



## 2019 Matmen Clash Wrestling Tournament Greco, Freestyle/Girls

**WHERE:** Palmer Junior Middle School, 1159 S Chugach St., Palmer, AK

**SCHEDULE: Friday, March 22<sup>nd</sup> GRECO (10U/Intermediate - Open)**

3:00 – 4:00 p.m. Weigh-ins  
4:00 p.m. Coaches and Officials Meeting  
5:30 p.m. Wrestling begins

**Saturday, March 23<sup>rd</sup> Freestyle (6U/Pre-Bantam - Open)**

7:00 a.m. – 8:00 a.m. Weigh-ins  
9:00 a.m. Coaches & officials meeting  
9:30 a.m. Pairing officials meeting  
10:00 a.m. WRESTLING BEGINS: 6U/Pre-Bantam, 8U/Bantam,  
10U/Intermediate, 12U/Novice under 70  
1:00 p.m. Wrestling begins: 12U/Novice, 14U/Schoolboy/Girl, 16U/Cadet, Junior & Open

**\*\*\*Headgear is required for Schoolboy/girl & younger. Mouth guards are required for braces\*\*\***

**ALL WRESTLERS SHOULD ARRIVE AT LEAST ONE HOUR PRIOR TO START TIME TO CHECK BRACKETS. NO CHANGES WILL BE MADE TO BRACKETS AFTER 9:40 AM FOR MORNING WRESTLING AND 12:40 PM FOR THE AFTERNOON SESSION.**

**REGISTRATION:** Pre-registration must be completed by midnight Wednesday, March 20<sup>th</sup> through [www.trackwrestling.com](http://www.trackwrestling.com). Satellite weigh-ins must be entered by midnight Thursday, March 21<sup>st</sup>. Email or text weigh-in sheets to Jeanette Perkins by Friday morning. Please register as a team and not individually. Wrestlers must have a current USAW card.

**ENTRY FEE:** \$20 per wrestler per tournament entry. Please make one check payable to Mat-Su Matmen Wrestling Club for all your wrestlers entered in the tournament. Unattached wrestlers can pay individually. USAW cards will not be available for purchase.

**MATS:** We will run 12 half mats in the morning and 6 full mats in the afternoon.

**COACHES:** Coaches MUST have a current USAW Wrestling Leader Membership AND copper OR bronze certification, Concussion Certificate, and SAFE Sports Training Certificate to be on the mat or in the hospitality room. Wristbands will be handed out at the coaches meeting.

**AWARDS:** Medals will be given to the top three wrestlers in each bracket.

**SPECTATORS:** Parents and spectators will not be allowed on the mats without a video band. Video band will be available for purchase for \$10. One parent will be allowed to escort a 6U/Pre-Bantam or 8U/Bantam, but please leave the mat as soon as the match is finished.

**HOSPITALITY:** Hospitality room will be available for coaches with wristbands and mat/pairing officials only