

# Welcome to the ANGBC Parent/Player Meeting



## Meet our Board Members

Monthly meeting on the  
3rd Wednesday



Nicole Thompson  
President



Matt Cooper  
Treasurer



Jennifer Linn  
Director (8th)



Keith Doxtator  
Director (6th)



Open Directors  
(7th & 5th grades)



Amy Schultz,  
Director (4th)



Justin Mackey  
Director (3rd)



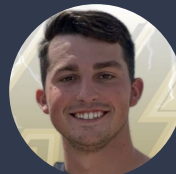
Brad Klitzke  
Director



Rebecca  
Nicolaison  
Director



Jenny Hegner  
(Advisory  
Member)



Tyler Guenther,  
Varsity Coach  
(Advisory Member)



Open: Secretary

# What is ANGBC?



The Objectives of the Appleton North Girls Basketball Club (ANGBC) are as follows:

- Cultivate individual skills and team play.
- Conduct programs that enhance and strengthen participation and competition for amateur athletes.
- Develop each player physically, mentally, and spiritually through exposure to higher-level competition.
- Work with other sports organizations to benefit amateur athletes in the Appleton North Area School District.
- Promote the philosophy, style of play, and ideals of the Appleton North High School Girls Basketball Program.
- Cultivate a financial base to aid the K-12 grade basketball program which will be used to upgrade opportunities, facilities, and equipment for all levels of play.

# ANGBC provides:

Friendships and memories that can last a lifetime all while learning the game of basketball.



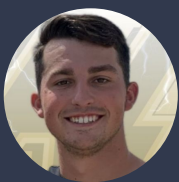


# Program Expectations



- Fine tune individual skills and help develop each player for the next level
- Advance team play in accordance with the HS program
- Develop a competitive spirit and pride for Appleton North
- Foster a love and passion for the game of basketball
- Build sportsmanship and character

**WE ENCOURAGE GIRLS AND PARENTS TO ATTEND THE VARSITY GIRLS GAMES!!!**



**Head Coach  
Tyler Guenther**

**Welcome to Appleton North!**

- 1st year as Varsity Girls Head Coach at Appleton North
- Prior to coaching at North, was at previously the Head Coach of the Chilton girls' basketball program.
- Born and raised in Sheboygan, Tyler graduated from UWGB in 2020 where he was a part of the women's basketball program as a student assistant, learning from Kevin Borseth and his staff.

*"Being able to lead the North program is something I am very excited about. As a team, we are eager to continue to improve and compete nightly in a very competitive FVA. We will work towards being a team that will play extremely hard and play together as a team on a nightly basis. I am very appreciative and thankful for the opportunity to lead this program." ~ Coach Guenther*

- **Follow Appleton North Girls Basketball on Instagram & X @ANGirlsBBall**
- **Follow the Varsity Schedule - Wear your jersey or shooting shirt for Free Entrance with paid adult**

# 2025-2026 Coaches



We take selecting our coaches very seriously to ensure we select the most qualified coaches for each grade level.

**Coaches Interest Form → Board Review, possible interview & Selection →  
Background Checks → Abuse Prevention Training →  
Youth Basketball Coaches Clinic → Appleton North Coaches Clinic →  
Continued Board & HS coaching staff support throughout the season**

Click [HERE](#) to view our 2025-26 Coaches

## 2025-2026 Coaches – K-2nd Grade



### Andy Bruno (Head)

- Husband and father of three, living in Appleton, WI
- Lifelong love of basketball, played through 12th grade
- Coaching experience includes multiple youth boys' and girls' teams (K-8) and assisting high school summer league teams
- Coaching philosophy: create a positive, competitive environment where players learn in different ways, using visuals and fundamentals to accelerate growth
- Goal is to help players develop both skills and basketball knowledge while enjoying the game



## 2025-2026 Coaches – 3rd Grade



### Andy Shadick (Head)

- Married to Amanda; three kids, Leon (4th), Ezzy (3rd), and JoJo (K)
- Played football at Northern Michigan University and UW–Oshkosh
- Currently head track coach at Appleton North; experience coaching high school football, youth basketball, baseball, and flag football
- Works at Appleton North teaching economics and in technology
- Coaching philosophy: ensure players have fun while developing as athletes and people



### Justin Stracy (Assistant)

- Married to Robin; 2 daughters, Ellie (4th) & Addie (2nd)
- Lifelong athlete and sports enthusiast, especially enjoys running and coaching youth sports
- Four years of experience coaching youth basketball and soccer; 2nd year with ANGBC
- Coaching philosophy: focus on fundamentals, teamwork, and sportsmanship



