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HY-TEK's Meet Manager 5/14/2023 10:26 AM

Matt Kero Memorial Invitational - 5/12/2023

Results will be posted @ wayzataresults.com

Duluth Denfeld High School

Results

## Girls 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Delaney Nelson	9	Two Harbors	13.14	13.18	6	10
2 Tanja Thomas	11	Silver Bay	13.29	13.39	6	8
3 Adaeze Enemuoh	10	Hermantown	13.66	13.50	6	6
4 Sarah Greicar	10	Duluth East	13.61	13.62	6	5
5 Lauren Johnson	11	Proctor	13.40	13.64	6	4
6 Abby Lanthier	11	Proctor	16.93	13.74	2	3
7 Lexie Pueringer	9	Duluth Denfeld	14.97	13.96	3	2
8 Jersey Appert	9	Hastings	14.25	14.04	5	1
9 India Johnson	11	Moose Lake/Willo	14.11	14.15	5	
10 Payton Heittola	7	Carlton-Wrenshal	13.40	14.17	6	
11 Alexandra Moore	10	Hastings	14.64	14.23	4	
12 Annika Nelson	10	Hermantown	14.06	14.25	5	
13 Gabby Loucks	7	Carlton-Wrenshal	13.74	14.41	6	
14 Sophie Johnson	11	South Ridge	14.35	14.43	4	
15 Mackenzie Werner	9	Duluth East	14.36	14.45	4	
16 Sarah Rectenwald	11	Duluth East	14.34	14.46	5	
17 Mariah Hernesman	11	Marshall (Duluth	14.15	14.48	5	
18 Ava Vee	9	Marshall (Duluth	14.36	14.54	4	14.532
19 Izzy Nelson	8	Mcgregor	14.08	14.54	5	14.537
20 Gwen Fagerland	10	Two Harbors	14.71	14.57	4	
21 Bianca McGiffert	12	Marshall (Duluth	14.35	14.59	5	
22 Olivia Sanner	9	Duluth Denfeld	14.66	14.60	4	
23 Brooke Odland	9	Lakeview Christi	14.80	14.68	3	
24 Brianna Monson	8	Cook County	14.71	14.69	4	
25 Reese Kuglin	10	Hastings	14.79	14.73	3	
26 Alexis Chandler	9	Hermantown	15.36	14.88	2	
27 Finley Larson	11	Lakeview Christi	15.18	15.05	3	
28 Amber Sopocho	10	South Ridge	15.30	15.10	3	
29 Remington Olesiak	8	Cromwell-Wright	15.22	15.12	3	
30 Ella Peterson	9	Two Harbors	15.35	15.25	3	
31 Uriah Bell	9	Duluth Denfeld	14.49	15.26	4	
32 Mckenzie Rimolde	11	Moose Lake/Willo		15.56	1	
33 Mira Kilby	9	Carlton-Wrenshal	14.01	15.57	5	
34 Kalina Dimitrova	11	Cook County	15.95	15.64	2	
35 Sophie Betzler	9	Silver Bay	15.75	15.74	2	
36 Kiersten Loban	9	Lakeview Christi	16.22	15.87	2	
37 Jaida Andrews	8	Proctor	16.96	15.94	2	
38 Sophia Sheehan	8	Cook County	17.05	16.28	1	
39 Stella LaPointe	8	Silver Bay	17.19	16.29	1	
40 Dakota Schwarzenberger	9	South Ridge	15.04	17.71	3	
-- Tyler Orvedahl	8	Moose Lake/Willo	13.65	DNS	6	

## Girls 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Elliana Magnus	9	Hastings	25.50	25.55	6	10
2 Emma Warner	11	Mcgregor	27.19	27.12	6	8
3 Tyler Orvedahl	8	Moose Lake/Willo	27.54	27.23	6	6
4 Sarah Greicar	10	Duluth East	27.66	27.33	6	5
5 Jenna Marxhausen	12	Two Harbors	27.09	27.38	6	4
6 Grace Swanson	12	Two Harbors	28.80	27.65	5	3

7	Karly Holm	12	Two Harbors	28.18	27.92	6	2
8	Tanja Thomas	11	Silver Bay	27.63	28.15	6	1
9	Lauryn Biondi	12	Hermantown		28.28	2	
10	Lauren Johnson	11	Proctor	28.10	28.29	6	
11	Samira Thompson	9	Hastings	28.84	28.55	5	
12	Maria Drozdowski	11	Duluth East	29.25	28.60	5	
13	Jersey Appert	9	Hastings	28.66	29.07	5	
14	Jocelyn Mundell	11	Moose Lake/Willo	29.78	29.11	5	
15	Ava Vee	9	Marshall (Duluth	31.96	29.22	4	
16	Anna Foldesi	12	Duluth Denfeld	30.51	29.42	4	
17	Mackenzie Werner	9	Duluth East	29.84	29.52	5	
18	Mariah Hernesman	11	Marshall (Duluth	29.93	29.63	4	
19	Bianca Jukic	9	Marshall (Duluth	30.45	30.09	4	
20	kylie Thompson	9	Lakeview Christi	30.93	30.66	4	
21	Molly Sheda	9	Carlton-Wrenshal	32.04	31.22	4	31.213
22	Amber Sopochi	10	South Ridge	34.20	31.22	2	31.220
23	Rylee Young	12	South Ridge		31.23	2	
24	Remington Olesiak	8	Cromwell-Wright	33.95	31.58	3	
25	Lillian Aleshire	11	Duluth Denfeld	32.48	31.88	4	
26	Madison Lang	12	Proctor	32.60	31.94	3	
27	Erica McDonald	11	Hermantown	32.99	32.03	3	
28	Sophia Sheehan	8	Cook County		32.42	1	
29	Torrie Franzen	11	Lakeview Christi	32.68	32.53	3	
30	Mya Gronner	11	Cromwell-Wright	33.41	32.60	3	
31	Sabrina Russell	12	Silver Bay	34.09	32.85	3	
32	Annabelle Silence	9	Cook County	33.61	32.88	3	
33	Riley Smith	10	Proctor	33.80	33.37	3	
34	Kiersten Loban	9	Lakeview Christi	34.85	33.65	2	
35	Grace Swartz	7	Silver Bay	34.41	33.71	2	
36	Elizabeth Larsen	7	Cook County	39.02	38.17	2	
--	Siiena Anderson	10	Cromwell-Wright	28.32	DNS	5	
--	Sophie Johnson	11	South Ridge	30.13	DNS	4	
--	Hadley Carlson	7	Carlton-Wrenshal	29.90	DNS	5	
--	Samantha Stevens	10	Hermantown		DNS	1	
--	Riley Harvey	10	Carlton-Wrenshal	35.17	DNS	2	
--	Uriah Bell	9	Duluth Denfeld	35.07	DNS	2	
--	Kaitlyn Andrews	9	Moose Lake/Willo		DNS	1	

