

CMRC 2019 Youth XC Practice Schedule



Date	Location	Address
8/27	Carroll Manor Elementary School (CMES)	*5624 Adamstown Rd., Adamstown, MD 21710, Park to the right of the school & meet behind the school at basketball courts
8/30	Urbana District Park (UDP)	*3805 Urbana Pike, Frederick, MD 21704 Meet at bottom parking lot (end of road)
9/3	CMES	Same
9/6	Baker Park	*121 N Bentz St, Frederick, MD 21701 Meet at Bandshell
9/10	CMES	Same
9/13	UDS	Same
9/17	CMES	Same
9/20	Monocacy Battlefield Worthington Farm	*Urbana MD, off Baker Valley Rd, under the 270 overpass Drive up gravel rd to red house
9/24	CMES	Same
9/27	UDP	Same
10/1	CMES	Same
10/4	CMES	Same
10/8	C & O canal-Point of Rocks Parking Lot	Canal Road, Point of Rocks, MD 21777
10/11	UDP/Hood	TBA
10/15	CMES-Picture day ☺	Same
10/18	UDP	Same
10/22	Monocacy Battlefield Worthington Farm	Same
10/25	Baker Park	Same
10/29	UDP	Same
11/1	CMES-Halloween Run	Come in costume & run for the candy!
11/5	CMRC end of season party	Ballenger Creek Park Pavilion

*indicates same address as first listed