

Milton Youth Soccer Club Indoor Schedule 2021/2022

Training Nights

Age	Turf (2x per week)				Ball Mastery / Futsal (1x per week)		
	Day	Time	Day	Time	Day	Time	Location
BU7	Wednesday	5:30-6:30	Friday	6:00-7:00	Monday	6:00-7:00	Tiger Jeet
BU8	Monday	5:30-6:30	Wednesday	6:00-7:00	Tuesday	6:00-7:00	Lumen Christi
BU9	Monday	5:30-6:30	Wednesday	6:00-7:00	Tuesday	6:00-7:00	Lumen Christi
BU10 Group A	Tuesday	7:00-8:00	Thursday	6:00-7:00	Wednesday	7:00-8:00	Anne MacArthur
BU10 Group B	Tuesday	6:00-7:00	Thursday	6:00-7:00	Wednesday	6:00-7:00	Anne MacArthur
BU11	Monday	5:30-6:30	Wednesday	6:30-7:30	Tuesday	7:00-8:00	Lumen Christi
BU12	Monday	6:30-7:30	Wednesday	7:00-8:00	Tuesday	8:00-9:00	Lumen Christi

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	Day	Time	Day	Time	Day	Time	Location
GU7	Wednesday	5:30-6:30	Friday	6:00-7:00	Monday	6:00-7:00	Tiger Jeet
GU8	Wednesday	5:30-6:30	Friday	6:00-7:00	Monday	6:00-7:00	Tiger Jeet
GU9	Wednesday	5:30-6:30	Friday	6:00-7:00	Monday	6:00-7:00	Escarpment View
GU10	Tuesday	5:30-6:30	Thursday	6:00-7:00	Monday	6:00-7:00	Escarpment View
GU11	Thursday	6:00-7:00	Friday	7:00-8:00	Wednesday	6:00-7:00	Our Lady of Fatima
GU12	Monday	6:30-7:30	Friday	6:00-7:00	Wednesday	6:00-7:00	Our Lady of Fatima

Age	Turf (2x per week)				AthElite Lab (Strength/Conditioning) 1x per week		
	Day	Time	Day	Time	Day	Time	Location
BU13 Blue	Tuesday	7:30-9:00	Friday	8:00-9:30	Thursday	5:30-8:30 (3)	AthElite Lab
BU13 White	Monday	6:30-7:30	Tuesday	6:30-7:30			
BU14 Blue	Tuesday	7:30-9:00	Thursday	7:00-8:30	Monday	5:30-7:30 (2)	AthElite Lab
BU15 Blue	Monday	7:30-9:00	Friday	7:00-8:30	Wednesday	6:30-8:30 (2)	AthElite Lab
BU15 White	Tuesday	8:00-9:00	Thursday	7:00-8:00	Monday	7:30-8:30 (1)	AthElite Lab
BU17 Blue	Monday	7:30-9:00	Friday	8:30-10:00	Thursday	8:30-10:30 (2)	AthElite Lab
BU21 Blue	Tuesday	9:00-10:30	Thursday	8:30-10:00	Monday	8:30-10:30(2)	AthElite Lab

Age	Turf (2x per week)				AthElite Lab (Strength/Conditioning) 1x per week		
	Day	Time	Day	Time	Day	Time	Location
GU13 Blue	Monday	7:30-9:00	Thursday	7:00-8:30	Tuesday	5:30-7:30 (2)	AthElite Lab
GU14 Blue	Monday	7:30-9:00	Friday	7:00-8:30	Wednesday	5:30-6:30 (1)	AthElite Lab
GU15 Blue	Monday	7:30-9:00	Wednesday	8:30-10:00	Friday	5:30-8:30 (3)	AthElite Lab
GU15 White	Wednesday	7:30-8:30	Thursday	8:00-9:00			
GU16 Blue	Monday	9:00-10:30	Wednesday	8:30-10:00	Tuesday	7:30-10:30 (3)	AthElite Lab
GU16 White	Wednesday	7:30-8:30	Friday	8:30-9:30			
GU17 Blue	Monday	9:00-10:30	Thursday	8:30-10:00	Wednesday	8:30-10:30 (2)	AthElite Lab