## Girls 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Trinity Giddings	10	Two Harbors	59.77	58.32	5 10
2	Ava Revoir	11	Duluth East	1:01.56	1:01.98	5 8
3	Tyler Orvedahl	8	Moose Lake/Willo	1:03.39	1:02.54	5 6
4	Olyvia Erickson	9	Hastings	1:02.39	1:03.58	5 5
5	Emily Wright	11	Lakeview Christi	1:03.87	1:03.81	5 4
6	Annabelle Eaton	11	Duluth East	1:03.97	1:04.18	5 3
7	Paige Dean	10	Mcgregor	1:05.74	1:05.23	4 2
8	Kiera Kylander-Johnson	8	Marshall (Duluth	1:05.94	1:06.35	4 1
9	Ahnika Fossum	9	Duluth Denfeld	1:07.16	1:06.36	4
10	Jordyn Doughty	11	Hastings	1:07.04	1:06.45	4
11	Emma Dauner	12	Duluth East	1:05.14	1:06.57	5
12	Valerie Melander	9	Silver Bay	1:08.15	1:06.87	4
13	Emma Burmeister	12	Hastings	1:07.16	1:07.27	4
14	Brooke Wiese	9	Hermantown	1:08.96	1:07.82	3
15	Carlie Blevins	11	Proctor		1:08.21	1
16	Allana Carlson	12	Proctor	1:09.74	1:08.43	3
17	Izzy Baasi	12	South Ridge	1:08.21	1:08.48	4
18	Madison Ellefson	10	South Ridge	1:10.29	1:08.51	3
19	Julia Miletich	10	Duluth Denfeld	1:09.21	1:09.44	3
20	Natalie Tokvam	8	Two Harbors	1:13.48	1:10.50	3
21	Bianca Jukic	9	Marshall (Duluth		1:10.64	1
22	Ella Peterson	9	Two Harbors	1:09.82	1:10.97	3
23	Brynn McCourtney	9	Marshall (Duluth	1:14.43	1:13.71	2

24 Alexis Plummer	9 Cook County	1:13.36	1:14.24	3
25 Ana Haugen	9 Duluth Denfeld	1:23.59	1:14.65	2
26 Chloe Kanirie	12 Carlton-Wrenshal	1:14.14	1:16.59	3
27 MJ Wharton	9 Cook County		1:17.23	1
28 Vera Brown	7 Carlton-Wrenshal	1:19.00	1:18.72	2
29 Grace Swartz	7 Silver Bay		1:18.88	1
30 Ruth Nelson	11 Lakeview Christi	1:19.52	1:20.45	2
31 Amy Schwoch	10 Carlton-Wrenshal	1:20.04	1:22.08	2
32 Elizabeth Larsen	7 Cook County		1:24.34	1
33 Emma Berg	9 Proctor	1:34.27	1:30.16	2
34 Yagmur Kilic	7 South Ridge	1:35.64	1:30.78	2
-- Siiena Anderson	10 Cromwell-Wright	1:05.21	DNS	5
-- Kaitlyn Andrews	9 Moose Lake/Willo	1:07.68	DNS	4
-- Faith Matvey	12 Lakeview Christi		DNS	1
-- Raegan Larson	9 Moose Lake/Willo	1:20.10	DNS	2

## Girls 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Sophia Blanck	10 Silver Bay	2:19.93	2:19.09	3	10
2 Grace Swanson	12 Two Harbors	2:30.05	2:21.11	3	8
3 Lydia Kraker	11 Duluth East	2:27.26	2:27.38	3	6
4 Claire Niksich	9 Hermantown	2:33.28	2:28.57	3	5
5 Liv Birkeland	12 Hermantown		2:30.69	1	4
6 Paisley Kleiman	10 Proctor	2:33.76	2:32.95	3	3
7 Elsie Jacobs	10 Hastings		2:35.47	1	2
8 Grace Russell	12 Duluth East	2:41.72	2:35.56	3	1
9 Amelia Olson	10 Moose Lake/Willo	2:40.24	2:37.26	3	
10 Emaleigh Olesiak	11 Cromwell-Wright	2:41.01	2:37.63	3	
11 Gavyn Hanson	10 Hastings	2:43.76	2:40.60	3	
12 Faith Matvey	12 Lakeview Christi	2:45.34	2:44.40	3	
13 Sophia Consie	9 Duluth East	2:44.20	2:45.94	3	
14 Genevieve Silence	11 Cook County	3:01.00	2:46.06	2	
15 Julia Knight	11 Proctor	2:58.00	2:48.41	2	
16 Lindsay Mathison	12 Hastings	3:16.16	2:48.42	1	
17 Katie Heikkila	9 Mcgregor	2:47.04	2:49.01	2	
18 Olivia Jutila	10 Moose Lake/Willo	2:50.38	2:51.88	2	
19 Abby Cid	12 Carlton-Wrenshal	2:50.00	2:53.79	2	
20 Brynn McCourtney	9 Marshall (Duluth	3:04.92	2:54.28	2	
21 Nia Petry	8 Moose Lake/Willo	3:06.74	2:55.53	2	
22 Kaitlyn Warner	9 Mcgregor	3:06.24	2:59.32	2	
23 Kyla Knapper	11 Cook County	3:01.77	3:00.59	2	
24 Vivian Barden	10 Mcgregor	2:54.54	3:01.07	2	
25 Tegan Fordahl	9 South Ridge	3:12.38	3:01.98	1	
26 Sophie Roberts	9 Duluth Denfeld	3:07.24	3:03.22	2	
27 Anni Dix	8 Cook County	3:17.40	3:06.22	1	
28 Xinyi (Grace) Liu	10 Marshall (Duluth		3:06.89	1	
29 Abby Schunk	11 Proctor	3:27.42	3:06.91	1	
30 Rachel Hjort	10 Lakeview Christi	2:59.24	3:06.92	2	
31 violet Vanderscheuren	9 South Ridge	3:11.70	3:07.38	1	
32 Ruth Nelson	11 Lakeview Christi		3:10.95	1	
33 Lila Dalen	7 Carlton-Wrenshal	3:32.99	3:13.73	1	
34 Courtney Carlson	11 Duluth Denfeld	3:35.18	3:23.17	1	
35 Marielle Johnson	9 Duluth Denfeld	3:18.78	3:31.33	1	
36 May Hall	12 Two Harbors	4:34.47	4:21.11	1	
-- Teagen Tessier	8 Carlton-Wrenshal	3:04.31	DNS	2	
-- Kiera Kylander-Johnson	8 Marshall (Duluth	2:38.05	DNS	3	

