiation 5:45 – 6:15 PM	10U 4:45 – 5:45 PM	Initiation 5:45 – 6:15 PM
14U 5:45 – 6:35 PM	12U 6:30 – 7:25 PM	19U Girls 6:00 – 7:00 PM	8U 6:30 – 7:15 PM
19U Girls 6:50 – 7:40 PM	14U 7:40 – 8:35 PM	18U 7:15 – 8:30 PM	14U 7:15 – 8:15 PM
18U 7:40 – 8:30 PM	19U Girls 8:35 – 9:30 PM		18U 8:30 – 9:45 PM