



Intensity, Commitment and Excellence

Northern Virginia Volleyball Association

Welcomes Our Families

Orientation Day

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NVVA Orientation Day Agenda

Parents Meeting

- Welcoming Message
- Meet your coaches
- Uniform fitting

Team Meeting - Meet with Coaches

(suggested topics for discussion)

- Welcome and Introductions
- Coach Introductions
- Finalize Jersey Numbers
- Gather contact information for both parents and players
- Schedules- Practice and Tournaments
- Team Building activity

NVVA Staff Contact Sheet

Payment and Registration - bookkeeper@nvva.com

Travel, CHRVA Affiliation and Facility - info@nvva.com

NVVA Finance Guidelines

- Some have paid in full and can disregard everything that follows
- Payments are due on the 1st of each month through April and/or May, unless otherwise arranged.
- Payments will be charged either on automatic billing or by checks.
- Missed online payments or checks returned will result in your child being unable to attend practices or matches until resolved.
- For further information email bookkeeper@nvva.com or call 571-364-7055

NVVA Parent Volunteer Opportunities

To be a successful team takes a unified commitment by all members of the team (players, coaches and parents) towards a common goal. In order to support the goal of having a productive and positive season, coaches will need some help. The team is looking for volunteers to fill each position below; some positions may be combined.

Team Parent

“Executive Assistant to the coaches”

- What it is – individual who will assist the coach with communication, administrative needs, communicating travel, identifying chaperones for trips, arranging work teams at tournaments
- What this person does – with coach, coordinates scorekeeping and work team assignments, coordinate club sponsored site work responsibilities (set up nets, clean-up, etc.), may coordinate meals or travel arrangement for local tournaments, assists coach in getting out tournament information, provide tournament information (may include travel information for overnight tournaments)
- Time commitment – weekly
- Specific requirements – none but USAV membership and background check strongly encouraged

Team Chaperone(s)

- What it is – individual(s) responsible for the team when traveling (all non-playing time)
- What this person does – supervision of team on overnight trips, from the point of departure, at and around the hotel, coordinate meals, drive team vehicles, supervise player off-time, assist the coach as requested
- Time commitment – will depend on team, 4-6 times per season; limited to overnight trips
- Specific requirement – USAV membership and background check (one chaperone’s expenses will be reimbursed by the club)
- NOTE-NVVA will cover the travel flights (NVVA does not reimburse mileage and the like) and hotel (shared room) for one chaperone per trip, per team. This job is best handled by one person but can be shared with permission from coach. Tournaments require the submission of the parent chaperone in advanced so an early commitment is required. Other parents in attendance on travel trips may assist (must have USAV membership and background check) but one person **MUST** be identified by the club to tournament and hotel officials.

NVVA Parent Guidelines

Success starts with the understanding that this club is all about the players, and making them the best volleyball players they can be. In turn we believe the positive lessons these young athletes will learn by being part of our program will aid in making them upstanding young adults. NVVA believes that providing a positive experience for the players on and off the court will translate for greater individual, team, and club success. At NVVA we strive for excellence. Excellence is derived from creating and maintaining a culture of high expectations in our community.

NVVA has established a volleyball program which everyone can be proud to be a part of. No matter the level of player or play, we aim to provide the best volleyball club experience in the Mid-Atlantic States. Our coaching staff is committed to develop and motivate each player to reach their fullest potential. Our administration strives to operate the club in a professional manner. **If you have any questions or would like any guidance on how to help your athlete, please contact clubvolleyball@nvva.com and the appropriate NVVA staff will contact you.**

We require our players to

- be committed to the program as established by the coaching staff,
- practice and play with competitive attitudes,
- maintain good sportsmanship at all times.

We require our parents to

- be committed to the program as established by the Technical staff
- maintain a positive attitude toward the program at all times.
- put their player's team before their player
- strive to become knowledgeable of the game so as to understand how it is played and appreciate the efforts of ALL players.

It is extremely important to maintain our program and to accomplish our goals that coaches, players, and parents maintain a positive attitude. So much can be accomplished if we believe in and are committed to the same system.

There are, three statements that have been made by parents, which negatively impact the team – and in some cases, the club environment. They are:

1. “My daughter is on the wrong team” –Methods used to assign players to teams are based on an evaluation conducted in a professional manner based upon the consensus of several eminently qualified individuals. During tryouts, athletic potential (esp. at the younger ages), skill, effort and attitude are taken into account. Other considerations such as historical data shared by past/high school coaches MAY be used. Time has shown that team assignments are made fairly with few mistakes. Players have been given the opportunity to be moved if staff thinks it is warranted and will continue to be moved if the qualified individuals think that it is in the player's best interest to do so.

