



EPGBA In-House 1st and 2nd Grade Rules

(Revised October 19, 2020)

These rules are intended to promote skill development, sportsmanship and enjoyment for the girls. The rules that are unique for each age group are intended to improve the game. Parents, coaches and players are expected to respect the game, the rules and the players. Questions regarding the rules and the implementation should be directed to the grade commissioner.

2nd Grade Basketball: 3 on 3. Junior Rim Height: 8 feet. No score will be kept.

1. Game Length

- a) The game will be played in 4 - 8-minute quarters with the clock running
- b) A 20 second time out every 4 minutes for substitutions
- c) A 4-minute half-time

2. Coaches/Officials: Coaches will act as refs and can be on the floor. Primarily to help teach the game. Out of Bounds, double dribble and traveling should be called.

3. Timekeeper: The home team will be responsible for furnishing the official timekeeper operator.

4. Jump Ball: After the initial jump ball at the start of the game, all jump ball situations will be resolved using the alternate possession rule.

5. Playing time requirements: Coaches are responsible for equitable playing time for every girl. Players who have not attended practices or previous games may have their playing time reduced. Coaches are required to discuss the situation with the grade commissioner and then inform the player and parent of any decisions to reduce a girls playing time.

- a) It is expected of the coaches to play their players equally during the game and not try to "manipulate" the rule so as to create an advantage for his/her team by playing the "star" players the entire game.
- b) A 20 second time out will be allowed at approximately the 4-minute mark of each quarter for substitution during a slow point in play.

6. Types of Defense: The intent of the defense rules is to encourage skill development.

- a) Only a man-to-man defense is allowed. Colored wrist bands maybe used to help with teaching defense (ex. purple guards purple).
- b) Defensive players must be within their assigned player and the basket.
- d) No stealing off the dribble. Stealing off the pass will be allowed. Stealing off the pass means catching or deflecting the opponent's pass. No full court presses are allowed.
- e) Players are limited to 3 dribbles before they must pass or shoot.