## Girls 1600 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Lamar Gordon	12 Two Harbors	5:32.43	5:20.64	2	10
2 Anna-Britta Helmer	10 Duluth East	5:36.30	5:21.56	2	8

3 Taylor Wood	9 Duluth East	5:48.08	5:36.92	2	6
4 Lizzy Harnell	10 Proctor	5:42.00	5:38.67	2	5
5 Linnea Ronning	9 Hastings	5:44.73	5:39.06	2	4
6 Sierra Geatz	8 Silver Bay	5:56.09	5:41.70	2	3
7 Ellie Pease	8 Proctor	5:57.00	5:43.58	2	2
8 Amelia Wise	12 Duluth East	5:44.08	5:43.89	2	1
9 Ivy Brandenburg	9 Hastings	5:59.65	5:50.81	2	
10 Campbell Amundson	10 Hermantown	6:01.53	5:53.16	2	
11 Amelia Olson	10 Moose Lake/Willo	5:47.45	5:55.74	2	
12 Lexi Surbaugh	10 Cook County	6:13.00	5:58.99	2	
13 Tatum Barto	9 South Ridge	6:02.11	6:00.20	2	
14 Abby Cid	12 Carlton-Wrenshal	6:15.00	6:09.74	2	
15 Shannon Granquist	11 Moose Lake/Willo	6:23.90	6:10.40	1	
16 Nicol Babincova	11 Hastings	6:37.77	6:17.42	1	
17 Ryleigh Thorpe	7 Two Harbors	6:42.23	6:17.63	1	
18 Elle Nielsen	11 Moose Lake/Willo	6:30.47	6:24.08	1	
19 Katie Heikkila	9 Mcgregor	6:43.22	6:27.58	1	
20 Brook Smith	9 South Ridge	6:37.04	6:38.24	1	
21 Ellie Berg	11 Proctor	6:27.00	6:41.58	1	
22 Kaitlyn Warner	9 Mcgregor	7:12.12	6:47.50	1	
23 Rachel Hjort	10 Lakeview Christi	6:50.40	6:50.05	1	
24 Milla Beldo	11 Duluth Denfeld	7:15.07	6:50.20	1	
25 Kyla Knapper	11 Cook County	6:55.00	6:55.70	1	
26 Sophia Lindstrom	8 Cook County	7:19.52	6:55.89	1	
27 Elizabeth Swartz	7 Silver Bay	6:59.59	6:56.02	1	
28 Olivia Hendren	12 Two Harbors	7:44.74	7:36.21	1	
29 Janelle King	11 Duluth Denfeld	7:55.22	7:46.32	1	
-- Ava Jenne	8 Carlton-Wrenshal	7:19.03	DNS	1	

## Girls 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Rowan Bixler	11 Duluth East	11:48.41	11:35.74	10
2 Brielle Simula	8 Carlton-Wrenshal	12:16.79	12:02.77	8
3 Della Bettendorf	10 Proctor	12:35.00	12:28.73	6
4 Stella Powell	9 Duluth East	12:57.62	12:32.15	5
5 Nessa Friess	9 Proctor	12:55.54	12:42.29	4
6 Isabel Riley	9 Carlton-Wrenshal	13:05.52	12:45.93	3
7 Brooklyn Wasche	9 Moose Lake/Willo	13:08.02	12:56.03	2
8 Audrey Linn	12 Duluth East		13:17.52	1
9 Rachel Bettendorf	8 Proctor	13:10.10	13:24.66	
10 Scarlett Vanderschuren	11 South Ridge	13:26.18	13:41.57	
11 Hannah Hoff	11 Hastings	14:36.93	13:52.59	
12 Loralai Folstrom	10 Hastings	14:35.11	13:54.60	
13 Danica Wyman	8 Moose Lake/Willo	15:15.10	14:02.98	
14 Brook Smith	9 South Ridge		14:29.79	
15 Signe Myers	10 Two Harbors		14:38.76	
16 Dakota Bauer	9 Hastings	14:30.00	14:48.38	
17 Amelia Saamanen	8 Two Harbors	16:20.12	15:08.40	
18 Emma Peterson	12 Carlton-Wrenshal	17:56.28	17:51.02	
-- Emaleigh Olesiak	11 Cromwell-Wright	12:50.14	DNS	

## Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Carlee Kordosky	10 Hastings	16.47	15.77	4	10
2 Elise Harriman	12 Hermantown	16.81	16.70	4	8
3 Emily Podulke	11 Hastings	17.68	17.14	4	6
4 Jasmine Wu	12 Lakeview Christi	17.38	17.28	4	5
5 Lucy Rappana	10 Duluth East		18.00	2	4
6 Alaina Westholm	9 Duluth East	18.63	18.24	4	3
7 Kyra Bartholomew	12 Hastings	18.10	18.33	4	2
8 Stella Sorenson	10 Duluth East	16.43	18.47	4	1

9	Harley Spano-Shively	12	Mcgregor	19.38	18.79	3
10	Ray Anderson	10	Marshall (Duluth	19.38	19.10	3
11	Brooklyn Nelson	9	Two Harbors	19.99	19.61	3
12	Juleauna Johnson	8	Carlton-Wrenshal	19.54	19.77	3
13	Ella Walker	11	Proctor	18.80	19.87	3
14	Nora Friess	11	Proctor	20.15	19.90	3
15	Carys Gerard	10	Duluth Denfeld	18.60	19.98	4
16	Caitlin Cox	10	Hermantown	20.46	20.17	2
17	Teagen Tessier	8	Carlton-Wrenshal	20.70	20.39	2
18	Ava Jenne	8	Carlton-Wrenshal	20.63	20.48	2
19	Macie Lind	11	Cromwell-Wright	20.30	20.51	2
20	Ellie Pease	8	Proctor	20.70	21.12	2
21	Rachel Bopp	10	Two Harbors	20.32	21.81	2
22	Chloe Johnson	9	Two Harbors		22.67	1
23	Heidi Weis	8	Marshall (Duluth	21.58	23.19	2
24	Brooklynn Favell	9	Duluth Denfeld	32.37	26.16	1
25	Alexa Van Loon	10	Hermantown	28.73	28.89	1
--	Kyra Robinson	11	Duluth Denfeld	18.71	DNS	3
--	Kenna Ridge	12	South Ridge	19.15	DNS	3
--	Abby Regstad	11	Marshall (Duluth		DNS	1

