

Saskatchewan High Schools Athletic Association



E-NEWSLETTER
November 2025

CONGRATULATIONS:

Congratulations to the 2025 Provincial Cross Country Champions and all 628 competitors along with their dedicated coaches who participated at the provincial competition. We would like to THANK Ryan Cox of Yorkton Regional, the East Central District, and all volunteers for hosting a great Championship. To view the results from this year's Championship, click [here](#).

CONGRATULATIONS:

Congratulations to the 2025 Provincial Soccer Champions and all teams that took part during the soccer season and playoffs leading to the championships. The SHSAA would like to THANK the hosts and officials for their commitment to high school sport and staging these successful championships.

SOCCER			
	Gold	Silver	Bronze
3A Boys @ Wynyard	Cst. Robin Cameron	Esterhazy	Valley Christian Academy
4A Boys @ Regina	Yorkton Sacred Heart	NB John Paul II	Chief John Keenatch
5A Boys @ Prince Albert St, Mary	Saskatoon St. Joseph	Saskatoon Centennial	Regina Campbell
3A Girls @ North Battleford (hosted by Chief Moosomin)	Muenster	Hepburn	LCBI
4A Girls @ Yorkton Sacred Heart	Valley Christian Academy	Regina Luther	NB John Paul II
5A Girls @ Saskatoon	Saskatoon St. Joseph	Regina Miller	Saskatoon Holy Cross



#1-575 Park Street
Regina, SK. S4N 5B2
306-721-2151
shsaa@shsaa.ca
www.shsaa.ca



UPCOMING EVENTS:

SHSAA Fall Activity Playoffs. Further information go to www.shsaa.ca

Provincial Football and Volleyball Dates and Locations			
1A 6-A-Side Football	November 8	Hafford	SHAA Office 306-721-2151
2A 6-A-Side Football	November 8	Watrous	SHSAA Office 306-721-2151
4A 9-A-Side Football	November 8	Humboldt	SHSAA Office 306-721-2151
5A 12-A-Side Football	November 8	Moose Jaw	SHSAA Office 306-721-2151
6A 12-A-Side Football	November 8	Saskatoon	SHSAA Office 306-721-2151
1A Girls Volleyball	November 14-15	LeRoy (Englefeld)	Sarah Dale sarah.dale@horizonsd.ca
2A Girls Volleyball	November 14-15	Wadena (Foam Lake)	Jackie & Darin Faubert jacqueline.faubert@horizonsd.ca
3A Girls Volleyball	November 14-15	Maple Creek (Gull Lake)	Tyson Krause tkrause@chinooksd.ca
4A Girls Volleyball	November 14-15	NB John Paul II (Blaise Morand)	Kristina Binette k.binette@lccsd.ca
5A Girls Volleyball	November 14-15	Lloydminster (Two Gyms)	Kelsey Rogers kelsey.rogers@lpsd.ca
5A Boys Volleyball	November 14-15	PA St. Mary (Sask Poly)	Rene Quintal rene.quintal@pacsd.ca
1A Boys Volleyball	November 21-22	Rouleau (Avonlea)	Mitch Singleton singleton.mitch@prairiesouth.ca
2A Boys Volleyball	November 21-22	LCBI (Outlook)	Leah Rusk lrusk@lcbi.sk.ca
3A Boys Volleyball	November 21-22	Regina Christian (U of R)	Geoff Glasspell geoff.glasspell@rbe.sk.ca
4A Boys Volleyball	November 21-22	John Paul II (Blaise Morand)	Kristina Binette k.binette@lccsd.ca

JOB POSTING — CORPORATE PARTNERSHIPS:

Please see the following [link](#) for a career opportunity with Playfly Sports and the SHSAA, and feel free to share it with anyone who may be interested.

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SASK LOTTERIES

SaskTel 

WINTER/SPRING 2025-2026 START DATES & PROVINCIAL CHAMPIONSHIPS:

Sport	Start Date	Provincial Championship Date
Curling	November 3, 2025	March 6-7, 2026
Wrestling	November 17, 2025	March 13-14, 2026
Basketball	November 17, 2025	March 26-28, 2026
Badminton	February 2, 2026	May 9, 2026
Track and Field	March 30, 2026	June 5-6, 2026
AGM (Prince Albert)	NA	June 17-19, 2026

CIAAA:

Please visit the [CIAAA](#) website. Caleigh Wojcicki is the Executive Director of the CIAAA. Caleigh can be reached at caleigh@ciaaa.ca.

