



Kettle Moraine Junior Lasers Football

2026 Girls Flag Football | 5th-8th grades

Thank you for your interest in the Girls Flag Football program! This program is new in 2026. Because it's the first season, not everything is figured out and there will likely be changes during the season. We appreciate families' flexibility as we start this program!

Season Information

- You can register at www.kettlemorainelaserfootball.com. Click on Registration, scroll down to the first blue button.
- The season will run from August through October
- There are no try-outs
- **Requirements:** Players will need a **soft-sided helmet, cleats, a fitted mouth guard, and a large water bottle** for every practice and every game. Players will not be allowed to participate in practice if they do not have these items.
- **Before & After Practices/Games**
 - Players should not be dropped off unless their coach is present.
 - Players must be dressed and ready.
 - Players should be picked up in the designated area and no later than 10 minutes after practices/games end.
 - Practices are closed to parents.
- **Inclement Weather:** Practices are still held in light rain. If lightning is present practices will be cancelled. If practice is going to be called off, messages will be sent via the app. If weather is questionable, parents should be onsite to pick up players in the event of a cancellation.
- There will be a Parent Meeting in June or July with more finalized information about the season.

Tentative Practice Information

- Two nights per week (probably Mondays and Wednesdays but TBD)
- 1.5 hour practices through mid-September, then 1 hour practices
- Probably at KM Middle School Fields (still TBD)

Games

- The goal is to have 6-8 games.
- Some games will be against other KM teams (same as K-4th youth flag football is designed) and other games will be against local schools.
- Days and times will vary, depending on opponents. Some will likely be on Sundays.

Team Design

- It is still too early to determine how we will design the teams (it will be based on official enrollment numbers). It will likely be one of these two scenarios:
 - 3rd, 4th, and 5th graders playing together against the boys teams, and then 6th, 7th, and 8th graders playing together against each other and any local opponents we have.
 - 3rd-4th graders, 5th-6th graders, and 7th-8th graders together.
- This will depend on our own enrollment, as well as how other local teams are structured.

Volunteers

- We will need volunteers! If you or someone you know is interested in any of these roles, please email kmjfb@gmail.com.
 - Coaches (application and background check required)
 - Team Managers
 - SportsEngine
 - Girls Flag Liaison
 - Player Pack



<http://www.kettlemorainelaserfootball.com>