## Girls 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Carlee Kordosky	10	Hastings	47.53	47.50	4 10
2	Emily Podulke	11	Hastings	51.11	51.06	4 8
3	Jasmine Wu	12	Lakeview Christi	51.92	51.15	4 6
4	Mae Mccall	9	Duluth East	52.06	52.63	4 5
5	Amaya Grinde	11	Two Harbors	52.62	53.42	4 4
6	Lucy Rappana	10	Duluth East	53.96	53.79	4 3
7	Jenevieve Behnke	9	Hastings	53.47	54.86	4 2
8	KelliJoy Manninen	10	Proctor	57.00	56.42	3 1
9	Caitlin Cox	10	Hermantown	58.61	56.59	3
10	Macie Lind	11	Cromwell-Wright	57.93	56.92	3
11	Abby Myers	11	Duluth East	58.63	57.01	3
12	Nora Friess	11	Proctor	1:00.60	57.73	2
13	Ruby Shea	8	Two Harbors	1:01.54	57.84	2
14	Tiffany Meade	11	Carlton-Wrenshal	1:01.53	58.22	2
15	Ruth Sandstrom	10	Carlton-Wrenshal		59.51	2
16	Harley Spano-Shively	12	Mcgregor	59.60	59.94	3
17	Brianna Monson	8	Cook County		59.95	2
18	Sara Cid	10	Carlton-Wrenshal	59.94	1:00.03	3
19	Abby Regstad	11	Marshall (Duluth		1:02.73	1
20	Brooklynn Favell	9	Duluth Denfeld	1:14.15	1:11.62	2
21	Grace Henneger	9	South Ridge		1:14.06	1
--	Kenna Ridge	12	South Ridge		DNS	1
--	Heidi Weis	8	Marshall (Duluth	56.97	DNS	3
--	Kyra Robinson	11	Duluth Denfeld	54.63	DNS	3
--	Carys Gerard	10	Duluth Denfeld	51.82	DNS	4

## Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1	Hermantown 'A'	52.23	53.40	3 10
	1) Elise Harriman 12			
	2) Annika Nelson 10			
	3) Adaeze Enemuoh 10			
2	Proctor 'A'	54.40	54.11	3 8
	1) Peytra Cooke 12			
	2) Lauren Johnson 11			
	3) Addison Hieb 10			
3	Two Harbors 'A'	56.40	54.46	2 6
	1) Brooklyn Nelson 9			
	2) Rachel Bopp 10			
	3) Natalie Tokvam 8			
4	Hastings 'A'	55.47	55.87	3 5

1) Kyra Bartholomew 12	2) Alexandra Moore 10			
3) Emelia Larson 11	4) Reese Kuglin 10			
5 Duluth East 'A'	53.99	56.26	3	4
1) Elsie Zimpel 10	2) Mary Boyle 11			
3) Maria Drozdowski 11	4) Sarah Rectenwald 11			
6 Mcgregor 'A'	55.00	56.68	3	3
1) Vivian Barden 10	2) Violet Brekke 10			
3) Emma Henderson 10	4) Izzy Nelson 8			
7 Marshall (Duluth) 'A'	56.25	56.71	3	2
1) Abby Regstad 11	2) Ray Anderson 10			
3) Mariah Hernesman 11	4) Bianca McGiffert 12			
8 Moose Lake/Willow River 'A'	55.50	57.08	3	1
1) Jocelyn Mundell 11	2) Khloey Schmidt 7			
3) Evelyn Johnson 11	4) India Johnson 11			
9 Duluth Denfeld 'A'	56.12	57.36	3	
1) Lillian Aleshire 11	2) Latasaija Garner 9			
3) Olivia Sanner 9	4) Uriah Bell 9			
10 Two Harbors 'B'	57.50	58.40	2	
1) Gwen Fagerland 10	2) Chloe Johnson 9			
3) Ruby Shea 8	4) Ella Peterson 9			
11 Lakeview Christian Academy 'A'	57.67	58.73	2	
1) Brooke Odland 9	2) Finley Larson 11			
3) kylie Thompson 9	4) Torrie Franzen 11			
12 Duluth Denfeld 'B'		1:00.61	1	
1) Kayleigh Anderson 10	2) Amaria Williams 11			
3) Grace Nonnemacher 11	4) Lexie Pueringer 9			
13 Hastings 'B'	59.63	1:01.47	2	
1) Lyla Mahoney 9	2) Elli Levine 9			
3) Jade Lindgren 12	4) Lauren Whitfield 10			
14 Carlton-Wrenshall 'B'		1:01.52	1	
1) Amelia McCarthy 7	2) Nadia Tessier 9			
3) Amy Schwoch 10	4) Chloe Kanirie 12			
15 Cook County 'A'	1:04.41	1:02.00	1	
1) Annabelle Silence 9	2) Siena Woerheide 11			
3) Kalina Dimitrova 11	4) Brianna Monson 8			
16 Silver Bay 'A'	1:02.10	1:02.51	2	
1) Sophie Betzler 9	2) Sabrina Russell 12			
3) Elizabeth Swartz 7	4) Grace Swartz 7			
17 Proctor 'B'	59.90	1:02.68	2	
1) Greta Gustavson 10	2) Danica Maher 10			
3) Alyssa Brown 10	4) Jaedyn Roemhildt 10			
18 Hermantown 'B'		1:03.05	1	
1) Alexis Chandler 9	2) Savannah Elliott 10			
3) Zoie Cardinal 11	4) Addison Beck 10			
19 South Ridge 'A'	59.99	1:04.77	2	
1) Emma Anderson 11	2) Annalese Brodeen 7			
3) Addison Burckhardt 10	4) Courteney Cherry 10			
-- Carlton-Wrenshall 'A'	1:00.00	DNS	2	
1) Mira Kilby 9	2) Molly Sheda 9			
3) Riley Harvey 10	4) Betsy Cid 8			

Girls 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Two Harbors 'A'	1:48.85	1:47.02	3	10
1) Delaney Nelson 9	2) Karly Holm 12			
3) Jenna Marxhausen 12	4) Trinity Giddings 10			
2 Hastings 'A'	1:55.00	1:53.55	3	8
1) Olyvia Erickson 9	2) Samira Thompson 9			
3) Mia Lindner 10	4) Jersey Appert 9			
3 Mcgregor 'A'	1:54.80	1:56.31	3	6
1) Violet Brekke 10	2) Emma Henderson 10			
3) Paige Dean 10	4) Emma Warner 11			
4 Proctor 'A'	1:58.00	1:58.79	3	5