### Matt Cooper (Assistant)

- Married to Stacy; 2 daughters Peyton (9th) and Adelyn (3rd)
- Lifelong basketball player, competing through youth and into college
- Coaching experience: 8 years (K–8) at Boys & Girls Club of La Crosse; assistant coach for JV and Varsity boys at La Crosse Logan HS; 2nd year with ANGBC
- Coaching philosophy: teach, mentor, and help players grow on and off the court
- Enjoys cooking, golfing, fishing, traveling, and family time outside of basketball



## 2025-2026 Coaches – 4th Grade



### Brandon Backman (Head)

- Married to Whitney; 3 kids, Mya (4th), Tate (1st), and Trey (K)
- Grew up in the Fox Cities; played basketball at Appleton North and UW–Eau Claire
- Coaches his kids' teams and serves as an assistant coach for Appleton North boys' basketball
- Coaching philosophy: share his love for the game and help players grow on and off the court
- Excited to work with this year's team and support their development



### Adam Thiel (Assistant)

- Married to Robin; 2 daughters, Ellie (4th) & Addie (2nd)
- Lifelong athlete and sports enthusiast, especially enjoys running and coaching youth sports
- Four years of experience coaching youth basketball and soccer; 2nd year with ANGBC
- Coaching philosophy: focus on fundamentals, teamwork, and sportsmanship



### Crystal Anzulewicz (Assistant)

- Married to Jon; 2 kids, Adalia (4th) & Asher (2nd)
- Played basketball at Sioux Valley HS and Northwestern College; NAIA National Champion and school record holder in blocked shots
- Coaching experience through youth teams; excited to assist with the 4th-grade team this year
- Coaching philosophy: instill a love for basketball and show how teamwork and dedication shape success beyond the court

## 2025-2026 Coaches – 5th Grade



**Jaime Krueger (Head)**

- 5th year coaching at ANGBC; loves seeing players grow, learn, develop and apply their skills in games
- Played basketball, volleyball, and softball through middle and high school
- Lives in Appleton with husband Adam and newborn son Miles; part of a big sports family
- Enjoys summers on the lake and attending MLB games – has visited 19 of 30 stadiums so far
- Excited for another great season – Go North!



**Jake Kohlhagen (Assistant)**

- 2nd year as an ANGBC assistant coach; father of a 5th grade team member (Reggie)
- Lifelong athlete with 15+ years of competitive soccer and 10+ years of basketball
- 2+ years working as soccer rec league program manager for the City of Appleton, supporting kids and coaches
- Married to Nycol with two children (Reggie and Marchael) and two dogs; enjoys family time, travel, and being by the water
- Passionate about teaching teamwork, effort, and growth through sports both on and off the court

## 2025-2026 Coaches – 6th Grade



**Tim Guido (Head)**

- Married to Sarah; with three kids, Michael (UW-Oshkosh), Anthony (Appleton North HS), and Ava (6th)
- Born in Milwaukee, grew up in Wautoma, and moved to the Fox Valley in 2009
- First year coaching at ANGBC; has Coaching experience includes several boys' youth basketball teams and previously coached girls in 2nd and 3rd grade
- Spent a season coaching girls' freshman basketball at the high school level
- Coaching philosophy: Values focused energy, hard work, teamwork on and off the court, and helping players grow and enjoy the game



**Open (Assistant)**



## 2024-2025 Coaches – 7th Grade



### Alex Hunt (Head)

- Fourth year coaching at ANGBC; originally from the Dominican Republic, grew up playing baseball and basketball
- Inspired by great coaches and mentors in youth basketball
- Fox Valley resident for 20+ years with wife, Kendra, and two children, Ethan (15) and Mikyla (13)
- Coaching philosophy: focus on player development, practicing with attention to detail and technique, and fostering growth while having fun



### Jana Cartier (Assistant)

- Lifelong love of basketball, playing since age five through high school and at Lawrence University and returning coach
- Married to Megan; with three daughters – Malin (12, on the team), Harlow (10), and Bellamy (8)
- Passionate fan of the game, especially following the Indiana Fever
- Coaching philosophy: basketball teaches teamwork, effort, and fundamentals beyond just scoring



