



Team New Mexico Junior Girls National **Duals 2026**



USAW Junior National Duals (Freestyle & Greco Roman)

 **Westfield, Indiana**

 **Event Dates: June 16 – June 20**

 **Travel Dates: June 14-21 or June 14-22(Pending Travel Situation)**

Wrestlers eligible to compete must:

- **Be born September 1, 2006 or later**
- **Be enrolled in grades 9-12**

Weight Classes: 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 207, 235

**If a wrestler is weighing in for her second style of competition at the original weight class or any weight class above, she will receive a four (4) pound allowance. A wrestler may only go to a lower weight class provided she makes scratch weight. If a wrestler did not compete in two matches in the first style, she must make scratch weight. Forfeits count towards this total.

For Junior and 16U National Duals, wrestlers must weigh in for each style that is competed. If a wrestler is weighing in for his/her second style of competition at the original weight class or any weight class above, he/she will receive a four (4) pound allowance. A wrestler may only go to a lower weight class provided he/she makes scratch weight. If a wrestler did not compete in two matches in the first style, he/she must make scratch weight. Forfeits count towards this total.

Making the National Dual Team: NMUSA State to act as a challenge tournament for National Duals Teams. The winner of each weight class will represent NMUSA at USAW Junior National Duals in Westfield, Indiana. If NMUSA State Champion cannot make the trip, the first offer for the spot goes to 2nd then 3rd place. In the event that one of the top athletes does not accept the spot on the dual team. It will be up to the National Team Coaches to find an athlete to fill the spot.

For the first place match we will conduct final team wrestle offs like we have with Turf Wars Duals teams in the past. Athletes will have to wrestle each other once in Greco and once in Freestyle. The wrestler with the better criteria between matches will win the spot. For example: if Wrestler A pins in the freestyle Match (Fall 1:30) and then Wrestler B wins via fall in Greco (Fall 1:00). Then wrestler B will take the spot for better criteria.

National Team Coaches: Emily Tew, Adam Benavidez, Mac Borrego

Official: Justin Vigil

Costs:

- BnB in Westfield \$3,000-4,000(tentative)
- Hotels \$3,000-5,000(tentative)
- Flights- \$400-800 round trip per person (tentative)
- Vehicle Rental from WI airport (12 passenger van, SUV)- \$1500 (Tentative)
- Rental from ABQ (driving to and from duals)- \$2,930(Tentative and most likely)
- Team NM Gear Package- \$175(tentative)
- **Team Registration:** \$2,800 for both styles Team Registration Form and entry fee **(\$1400 per team per style)** are due to the host by the stated date April 1st, 2026. States with under 3,000 total members will be afforded the opportunity to submit a \$500 deposit to secure the \$1400 registration per team, per style. Final balance for these particular states must be submitted 10 days prior to the event. Must be submitted online.
- **Proposed Cost Coverage from NMUSA:** \$2,800 (Registration Fee)

Tentative Schedule Girls:

Travel June 14th

Tuesday, June 16th

2:00 PM to 5:00 PM – Open Mats

2:30 PM to 4:00 PM – Operations Officials Meeting

3:00 PM to 4:00 PM – Team Registration

4:00 to 5:00 PM – Tournament Set-up

4:30 PM to 5:00 PM – Coaches Meeting

5:00 PM to 6:00 PM – Weigh-ins and medical check (14U, 16U, and Juniors)

**16U & Juniors must weigh in for both styles

6:30 PM to 7:30 PM – Officials Meeting

Wednesday, June 17th

7:30 AM to 8:30 AM – Officials breakfast and assignment meeting

9:00 AM to 1:30 PM – 14U, 16U, and Junior Freestyle: 3 Rounds

** Dependent on final number of teams and bracket

1:30 PM to 2:30 PM – Lunch Break

2:30 PM to 8:00 PM – 14U, 16U, and Junior Freestyle: 5 Rounds

** Dependent on final number of teams and bracket

Thursday, June 18th

7:30 AM to 8:30 AM - Officials breakfast and assignment meeting

9:00 AM to 1:00 PM –14U, 16U, and Junior Freestyle (2 Rounds)

** Dependent on final number of teams and bracket

1:00 PM to 2:00 PM – Lunch Break

2:00 PM to 5:00 PM –14U, 16U, and Junior Freestyle (1 Round)

** Dependent on final number of teams and bracket

5:00 PM to 6:00 PM – Team Registration (14U, 16U, and Junior Greco-Roman)

7:00 PM to 7:30 PM – Weigh-ins and medical check (16U/ Junior Greco-Roman)

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7:00 PM to 8:00 PM – Tournament Set-up

Friday, June 19th

7:30 AM to 8:30 AM – Officials breakfast and assignment meeting

9:00 AM to 1:30 PM – 14U, 16U, and Junior Greco-Roman (3 Rounds)

** Dependent on final number of teams and bracket

1:30 PM to 2:30 PM – Lunch Break

2:30 PM to 8:00 PM – 14U, 16U, and Junior Greco-Roman (3 Rounds)

** Dependent on final number of teams and bracket

Saturday, June 20th

7:30 AM to 8:30 AM – Officials breakfast and assignment meeting

9:00 AM to Conclusion – 14U, 16U and Junior Greco Roman (3-4 Rounds)

**Dependent on final number of teams and bracket

Sunday, June 21st

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