

* Even Year - Regular Season Winning coach is All-Star Game Coach	* COY = Coach of the Year
* Odd Year - COY is All-Star Game Coach	* DPOY = Defensive Player of the Year
	* MVP = Most Valuable Player
(2025) Boys Soccer	
<u>EAST</u>	<u>WEST</u>
Brent Cutrell - East Wake	John Mellin - Asheville
Aiden Medina - East Wake	Malachi Miller - Asheville
Jonah Riggsbee - East Wake	Ben Zetterholm - Asheville
Jackson Brooks - Fayetteville	Gabriel Garcia - Cabarrus
Jeremiah Rittle - Fayetteville	Seth Griffin - Cabarrus
Philip Breagy - North Wake	Bex Kaylor - Cabarrus
Devin Flowers - North Wake	Zeb Kaylor - Cabarrus (MVP)
Liam Johnson - North Wake	Ayo Tribune - Cabarrus
Caleb Biller - Southwest Wake	Jack Wilson - Cabarrus
Will Miller - Southwest Wake	Luke Zimmerman - Cabarrus
Abraham Swingle - Southwest Wake	Elias Campbell - Forsyth
Uriah Swingle - Southwest Wake (MVP)	Keaton Clark - Forsyth
Alden Tinsley - Southwest Wake	Brady Cox - Forsyth
Landon Babot - Wilmington	Jacob Holiday - Forsyth
Samuel Balbino - Wilmington	Lucas Lane - Forsyth
Adam Urglavitch - Wilmington	Kai Snead - Forsyth
Tony Biller - Southwest Wake (COY) , Reg Season Winner	Mike Wilson - Cabarrus (COY) , Reg Season Winner
(2025) Volleyball	
<u>EAST</u>	<u>WEST</u>
Myah Barnes - Durham	
Addyson Welch - Durham	
Maggie Ayers - North Wake (MVP)	
Rebekah Ayers - North Wake	
Ashley Dienes - North Wake	
Sadie DeCasas - North Wake	
Graceyn Shepard - North Wake	
Emily Batts - Wilmington	* No teams in the West.
Alana Surigao - Wilmington	
Hannah Whaley - Wilmington	
Anthony Barnes -Durham (COY)	
Bill Carpenter - North Wake <i>Reg Season Winner</i>	
(2025-26) Boys Basketball	
<u>EAST</u>	<u>WEST</u>
Luke Colleta - Chatham (MVP), (DPOY)	Xavier DeLeeuw - Cabarrus (DPOY)
Lincoln Keller - Durham	Patrick Oldham - Cabarrus
Ryder Zingelmann - Raleigh	Holt Briggs - Forsyth
Casey Jacobson - Harnett	Baylin Clodfelter - Forsyth
Ben Coleman - North Wake	Mason Kern - South Charlotte
Graycen Jones - North Wake	Jack Porter - South Charlotte (MVP)
Nathan Heiliger - South Wake	Ashton Yandle - South Charlotte
Thomas Williams - South Wake	Jamar Turner - South Guilford
Max Brutus - Wilmington	Heath Clark - Surry
Stephen Edwards - Wilson	Hayden Williams - Surry
David Trower - North Wake <i>Reg Season Winner, (Co-COY)</i>	Curtis Johnson - South Charlotte <i>Reg Season Winner</i>
Brian Cain - Chatham (Co-COY)	Mike Crump - Cabarrus (Co-COY)
Kyle Jarman - Raleigh (Co-COY)	Derik Briggs - Forsyth (Co-COY)

Ryan Webb - South Wake <i>(Co-COY)</i>	
(2025-26) Girls Basketball	
<u>EAST</u>	<u>WEST</u>
Breleigh Coletta - Chatham	Alia McCall - Cabarrus <i>(DPOY)</i>
Ayva Grotevant - Chatham	Austin Miller - Cabarrus
Samantha King - Chatham	Sarah Rodriguez - Cabarrus
Rebekah Woodard - Chatham	Lilly Arnold - Forsyth
Hannah Brown - North Wake	BayLeigh Johnson - Forsyth <i>(MVP)</i>
Hannah Edwards - North Wake	Maribella Aitchison - South Charlotte
Emma Crissman - South Wake	Mya Aitchison - South Charlotte
Rebekah Hartzell - South Wake <i>(MVP)</i>	Caroline Gidney - South Charlotte
Dara Jurgens - South Wake	Lindsey Easter - Surry
Sydnee Woolard - South Wake <i>(DPOY)</i>	Maria Locklear - Surry
Skeet Woolard - South Wake <i>Reg Season Winner</i>	Laura Aitchison - South Charlotte <i>Reg Season Winner , (Co-COY)</i>
Nathan Coletta - Chatham <i>(COY)</i>	Shaun McCall - Cabarrus <i>(Co-COY)</i>
	Chris Clontz - Forsyth <i>(Co-COY)</i>
(2026) Girls Soccer	
<u>EAST</u>	<u>WEST</u>
Cassie Jackson - East Wake	Charlotte Allen - Cabarrus
Sydney Laughridge - East Wake	Ella Goggin - Cabarrus
Moriah Lee - East Wake	Cadence Wilkinson - Cabarrus
Audrey Tompkins - East Wake	Natalie Willis - Cabarrus
Savannah Villegas - East Wake	Eliana Withey - Cabarrus
Peyton Braddy - North Wake	Katherine Withey - Cabarrus
Karina Carlson - North Wake	Eden Altman - Forsyth
Karis Fraley - North Wake	Elena Baltodano - Forsyth
Caroline Klick - North Wake <i>(MVP)</i>	Noel Blocker - Forsyth
Maddie Willis - North Wake	Anna Burke - Forsyth
Layne Colby - Wilmington	Lorelai Burke - Forsyth
Sarah Cutler - Wilmington	Callie Connor - Forsyth
Isabella Lane - Wilmington	Emma Fuerbacher - Forsyth
Jayne Lane - Wilmington	Madison Lee - Forsyth
Rebekah Smith - Wilmington	Ella Marreel - Forsyth <i>(MVP)</i>
Hannah Whaley - Wilmington	Julia Pemberton - Forsyth
Griffin Laughridge - East Wake <i>Reg Season Winner</i>	BT Burke - Forsyth <i>Reg Season Winner</i>
Anthony Smith - Wilmington <i>(COY)</i>	