1) Jamie Ehresman 11	2) Chloe Lind 11			
3) Addison Hieb 10	4) Jaedyn Roemhildt 10			
5 Hastings 'B'		2:01.00	1:59.39	2
1) Emma Burmeister 12	2) Sara Siebenaler 9			
3) Lucy Burmeister 9	4) Jaylen Hanson 11			
6 Carlton-Wrenshall 'B'		1:59.00	2:00.30	3 4
1) Juleauna Johnson 8	2) Hadley Carlson 7			
3) Gabby Loucks 7	4) Payton Heittola 7			
7 South Ridge 'A'		2:01.33	2:01.12	2 3
1) Emma Anderson 11	2) Anelise Brodeen 7			
3) Zoey Burckhardt 7	4) Addison Burckhardt 10			
8 Lakeview Christian Academy 'A'		2:05.92	2:01.45	2 2
1) kylie Thompson 9	2) Rebekah Ojard 10			
3) Brooke Odland 9	4) Eden Bond 9			
9 Duluth East 'B'		2:03.09	2:01.96	2 1
1) Mary Boyle 11	2) Elsie Zimpel 10			
3) Stella Sorenson 10	4) Lucy Rappana 10			
10 Duluth Denfeld 'A'		2:01.19	2:03.05	2
1) Olivia Sanner 9	2) Anna Foldesi 12			
3) Ahnika Fossum 9	4) Julia Miletich 10			
11 Duluth Denfeld 'B'			2:06.22	1
1) Grace Nonnemacher 11	2) Kayleigh Anderson 10			
3) Latasaija Garner 9	4) Claire Kloster 12			
12 Proctor 'B'		2:03.00	2:06.76	2
1) Evelyn Onken 10	2) Madison Twaddle 12			
3) Peytra Cooke 12	4) Madison Lang 12			
13 Marshall (Duluth) 'A'			2:08.91	1
14 Hermantown 'B'			2:09.39	1
1) Erica McDonald 11	2) Angel Adu-Bobi 9			
3) Rylee Kalkbrenner 9	4) Alyssa Yokom 12			
15 Carlton-Wrenshall 'A'		2:03.75	2:11.12	2
1) Ruth Sandstrom 10	2) Betsy Cid 8			
3) Tiffany Meade 11	4) Sara Cid 10			
16 Cook County 'A'		2:13.34	2:14.58	2
1) Anni Dix 8	2) Zoe Kacures 9			
3) Sophia Sheehan 8	4) Annabelle Silence 9			
17 Cook County 'B'			2:16.69	1
1) Alexis Plummer 9	2) Grace Blomberg 10			
3) Kalina Dimitrova 11	4) Siena Woerheide 11			
-- Duluth East 'A'		1:57.44	DQ	3 2nd exchange
1) Sarah Greicar 10	2) Maria Drozdowski 11			
3) Sarah Rectenwald 11	4) Mackenzie Werner 9			
-- Hermantown 'A'		1:50.41	DQ	3 2nd exchange
1) Liv Birkeland 12	2) Adaeze Enemuoh 10			
3) Lauryn Biondi 12	4) Kellyn Biondi 12			
-- Moose Lake/Willow River 'A'		2:00.00	DNS	3
1) Kaitlyn Andrews 9	2) Khloey Schmidt 7			
3) Jocelyn Mundell 11	4) Mckenzie Rimolde 11			

Girls 4x400 Meter Relay

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School	Seed	Finals	H#	Points
=====				
1 Two Harbors 'A'	4:10.70	4:06.48	3	10
1) Jenna Marxhausen 12	2) Lamar Gordon 12			
3) Grace Swanson 12	4) Trinity Giddings 10			
2 Hastings 'A'	4:15.80	4:09.73	3	8
1) Olyvia Erickson 9	2) Elise Atkins 11			
3) Carlee Kordosky 10	4) Elliana Magnus 9			
3 Duluth East 'A'	4:15.12	4:21.71	3	6
1) Emma Dauner 12	2) Annabelle Eaton 11			
3) Lydia Eaton 9	4) Lydia Kraker 11			
4 Hermantown 'A'	4:38.29	4:24.56	2	5
1) Campbell Amundson 10	2) Claire Niksich 9			
3) Brooke Wiese 9	4) Liv Birkeland 12			

5	Mcgregor 'A'	4:32.10	4:26.58	3	4
	1) Emma Warner 11			2) Emma Henderson 10	
	3) Violet Brekke 10			4) Paige Dean 10	
6	Proctor 'A'	4:28.25	4:30.14	3	3
	1) Addison Hieb 10			2) Paisley Kleiman 10	
	3) Paige Evans 10			4) Hope Carlson 12	
7	Hastings 'B'	4:37.00	4:35.45	3	
	1) Emma Burmeister 12			2) Jaylen Hanson 11	
	3) Jenevieve Behnke 9			4) Jordyn Doughty 11	
8	Lakeview Christian Academy 'A'	4:44.95	4:36.06	2	2
	1) Jasmine Wu 12			2) Rebekah Ojard 10	
	3) Eden Bond 9			4) Emily Wright 11	
9	Silver Bay 'A'	4:33.81	4:37.51	3	1
	1) Sophia Blanck 10			2) Valerie Melander 9	
	3) Tanja Thomas 11			4) Sierra Geatz 8	
10	Proctor 'B'	4:40.00	4:43.53	2	
	1) Allana Carlson 12			2) Chloe Lind 11	
	3) Della Bettendorf 10			4) Ella Walker 11	
11	Duluth Denfeld 'A'	4:38.68	4:46.11	2	
	1) Carys Gerard 10			2) Kyra Robinson 11	
	3) Julia Miletich 10			4) Anna Foldesi 12	
12	Marshall (Duluth) 'A'	4:50.54	4:55.83	2	
	1) Bianca Jukic 9			2) Kiera Kylander-Johnson 8	
	3) Xinyi (Grace) Liu 10			4) Brynn McCourtney 9	
13	Carlton-Wrenshall 'B'	5:02.00	5:00.79	2	
	1) Juleauna Johnson 8			2) Nadia Tessier 9	
	3) Payton Heittola 7			4) Teagen Tessier 8	
14	Duluth Denfeld 'B'		5:08.86	1	
	1) Ana Haugen 9			2) Marielle Johnson 9	
	3) Grace Nonnemacher 11			4) Courtney Carlson 11	
15	Cook County 'A'	5:22.76	5:23.81	1	
	1) Emma Crook 9			2) Siena Woerheide 11	
	3) MJ Wharton 9			4) Genevieve Silence 11	
--	Carlton-Wrenshall 'A'	4:50.00	DNF	2	
	1) Abby Cid 12			2) Brielle Simula 8	
	3) Chloe Kanirie 12			4) Amy Schwoch 10	
--	South Ridge 'A'	4:34.85	DNS	3	
	1) Emma Anderson 11			2) Anelise Brodeen 7	
	3) Annalese Brodeen 7			4) Evelyn Brodeen 11	
--	Hermantown 'B'		DNS	1	
	1) Alexis Chandler 9			2) Angel Adu-Bobi 9	
	3) Savannah Elliott 10			4) Alexis Kucza 9	

## Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Duluth East 'A'	10:47.22	10:04.88	10
1) Ava Revoir 11		2) Lydia Eaton 9	
3) Edie Broadmoore 10		4) Carolina Arvold 9	
2 Proctor 'A'	10:08.50	10:06.70	8
1) Carlie Blevins 11		2) Paige Evans 10	
3) Lizzy Harnell 10		4) Hope Carlson 12	
3 Hastings 'A'	10:36.00	10:34.46	6
1) Linnea Ronning 9		2) Molly Caturia 12	
3) Ivy Brandenburg 9		4) Elise Atkins 11	
4 South Ridge 'A'	10:54.01	11:01.95	5
1) Madison Ellefson 10		2) Scarlett Vanderschuren 11	
3) Tatum Barto 9		4) Izzy Baasi 12	
5 Lakeview Christian Academy 'A'	11:27.48	11:14.42	4
1) Emily Wright 11		2) Eden Bond 9	
3) Rachel Hjort 10		4) Faith Matvey 12	
6 Duluth East 'B'	11:03.22	11:18.31	
1) Siiri Anderson 10		2) Ginger Thralow 11	
3) Elsa Jones 9		4) Greta Hendrickson 11	

7	Moose Lake/Willow River 'A'	11:28.37	11:34.51	3
	1) Shannon Granquist 11	2) Elle Nielsen 11		
	3) Nia Petry 8	4) Olivia Jutila 10		
8	Carlton-Wrenshall 'A'	11:23.25	11:36.13	2
	1) Sara Cid 10	2) Ruth Sandstrom 10		
	3) Isabel Riley 9	4) Lila Dalen 7		
9	Proctor 'B'	11:49.20	11:43.57	
	1) Lola Witty 9	2) Isabella McPhee 9		
	3) Julia Knight 11	4) Anna Evans 9		
10	Cook County 'A'	12:14.43	12:38.96	1
	1) Sophia Lindstrom 8	2) Anni Dix 8		
	3) Emma Crook 9	4) MJ Wharton 9		
11	Duluth Denfeld 'A'	13:31.50	13:08.23	
	1) Sophie Roberts 9	2) Milla Beldo 11		
	3) Janelle King 11	4) Marielle Johnson 9		
--	Marshall (Duluth) 'A'			DNS
	1) Brynn McCourtney 9	2) Natalia Kunze 8		
	3) Xinyi (Grace) Liu 10	4) Heidi Weis 8		

Girls High Jump

Name	Year	School	Seed	Finals	Points
1 Karly Holm	12	Two Harbors	4-10.00	4-10.00	10
4-00 4-03 4-06 4-08 4-10 5-00					
0 0 0 0 0 XXX					
2 Alyssa Bauer	11	Hastings	5-00.00	4-10.00	8
4-00 4-03 4-06 4-08 4-10 5-00					
P P X0 0 0 XXX					
3 Emily Podulke	11	Hastings	4-06.00	4-08.00	5.50
4-00 4-03 4-06 4-08 4-10					
0 0 0 0 XXX					
3 Sarah Greicar	10	Duluth East	4-10.00	4-08.00	5.50
4-00 4-03 4-06 4-08 4-10					
0 0 0 0 XXX					
5 Olivia Johnson	10	Hermantown	4-08.00	4-08.00	4
4-00 4-03 4-06 4-08 4-10					
P 0 X0 0 XXX					
6 Samira Thompson	9	Hastings	4-08.00	4-08.00	3
4-00 4-03 4-06 4-08 4-10					
0 X0 0 XX0 XXX					
7 KelliJoy Manninen	10	Proctor	4-06.00	4-06.00	2
4-00 4-03 4-06 4-08					
0 X0 0 XXX					
8 Amaya Grinde	11	Two Harbors	4-10.00	4-06.00	1
4-00 4-03 4-06 4-08					
0 0 X0 XXX					
9 Amilia Bailey	11	Duluth East	4-06.00	4-03.00	
4-00 4-03 4-06					
0 0 XXX					
10 Hope Carlson	12	Proctor	4-06.00	4-03.00	
4-00 4-03 4-06					
0 X0 XXX					
11 Ava Jenne	8	Carlton-Wrenshall	4-02.00	4-03.00	
4-00 4-03 4-06					
X0 X0 XXX					
12 Emily Ojard	9	Lakeview Christi	4-00.00	4-00.00	
4-00 4-03					
0 XXX					
12 Jillian Sajdak	12	South Ridge	4-02.00	4-00.00	
4-00 4-03					
0 XXX					
12 Rylee Kalkbrenner	9	Hermantown	3-10.00	4-00.00	
4-00 4-03					
0 XXX					

12 Rachel Bopp 4-00 4-03 0 XXX	10 Two Harbors	4-00.00	4-00.00
12 Paige Evans 4-00 4-03 0 XXX	10 Proctor	4-04.00	4-00.00
12 Dativah Majwega 4-00 4-03 0 XXX	8 Marshall (Duluth	4-05.00	4-00.00
18 Alicia Hall 4-00 4-03 X0 XXX	12 Duluth East	4-04.00	4-00.00
19 Ava Vee 4-00 4-03 XX0 XXX	9 Marshall (Duluth	4-02.00	4-00.00
19 Remington Olesiak 4-00 4-03 XX0 XXX	8 Cromwell-Wright	4-02.00	4-00.00
-- Elizabeth Swartz 4-00 XXX	7 Silver Bay		NH
-- Winnie Carmichael	9 Marshall (Duluth		DNS
-- Anna Foldesi	12 Duluth Denfeld		DNS

## Girls Pole Vault

Name	Year School	Seed	Finals	Points
1 Annabelle Eaton 5-00 5-06 6-00 6-06 7-00 7-06 8-00 P P P 0 0 0 0	11 Duluth East	8-00.00	8-00.00	10
2 Esther Miatke 5-00 5-06 6-00 6-06 7-00 7-06 8-00 P P P 0 0 0 XXX	10 Duluth East	8-00.00	7-06.00	8
3 Genevieve Lawson 5-00 5-06 6-00 6-06 7-00 7-06 8-00 P P 0 0 0 X0 XXX	11 Hastings	7-06.00	7-06.00	6
4 Olivia Schuster 5-00 5-06 6-00 6-06 7-00 0 0 0 0 XXX	9 Hastings	7-00.00	6-06.00	4.50
4 Azalea Steffes 5-00 5-06 6-00 6-06 7-00 0 P P 0 XXX	10 Duluth East	7-06.00	6-06.00	4.50
6 Claire Kloster 5-00 5-06 6-00 6-06 7-00 X0 0 0 0 XXX	12 Duluth Denfeld	6-06.00	6-06.00	3
7 Julia Miletich 5-00 5-06 6-00 6-06 7-00 0 0 XX0 0 XXX	10 Duluth Denfeld	6-00.00	6-06.00	2
-- Olivia Jutila	10 Moose Lake/Willo			DNS
-- Brooklyn Wasche	9 Moose Lake/Willo			DNS

## Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Trinity Giddings	10 Two Harbors	17-04.00	15-11.50	10
2 Elliana Magnus	9 Hastings	16-07.00	15-04.25	8
3 Halle Olson	11 Duluth East	14-09.00	14-04.75	6
4 Delaney Nelson	9 Two Harbors	15-05.75	14-00.00	5
5 Gabby Loucks	7 Carlton-Wrenshal	12-11.50	13-05.75	4
6 Kyra Bartholomew	12 Hastings	15-00.00	13-05.00	3
7 Alyssa Bauer	11 Hastings	15-00.00	13-04.50	2
8 Amari Nunez	12 Hermantown	14-01.50	13-03.50	1
9 Evelyn Johnson	11 Moose Lake/Willo	14-03.50	12-07.50	

10	Mariah Hernesman	11	Marshall (Duluth	13-08.00	12-07.50
11	Holly Chesbrough	11	Moose Lake/Willo	13-10.00	12-04.50
12	Molly Sheda	9	Carlton-Wrenshal	12-01.50	12-04.00
13	Nadia Tessier	9	Carlton-Wrenshal	13-04.00	12-02.50
14	Caitlin Cox	10	Hermantown	13-03.00	11-09.00
15	Amaria Williams	11	Duluth Denfeld	12-06.50	11-08.00
16	Anja Erickson	9	Duluth East	13-00.25	11-03.50
17	Jamie Ehresman	11	Proctor	11-04.50	11-02.50
18	Abby Schunk	11	Proctor	12-02.50	11-02.25
19	Alexa Van Loon	10	Hermantown	10-03.50	11-00.00
20	Ofelia Campbell	9	Duluth East	11-08.00	10-11.00
21	Ella Walker	11	Proctor	11-10.75	10-08.50
22	Milla Beldo	11	Duluth Denfeld	11-05.00	10-08.00
23	Remington Olesiak	8	Cromwell-Wright	11-06.00	10-07.25
24	Ava Vee	9	Marshall (Duluth	13-03.50	10-02.25
--	Bianca McGiffert	12	Marshall (Duluth	12-08.50	DNS
--	India Johnson	11	Moose Lake/Willo		DNS
--	Siiena Anderson	10	Cromwell-Wright	14-09.00	DNS
--	Elle Widda	7	South Ridge	11-01.00	DNS

## Girls Triple Jump

Name	Year	School	Seed	Finals	Points	
1	Karly Holm	12	Two Harbors	33-05.00	31-07.00	10
2	Alyssa Bauer	11	Hastings	32-00.00	30-09.50	8
3	Halle Olson	11	Duluth East	30-09.00	30-06.75	6
4	Carlee Kordosky	10	Hastings	33-11.25	30-06.50	5
5	Emily Podulke	11	Hastings	31-10.00	29-11.25	4
6	Lauren Johnson	11	Proctor		29-09.75	3
7	Brooklyn Nelson	9	Two Harbors	31-00.50	28-11.00	2
8	Abby Regstad	11	Marshall (Duluth	29-03.50	28-09.00	1
9	Kenna Ridge	12	South Ridge	27-07.50	28-02.50	
10	Nadia Tessier	9	Carlton-Wrenshal	29-01.50	28-02.25	
11	Lilly Talarico	8	Proctor	29-09.00	28-02.00	
12	Holly Chesbrough	11	Moose Lake/Willo	29-05.50	28-00.75	
13	Raina Thomas	10	Duluth East	29-04.00	27-10.50	
14	Evelyn Johnson	11	Moose Lake/Willo	28-09.50	27-01.50	
15	Siri Pilate	11	Duluth East	27-08.50	26-11.50	
16	Mya Gronner	11	Cromwell-Wright	27-06.50	26-10.50	
17	Jasmine Wu	12	Lakeview Christi	28-01.00	26-08.50	
18	Juleauna Johnson	8	Carlton-Wrenshal	28-03.00	25-03.50	
19	Rylee Kalkbrenner	9	Hermantown	25-02.00	25-00.50	
19	Macie Lind	11	Cromwell-Wright	29-09.00	25-00.50	
21	Amaria Williams	11	Duluth Denfeld		24-07.50	
22	Madison Twaddle	12	Proctor	26-04.00	24-06.25	
23	Milla Beldo	11	Duluth Denfeld		24-05.00	
--	Avie Murray	11	Proctor	21-05.00	FOUL	

## Girls Shot Put

Name	Year	School	Seed	Finals	Points	
1	Emma Herstad	12	Hermantown	34-10.25	33-10.00	10
2	Jolie Pettit	11	Hastings	31-08.00	30-09.50	8
3	Gabby Belrose	11	Hermantown	29-09.50	30-06.00	6
4	Mikayla Schuster	11	Hastings	30-01.00	29-00.00	5
5	Monica Cheney	11	Hastings	29-11.00	28-11.00	4
6	Alyssa Yokom	12	Hermantown	28-10.25	28-09.00	3
7	Julia Peterson	10	Carlton-Wrenshal	31-00.50	28-01.00	2
8	Kari Rice	12	Mcgregor	29-07.50	28-00.00	1
9	Hosanna Desulme	11	Duluth East	26-06.25	26-06.00	
10	Mya Gronner	11	Cromwell-Wright	13-00.00	26-00.00	
11	Ray Anderson	10	Marshall (Duluth	28-01.00	25-06.00	
12	Grace Matvey	10	Lakeview Christi	26-09.00	25-05.50	

13	Lola Witty	9	Proctor	28-03.50	25-05.00
14	Lorelyn Nelson	11	Duluth East	28-02.50	25-04.00
15	Bella Baker	9	Marshall (Duluth	23-04.00	25-03.00
16	Shea Bradley	12	Duluth East	26-02.25	25-02.00
17	Zoe Kacures	9	Cook County	24-03.00	23-11.00
18	kiara Ridge	10	South Ridge	25-02.00	23-06.00
19	Brynn von Goertz	7	Two Harbors	23-01.00	23-05.00
20	Cesi Giron	9	Duluth Denfeld	21-11.50	22-10.00
20	Emily Bernard	11	South Ridge	23-02.00	22-10.00
22	Ivy Henderson	12	Proctor	22-08.00	22-05.00
23	Christina Kaiser	9	Silver Bay	24-09.00	21-07.50
24	Addison Miner	9	Duluth Denfeld	19-11.50	21-07.00
24	Emma Peterson	12	Carlton-Wrenshal	22-09.50	21-07.00
26	Abigael Burk	10	Mcgregor	22-02.00	20-06.00
27	Emma Johnson	7	Lakeview Christi		20-03.00
28	Vera Brown	7	Carlton-Wrenshal	18-04.50	19-06.00
29	Grace Blomberg	10	Cook County	19-03.00	19-04.50
30	Elissa Donahue	11	Proctor	17-00.00	18-04.00
31	Hailey Radle	12	Two Harbors	18-11.00	18-01.00
32	Kjersti Hansen	8	Silver Bay	17-08.00	17-09.00
33	Rhys Riggie	10	South Ridge	19-05.00	17-06.00
34	Avah Haberman	8	Lakeview Christi		17-00.00
35	Louise De Rooij	11	Moose Lake/Willo		16-09.00

