



FAQ on COVID policy/procedures

How will the girls be screened and how often?

Temperatures will be taken before each practice. Girls will need to have their temperatures taken at home before games/tournaments and notify coach prior to arriving at game if temp >100.3

If a DCBC girl tests positive how will that be communicated to families?

Communication with families will be done with players team specifically and/or individuals they have directly been exposed to.

If my daughter has tested positive for COVID 19, how long does she need to quarantine?

This depends on the severity of the symptoms.

- No symptoms
 - Quarantine 10 days after positive test result
- COVID symptoms present but did not require hospitalization.
 - It has been 10 days since symptoms first appeared **AND**
 - She has been without a fever for the past 24hrs (without using fever reducing agents) **AND**
 - Other COVID symptoms are improving.
- COVID symptoms that are severe and required hospitalization
 - Discuss with your health care provider when it is safe to return to activity

If a girl has been exposed to an individual that is COVID positive what restrictions are put in place?

- If player has NOT tested, she will need to be quarantined for 14 days from their last exposure to known positive individual and remain symptom free. If she would become symptomatic, testing is recommended. If player would test positive, then she would need to follow positive testing guidelines.
 - Exceptions to this are:
 - Player has had COVID themselves within the past 3 months **AND**
 - Player has recovered (except for loss of smell/taste as this may take many months to return)
 - Player is symptom free

If a coach tests positive how will that be handled and communicated to families?

In the case that a coach tests positive, communication with families that have had a player exposed* to that coach will be notified.

If a coach is exposed to someone that is positive what will be their restrictions?

Coaches that have been exposed will need to follow the same guidelines that are in place for players.

What if a player or coach feels ill?

All coaches and players that have had an exposure* or who have a fever, cough or difficulty breathing should NOT attend practices or games. If they would begin to feel ill during practice or games, they should immediately go home and contact their healthcare provider. COVID testing is recommended if player/coach is symptomatic.

Who do I notify within DCBC that my daughter is positive for COVID 19 or has been exposed?

Please notify Pati Berger of a positive COVID test result with your daughter or any exposure she has had with a COVID positive individual. You may reach Pati at bergerpm@hotmail.com or 515-491-8667.

Will DCBC issue refunds if the season is partially or completely cancelled?

If we make the regretful decision to suspend or cancel the season, DCBC will thoroughly review Membership Fees received from families against costs incurred by the club. Following this review, DCBC will make a good faith effort to determine if refunds are fiscally responsible and appropriate. You can expect DCBC to email a communication to all Member families once this review has been completed and a decision has been made.

Will DCBC issue refunds if our daughter is unable to participate due to direct or indirect exposure to Covid-19?

No. DCBC will continue to incur the same expenses if a player is unable to participate. We will not refund any portion of a player's Membership Fees in this circumstance.

Will DCBC issue a refund if our daughter is unable to participate due to concerns of COVID-19?

No. We understand if a player or a family decides to not participate for COVID-19 related reasons. However, this is a personal choice and DCBC will not issue a refund of any kind.

What resources are being used to develop guidelines for DCBC?

Several resources are being utilized as a reference to help develop DCBC's guidelines; Iowa Department of Public Health, CDC, IGSAU and IHS AU. DCBC's guidelines for screening, exposures, quarantine, etc. are not that of any one organization specifically. Guidelines and recommendations are changing frequently, therefore DCBC may change their guidelines as the COVID-19 pandemic changes.

If school is mandated to distance learning only, does that mean basketball will be canceled?

No. DCBC will make decision on cancelling practice, tournaments, and/or the remainder of the season on an independent basis.

Will players be required to wear masks during practice or games? If so, does the team provide masks?

Players are required to wear a mask while entering, exiting and during skill work during practices/games. Players may remove masks during live play if they so choose. Parents will need to wear a mask while in attendance during practices. Tournament/league facilities may have their own rules on masks for fans. Masks will not be provided by DCBC. Players are encouraged to wash their hands/use antibacterial hand gel prior to and after each practice and game. They are welcome to use hand sanitizer more frequently if so desired.

Will teams travel outside the Des Moines area or outside the State of Iowa?

Travel outside of DSM will be evaluated based on case volume of COVID 19 in area looking to travel to. There may be games outside of DSM that are not in "hot zones" that DCBC would play in. DCBC is not able to control teams that are in tournaments, therefore there may be teams from "hot zones" participating.

Additional resources for COVID-19 can be found at: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

***EXPOSURE** is defined as: having been within 6 feet of a positive individual for 15 minutes or longer.

***These recommendation may change as the COVID-19 situation changes. If you have any questions or concerns, please feel free to reach out to Pati Berger; DCBC board president or Kristin Meyer.