

## 2019 Capitol Girls Soccer All-Conference Team

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Position</b>
<b><u>1<sup>st</sup> Team</u></b>			
Ava Stelter	Lake Mills	Freshman	Forward
Abbie Burke	Watertown Luther Prep	Senior	Forward
Alana Gilles	Lodi	Senior	Midfielder
Kirstin Krantz	Sugar River		Midfielder
Mia Kroll	Lake Mills	Junior	Midfielder
Ellie Gentilli	Sugar River	Junior	Midfielder
Hannah Schroeder	Watertown Luther Prep	Junior	Midfielder
Julia McNamer	Sugar River	Senior	Defender
Brooke Watrud	Sugar River	Junior	Defender
Lily Zimpelmann	Watertown Luther Prep	Sophomore	Defender
Kaelyn Kruchten	Lodi	Senior	Defender
Cate Mitchell	Wisconsin Heights/Barneveld	Sophomore	Defender
Ellawyn Fong	Sugar River	Senior	Defender
Rachael Heittola	Sugar River	Senior	Goalkeeper

**Players of the Year:** Ava Stelter – Lake Mills

<b><u>2<sup>nd</sup> Team</u></b>			
Ashlee Adler	Wisconsin Heights/Barneveld	Junior	Forward
Alayna Rosga	Lodi	Sophomore	Forward
Julianna Wagner	Lake Mills	Sophomore	Midfielder
Hana King	Wisconsin Heights/Barneveld	Sophomore	Midfielder
Grace Maerz	Lodi	Junior	Midfielder
Ashley Olson	Columbus	Sophomore	Midfielder
Natalie Hering	Wisconsin Heights/Barneveld	Junior	Midfielder
Erin Strauss	Lake Mills	Junior	Defender
Katelyn Kitsembel	Lake Mills	Freshman	Defender
Emma Anson	Sugar River	Sophomore	Defender
Sam Menomin	Columbus	Senior	Goalkeeper

<b><u>Honorable Mention</u></b>			
Mia Murray	Lakeside Lutheran	Sophomore	Forward
Grasyn Schmidt	Lodi	Freshman	Forward
Kelsi Handel	Wisconsin Heights/Barneveld	Junior	Forward
Kendra Wilson	Lakeside Lutheran	Sophomore	Midfielder
Sophie Cloute	Watertown Luther Prep	Senior	Defender
Andrea Diaz	Columbus	Freshman	Defender
Tabitha Vannieuwenhoven	Watertown Luther Prep	Senior	Defender
Sydney Bonilla	Wisconsin Heights/Barneveld	Junior	Defender
Ashley Buth	Lake Mills	Senior	Goalkeeper
Carley Hirsch	Watertown Luther Prep	Senior	Goalkeeper