2. “My daughter is not playing the right position” – Club coaches pick their team's players with athletic potential and skill potential, as well as established skills in mind. They also consider the player's primary and secondary position and whether the player would best contribute to the team the position. Club coaches often consider different factors than high school coaches and success in high school does not necessarily factor into success in the club arena. Often a player is the shining star on a high school or middle school team at a particular position and is not allowed playing time at that position in NVVA. There are several reasons for this. First, we all have to remember that the competition within NVVA is significantly stronger than on school teams; therefore, the competition for each

position is more intense than in a school environment where the number of skilled players may be limited. Second, the coach may have a particular need at a certain position and the player is the only one with the requisite skills to fill that need. One further note: Do not, under any circumstance, confront the coach at a tournament. NVVA requires a “24-hour rule” for parents to talk about issues with his/her daughter’s playing time, team, etc.

3. “My daughter is not playing enough” – This is a common question or comment. Playing time is earned through a consistent demonstration of skill at a particular position, effort and attitude during practices and of course, practice and tournament attendance. We do not provide a promise of “equal playing time” or a guarantee of playing time. NVVA does provide a guarantee of the right to practice with players of equal or better ability and, through hard work, to improve skill levels and to compete for the opportunity to play. Generally, when a coach thinks that a player is ready to demonstrate skills learned during practices in a tournament, the player will have the opportunity to play. Your fees go toward the training provided to your daughter or son and do not guarantee how much playing time they will receive. **Playing time is earned.**

• There is a mandatory 24 hour cooling off period before contacting any NVVA personnel.

Examples of other statements directed at other parents, coaches and/or players that impact the team:

• Criticism of

- concerning offensive schemes, defensive schemes,
- players’ positions,
- who is playing/not playing
- providing excuses to players for poor performances

Help maintain an excellent program by supporting coaches and players with a positive attitude. Complaining to the athlete(s), other parents, or to a third party which interferes with the club’s efforts to pursue its stated mission and purpose may be a cause, at the sole determination of the club, to suspend or expel a player from the club.

Photographic Release Statement

From time to time photographs or video recordings may be taken of NVVA and Loudoun Youth Volleyball (LYV) players engaging in NVVA programs and activities. I hereby grant Northern Virginia Volleyball Association (NVVA) and Loudoun Youth Volleyball (LYV) the right to use these photographs or video recordings for promotional brochures, or showcase of programs on our web sites, showcase of activities in local newspapers, and other not for-profit purposes.

Liability Statement

I hereby grant permission for my child to participate in the NVVA Volleyball League during the 2017-2018 season. I accept full responsibility for his/her conduct and release and hold harmless NVVA and their officers, directors and volunteers, and coaches and officials of any liability for accident or injury. I further grant permission for emergency first aid to be administered and, if deemed necessary, I grant permission for said youth to be transported to an emergency room, and authorize medical staff there to provide treatment.

We, the undersigned, have read and understand the guidelines set forth by NVVA and agree to all of the rules and regulations and will support and be a contributing member of the club’s goals to create and maintain excellence through a culture of high expectations.

Player Printed Name

Parent Signature & Date

Northern Virginia Volleyball Association
45685 Oakbrook Ct. Suite 140
Sterling, VA 20166
Email: info@nvva.com / Phone: 571-313-1748

NVVA Parent and Player Contracts

/ **Practice Expectations**

Parent and Player Initial

- Missing Practices - Players are limited to 3 unexcused absences per season
- Absence is considered "Excused" ONLY if player provides school or doctor related documentation
- Players are not allowed to miss any practices the week of a Tournament
- If player is late to practice more than 15 minutes, their lateness will count as an unexcused absence
- Bags must be laid in numerical order off the court
- Water bottles must be placed on scoring table/on sideline or in the safest possible place (not on the floor)
- All players must wear knee pads at practice
- All players must have their practice t-shirts tucked in
- All players must wear athletic shoes and apparel during practices (*i.e. no chucks, uggs, jeans etc*)

/ **After 3 Unexcused Absences**

Parent and Player Initial

4th - Player will sit 1 full match at the next tournament

5th - Player will sit 1 full day at the next tournament

6th - Player will sit 1 full tournament (regardless if multiple days)

7th - Player will be dismissed from the team for the remainder of the season without financial reimbursement

/ **Tournament Expectations**

Parent and Player Initial

- No Cell Phones (except for emergencies)
- No Music (iPods, iPads, Headphones, Earbuds etc)
- No Parent Communication with Head Coach (*If parent wishes to discuss the events of a tournament, they may schedule a meeting 2 days after said tournament but not during or before*)
- No Spandex Outside the Gym (*players must put on shorts and/or pants over/instead of spandex*)
- Bags Must be Laid in Numerical Order
- Curfew Must be Set to Allow Players at Least 8.5 Hours of Rest Before Tournament Play if Schedule Allows
- Players Must Sit Together as a Team and Not with Parents/Friends/Family
- All Apparel Provided to Team Must be Worn When Traveling as a Team (*this includes travel from hotel to venue at away tournaments, and in airports when flying*)
- Rooming Assignments will be Set by Coaches and Randomized

/ **Line of Communication**

Parent and Player Initial

Should players and/or parents wish to voice concerns with coaching staff, please follow the below procedure:

1. Player to Head Coach
2. Parent to Coaches
3. Parent to NVVA staff by emailing clubvolleyball@nvva.com

Player Printed Name

Parent Signature & Date

Northern Virginia Volleyball Association
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