## 2024-2025 Coaches – 8th Grade



### Beth Fietzer (Head)

- Lifelong basketball player and coach with Wisconsin roots; proud Mukwonago HS & Lawrence University graduate
- Lawrence all-time leader in career assists and steals; inducted into both schools' Athletic Hall of Fame (2018)
- Coaching experience spans Lawrence University, Mukwonago HS, Preble HS, Appleton North, and ANGBC youth teams
- Coaching philosophy: build confident, communicative, mentally tough athletes; defense-focused and practice with intensity and accountability
- Proud mom of Allison and Caitlin; balances family, coaching, and career as Sales Manager at TMC North America



### Keith Doxtator (Assistant)

- From the Fox Valley; met wife Trina at UW-Madison; parents of Kyla (8th), Harlowe (6th), Calvin (3rd), and Max (K)
- Basketball background: Seymour HS graduate, 3-year varsity starter, played in 3 state championships (1 title, 2 runner-up)
- Coaching experience: YMCA kindergarten through ANGBC, plus AAU middle school teams
- Coaching philosophy: prepare players for high school by developing talent, love of the game, and teamwork in alignment with ANGBC's mission
- Enjoys family hikes, traveling (including National Parks), and community involvement; serves on the Board for the Basic Needs Giving Partnership

**NEW**

## Junior Lighting for K-2



- Fun, positive weekly practices for 8 weeks (November-January)
- Fundamentals, Skills, and Terminology
- Learning to be a team
- Reversible Jersey will be provided by the Club and returned at the end of the season



## Uniforms



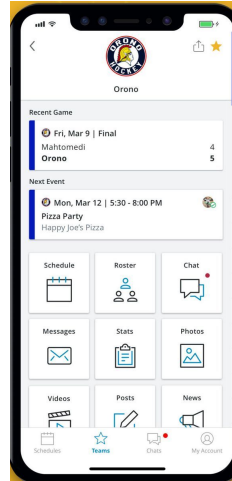
- Uniforms (Reversible Jersey & Shorts) will be provided by the Club and returned at the end of the season
- Warm up shirts are included in your registration and are yours to keep.
- Each newcomer will get a basketball provided by the Club



# Team Communication



- SportsEngine App
- Download Today to stay informed
- Team roster, schedule & chat



## Practice Times

Still being determined

**Starts the week of  
October 20th  
(hopefully)**

Each team will have 2 - 90 minutes practices a week



# Club Policies



## Season Information



Three Phases:

1. Heart of the Valley League (HOVL) \*\*Grades 3-6\*\*
  - 3 games on each of the following days: Nov. 8, Nov. 15, Dec 6 at various venues in the Fox Valley.
2. Tournaments: December, January and February
  - Coaches will choose the tournament
3. State Tournament (Grades 5th-8th): Late Feb/March

**ANGBC HOME TOURNAMENT: January 31 (3rd-6th) and February 1 (7th & 8th)**

# Number of Tournaments



- K-2nd: None - Skills only
- 3rd/4th: 4 tournaments plus HOVL & Home Tournament
- 5th: 5 tournaments plus HOVL & Home Tournament & State
- 6th: 6 tournaments plus HOVL & Home Tournament & State
- 7th: 7 tournaments plus Home Tournament & State
- 8th: 8 tournaments plus Home Tournament & State

# Playing Time



- 3rd / 4th close to equal as possible
- 5th / 6th everyone should play in each contest they attend, but playing time may not be equal
- 7th / 8th may not be equal

**Practice attendance, attitude, teamwork, effort, skill level and work ethic will be considered**



## Team Composition – Team Size

- The ideal team size per event is 9-10
- Minimum to consider for 2 team split is 16 players
- Large Team Situation (i.e. 14-15 players)
  - It is recommended that large teams that are below the threshold to have 2 teams that they will rotate roughly 9-10 players to send to each tournament; therefore, every player will not participate in every tournament.
  - In these situations, additional tournaments may be added to create more opportunities upon board approval



## Team Composition

- 3rd / 4th evenly split teams for the entire season
- 5th / 6th evenly split for HOV league (Nov.- Dec. 6th) then if needed one competitive State Team and one development team may be formed



## Team Composition – 7th / 8th

- Mandatory Tryouts will be conducted to select competitive teams on Sunday, September 14th
- The teams formed will be based on the number of qualified players
  - Cuts may occur
  - No developmental teams will be formed due to a lack of developmental competition in these grades
- Youth Coaches and North Coaching Staff will determine team composition



## Team Composition – 7th / 8th

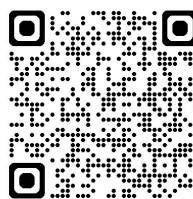
- Tryout are Sunday, September 14th. **Please sign-up now.**
- Link to Google Form is on our Website home page.