A reminder that each school is provided with [one FREE membership in CIAAA](#) that is intended for the school athletic director. One of the many benefits of membership includes access to an on-line resource bank loaded with materials that will assist you in your role as an athletic director.

The [National Conference](#) for the 2025-26 school year will be held in Kelowna, BC from April 16-18, 2026. More information about the conference will be made available as the year progresses.

PUBLICATIONS AVAILABLE (Scoresheet Booklets, Coaches Pads, Wall Charts):

If you would like to order any SHSAA publications (score sheets, coaches pads, or wall charts), the link to order is [here](#).

REMEMBRANCE DAY:

Over the next two weeks of SHSAA playoffs, student-athletes will proudly display poppy stickers provided by the Royal Canadian Legion, Saskatchewan Command. Legion members that present their membership card receive free admission to SHSAA events on October 31-November 1 and November 7-8, 2025.



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BIDS-TO-HOST:

The following Provincial Championships are OPEN for bid in the 2026-2027 school year:

- 3A Boys Soccer
- 5A Boys Soccer
- 4A Girls Soccer
- Badminton
- 1A Boys Volleyball
- 3A Boys Volleyball
- 4A Boys Volleyball

[Bid to Host forms](#) are due December 2nd and can be emailed to jeff@shsaa.ca

FOR SALE:

3—Phys. Ed. Basketballs (Precision TF-1000 Size 6) - \$50 each

3—Phys. Ed. Basketballs (Precision TF-1000 Size 7) - \$50 each

If you are interested, please email jessica@shsaa.ca or call 306-721-2151.

COACHES CARD:

The 2025-2027 Coaches Card is available. The cost of this card is \$12. You can send your order form and payment to the SHSAA office where we will send out your card(s) to use immediately. The card is for free admission to SHSAA playoffs & championships. [Please click here to see the order form.](#)

SHSAA MESSAGE BOARD:

Schools and coaches have access to the [SHSAA Message Board](#) to find tournaments, post tournament invites, and keep up-to-date with tournament results.

If you are interested in creating an account contact shsaa@shsaa.ca

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SCHOOL SPORT CANADA
SPORT SCOLAIRE CANADA



NATIONAL JERSEY DAY

#SchoolSportJerseyDay

NOVEMBER 19, 2025



Show your support for School Sport across Canada!
Wear Your Jersey to School or Work.



On Wednesday, November 19th, School Sport Canada is supporting a national day to show your love and support for sport by wearing a sport jersey to school, work or play.



Join the school sport associations across Canada to show your support for sport and to spread the word in your school!



From municipal council chambers to office buildings and classrooms across the nation, we envision a sea of Canadians wearing their hearts on their sleeves on National Jersey Day.



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At the center of every student-athlete experience is a coach.

COACHING MATTERS.



THE RESEARCH PARTNERSHIP THAT HELPS YOU **TELL YOUR STORY**

IN PARTNERSHIP WITH:



WHAT IS THE COACHING EFFECT?

Student-athletes share countless stories about the impact highly effective coaches had on their lives; *The Coaching Effect* takes it one step further. By measuring the coaching behaviors that lead to the best experience possible for student-athletes.

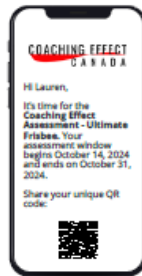
Our informed, data-centric approach provides a framework that helps all stakeholders understand how they can enhance the student-athlete's experience and impact academic performance, including grades, graduation, and attendance, allowing us all to advocate for the benefits of education-based athletics.

WE MEASURE your impact across six behavioral themes.

WE ANALYZE data from your student-athletes and their academic outcomes.

WE COMMUNICATE FINDINGS to share your story with educational leaders and policy makers.

WE BRING YOUR DATA TO LIFE



YOUR IMPACT

80%

Of student-athletes feel that their coach cares about them as a person.

77%

Of student-athletes have fun playing the sport because of their coach.

84%

Of student-athletes agree their coach helps them learn from mistakes.

KEY EDUCATIONAL OUTCOMES: A CASE STUDY

TWO MORE WEEKS IN CLASS

Student-athletes miss **11 fewer days** of school per year when compared to non-athletes with a highly effective coach in building relationships.

+16% IN AVERAGE GRADES

In a diverse population, student-athletes with a highly effective coach who pushed them out of their comfort zones earned a **77% average** compared to a **61%** for non-athletes.

READY TO GET INVOLVED? EMAIL LKELBA@COACHINGEFFECT.CA TODAY

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