### 7th Grade



6:30 - 7:30 PM

### 8th Grade



7:30 - 8:30 PM



## Team Composition

- Players may move or rotate between teams during the season
- All players will play in a similar number of tournaments
- Playing up a level is not allowed unless number do not allow a team to be comprised.
  - In this situation, it is not considered “playing up” and the normal progression will be for the athlete to return to their grade the following season.



## Communicate with Coaches the right way



Appropriate concerns to discuss with coaches:

1. Situations involving your child only
2. Ways to help your child improve
3. Your child’s attitude, work ethic, and eligibility



## Communicate with Coaches the right way



### The 24-Hour Rule

Please refrain from contacting the coaching staff until 24 hours after an athletic event.

*The only exception to this rule is reporting an injury, illness, or emergency situations.*



## Communicate with Coaches the right way



Procedures to follow if there is a concern to discuss with a coach:



1. Your child should speak to the coach about an issue before you intervene. This will help our student-athletes grow into young adults.
2. Contact the coach to set up a time to talk. Give the coach a brief summary of what you want to discuss. This enable the coach to prepare to give you the best possible answers to your questions. If the coach cannot be reached, contact a ANGBC Board Member. The Board will assist you in arranging a meeting.
3. If a meeting with the coach did not provide a satisfactory resolution, contact the ANGBC Board of Directors to discuss the situation.



# Social Media Policy



We have a social media policy that all players and parents are required to follow. Keep in Mind:

- You represent the school and team - post with respect and pride
- Keep it positive - only share supportive comments about teammates, coaches, and our program
- Share responsibly - post photos to celebrate games and team moments, never share without a player's consent
-  Not allowed - players cannot post during games/practices, no bathroom photos, no inappropriate or disrespectful content
-  Serious issues - Content that depicts bullying, harassment, hazing, underage drinking, or illegal activity online will be addressed with the highest concern. Any comments or posts deemed degrading or inappropriate toward any member of our team will be dealt with according to individual cases



# Handbooks

- Player & Parent Handbooks will be handout out by coaches at the beginning of the season.
- Commitment Agreements must be signed by both the player & parent before they can play.

### Team Rules & Expectations

1. Your coaches are here to support you every day. Utilize them as needed!
2. Class attendance is mandatory.
3. Pass all classes and achieve academic success
4. Maximum effort every day
5. Accept your role and always have a positive attitude
6. Wear appropriate attire and conduct yourself in an appropriate manner while representing Appleton North Girls Basketball Club.
7. Compliance to school and district code of conduct
8. Be courteous to ALL coaches, trainers, and school staff.
9. All treatments and taping should be completed 15 minutes prior to practice time.
10. Players not participating due to an injury must be present at practice and games unless excused.
11. Keep personal disagreements away from practice and games or any other place at school.
12. Recognize and acknowledge the value and contribution of each team member.
13. Assist in promoting positive relationships among each other as you strive towards achieving athletic excellence.
14. Be on time for individual/team workouts.
15. All team practices and functions will be limited to team members only
16. Locker/Bathroom Rule: **ONLY POSITIVE COMMENTS AND THOUGHTS!!!**
17. Do not talk when a coach is talking
18. Always make eye contact when a coaching is talking to you.
19. Cell phones are not permitted during games, practice, and meetings

### Social Media Policy

Social media has changed the way we do everything, including sports. It is a platform that can be used positively or negatively. Below are the program guidelines and consequences for social media use regarding our team. These can be adapted at coach and administration discretion.

- Only post information concerning our coaches, players, and any other member of our team in a positive fashion. Any comments that are deemed degrading or inappropriate toward any member of our team will be dealt with according to individual cases.

### How I can help my Child's Athletic Experience

1. Allow your child to perform and progress at a level consistent with their ability. Athletes mature at different ages and some are more gifted than others
2. Teach your child to enjoy the thrill of competition and that improving skills and attitude are important.
3. Don't relieve your athletic life through your child! This creates added pressure that your child does not need. This is your child's experience, let them enjoy it.
4. Don't compete with the coach. Keep in mind that they are balancing the development of your child with the growth and progress of an entire athletic team. Often coaches have many considerations that are not obvious to parents.
5. Remember, young athletes tend to exaggerate when being praised and/or criticized. Temper your reaction until you investigate.
6. An athlete's self-confidence and self-image will be improved by your support at home. Comparison to others is discouraged. Encourage your athlete to do their best regardless of family or friends who may have been outstanding players.
7. Insist on positive behavior in school and a high level of performance in the classroom. Numerous studies indicate extracurricular involvement helps enhance academic performance. The job of an athlete parent is tough and takes a lot of effort to do it well. However, it is worth the effort when you hear your child say "My parents really helped. I am lucky in this respect."

### I Am Ready For The Game

1. Cheer for our team and players. Opponents and referees deserve respect. Realize that players and officials will make mistakes. **Your support is needed when things aren't going well.**
2. Concentrate on what is best for the team. Preoccupation with statistics can be very distracting.
3. Attempting to communicate with coaches, players or officials during a game only creates tension and is completely unacceptable. Be a respectful spectator.
4. Conduct that draws unwanted attention to oneself usually leads to embarrassment for your child. Please keep their well-being in mind at all times. Don't jeopardize losing the opportunity to watch your child participate.

# Volunteering



- Volunteering expectation is to help minimum of 3 hours per player at our Home Tournament (January 31 - February 1, 2026)
- Alternative Volunteer buyout for \$75 at registration
- Food & Drink Donations are also needed for our Home Tournament.

# Financials



- Budget Posted on Website
- NO FUNDRAISER!!
- NO Selling anything
- Our Home Tournament is our BIG "Fundraiser"
- And getting Sponsors...

# Sponsorship



- Know a local business willing to donate for our club?
- Sponsorship information located on website
- If you find a sponsor, this covers your volunteer commitment!



**Rennes Group**  
Assisted Living, Memory Care,  
Rehab & Skilled Nursing Services  
Est. 1973



THE  
**STONEYARD**  
FOOD & SPIRITS

APPLE CREEK  
ORTHODONTICS  
*of Appleton*



## Vehicle Decals & Garden Flags



**\$5 donation to the  
ANGBC**

Get yours today!

Or email  
[appletonnorthhoops@gmail.com](mailto:appletonnorthhoops@gmail.com)

Donated by



**Get your Apparel NOW!** Orders will be sent directly to you.  
Percentage of each sale goes back to the Club.



# Picture Day!



Friday, November 7th  
at Einstein Middle School

3rd & 4th: 5:30-6:00 PM  
5th & 6th: 6:00-6:30 PM  
7th & 8th: 6:30-7:00 PM

For examples visit:  
[www.nolimitsgraphics.com](http://www.nolimitsgraphics.com)



# CLUB BONDING NIGHT



ANGBC Night at the  
Green Bay Phoenix  
Women's Basketball!



Date TBD



# TEAM BONDING



Each team is encouraged to support team bonding

- Team Dinners
- Holiday Exchange
- Parent vs Kids Game
- End of Season Party
- Pro or College Games
- North Youth Nights

Share ideas with coaches



# Summer Challenge 10,000 Shot Club

Players reaching 10,000 shots this off-season will receive a t-shirt and be recognized at Youth Night of a varsity basketball game.

Ends September 30th

Enter or Email your completed count to [appletonnorthhoops@gmail.com](mailto:appletonnorthhoops@gmail.com)  
by **October 10th!**



## Future Ideas/Plans



- Continue Strength & Conditioning training throughout the season
- Youth Night at Varsity games
  - Tentatively Dec. 5th
- Little Dribblers Camp
- Holiday Skills Clinic
- 3v3v3 League
- Other ideas? Please share with the Board



# An important message to parents

## Be a Good Sport

Cheer



Win with class

Play fair



## Respect

Learn from your mistakes

Your Coach  
The Referee  
Your Opponents  
& Yourself

Encourage your team



Be polite

Lose with dignity



Enjoy yourself



Follow the rules



# Do you have any Questions?





# Appleton North Girls Basketball Club (ANGBC)



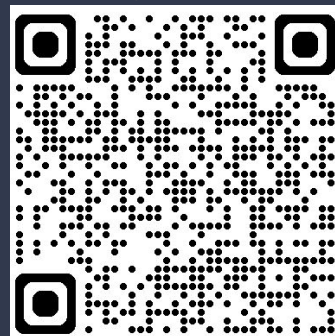
If you haven't registered yet, please do so ASAP!

We will take registrations until October 3rd.

Questions/Concerns Email:  
[appletonnorthhoops@gmail.com](mailto:appletonnorthhoops@gmail.com)

More Info? Check out our website:  
[www.appletonnorthhoops.com](http://www.appletonnorthhoops.com)

[Register Here](#)



Follow us on Facebook: [Appleton North Girls Basketball Club](#)