## Girls Discus Throw

Name	Year	School	Seed	Finals	Points	
1	Elise Harriman	12	Hermantown	122-07	107-07	10
2	Julia Peterson	10	Carlton-Wrenshal	97-08	96-02	8
3	Rylee Kimmes	10	Hastings	87-05	92-05	6
4	Kari Rice	12	Mcgregor	97-03	90-09	5
5	Lauren Whitfield	10	Hastings	105-03	90-03	4
6	Claire Kloster	12	Duluth Denfeld	83-10	87-10	3
7	Emma Herstad	12	Hermantown	86-02	85-01	2
8	Alyssa Yokom	12	Hermantown	89-09	79-05	1
9	Ray Anderson	10	Marshall (Duluth	84-00	76-09	
10	Shea Bradley	12	Duluth East	76-09	76-06	
11	Grace Matvey	10	Lakeview Christi	85-10	73-09	
12	Emma Peterson	12	Carlton-Wrenshal	86-07	73-02	
13	Monica Cheney	11	Hastings	85-04	72-10	
14	Emily Bernard	11	South Ridge	69-01	70-10	
14	kiara Ridge	10	South Ridge	80-07	70-10	
16	Sage Hennen	9	South Ridge	76-02	70-08	
17	Brynn von Goertz	7	Two Harbors	65-04.50	68-03	
18	Kalina Dimitrova	11	Cook County	71-08	64-00	
19	Logan Anderson	12	Duluth East	63-07	63-05	
20	Abby Meller	9	Lakeview Christi	56-05	62-08	
21	Rebekah Ojard	10	Lakeview Christi	74-08	61-10	
22	Hosanna Desulme	11	Duluth East	70-07	61-07	
23	Zoe Kacures	9	Cook County		54-00	
24	Christina Kaiser	9	Silver Bay	58-08	52-07	
25	Abigael Burk	10	Mcgregor	55-06	51-04	
26	Cesi Giron	9	Duluth Denfeld	56-04	48-06	
27	Ivy Henderson	12	Proctor	61-02	47-05	
28	Addison Miner	9	Duluth Denfeld	42-02	46-04	
29	Kjersti Hansen	8	Silver Bay	45-06	43-01	
30	Grace Blomberg	10	Cook County	38-00	42-10	
31	Hailey Radle	12	Two Harbors	42-11	40-11	
32	Jennifer Saari	7	Carlton-Wrenshal	45-05	36-04	

## Boys 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
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1	Jonathan Bezdicek	12	Hastings	11.08	11.10	6	10
2	Lane Hoffman	9	Hastings	11.20	11.16	6	8
3	Tate Nelson	10	Two Harbors	11.16	11.23	6	6
4	Taye Manns	10	Duluth Denfeld	11.62	11.74	6	5
5	Payton Burow	12	Hastings	11.55	11.77	6	4
6	Broc Sundland	12	Hermantown	12.03	11.97	5	3
7	Liam Schoenberg	12	Cromwell-Wright	12.10	12.00	5	2
8	John Ramberg	12	Duluth East	11.90	12.03	5	1
9	Drew Grochowski	11	Proctor	11.50	12.04	6	
10	Cash Williams	11	Silver Bay	11.75	12.06	6	
11	Jaxsyn Schmidt	11	Moose Lake/Willo	12.10	12.12	5	
12	Max Hedger	9	Duluth East	12.33	12.22	5	
13	Carter St. Germaine	12	Proctor	11.60	12.31	6	
14	Tommy DeChantal	9	Two Harbors	12.44	12.34	4	
15	Jackson Thompson	12	Moose Lake/Willo	12.37	12.36	5	
16	Mace Brooks	11	Duluth Denfeld	12.35	12.37	5	
17	Jasper Williams	9	Marshall (Duluth	12.57	12.45	4	
18	Ayden Althaus	11	Silver Bay	12.41	12.54	4	
19	Ty McCall	11	Marshall (Duluth	12.27	12.61	5	
20	Myles Pearson	9	Carlton-Wrenshal	12.84	12.77	3	
21	Preston Dallek	10	Duluth East	12.83	12.79	3	
22	Leif Windoffer	11	Moose Lake/Willo	12.66	12.88	4	
23	Steven Supocci	12	South Ridge	13.29	12.96	3	
24	Brandon Dickey	11	Cromwell-Wright	12.69	13.16	4	
25	Finnley Taylor	10	Cook County	13.42	13.20	3	
26	Cameron Poe-Johnson	7	Two Harbors	12.80	13.25	4	
27	Zach Thorsten	11	Hermantown	13.23	13.29	3	
28	Hartley Pearson	7	Carlton-Wrenshal	13.73	13.30	2	13.293
29	Gabe Johnson	11	Duluth Denfeld	13.19	13.30	3	13.294
30	Rylan Brown	10	Cook County		13.45	1	
31	Connor Fure	11	Hermantown	12.65	13.55	4	
32	Jack Irving	10	Cromwell-Wright	12.87	13.63	3	
33	Lukas White	9	Proctor		13.70	1	
34	Marcus Israelson	7	South Ridge	14.14	14.06	2	
35	Eddie Larson	9	Cook County	13.50	14.17	3	
36	Alex Gillette	9	Carlton-Wrenshal	14.55	14.83	2	
37	Levi Ruotsalainen	8	South Ridge	14.70	14.98	2	
38	Jack Hermanson	9	Lakeview Christi		15.18	1	
39	Trenton Fudally	9	Lakeview Christi	14.85	15.33	2	
40	Keaton Larson	8	Lakeview Christi		15.48	2	
41	Remy Braun	10	Silver Bay	16.66	17.45	2	
--	Aidan Adamski	10	Marshall (Duluth	12.78	DNS	4	

## Boys 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points	
1	Jonathan Bezdicek	12	Hastings	22.67	22.17	6	10
2	Lane Hoffman	9	Hastings	22.46	22.43	6	8
3	Tate Nelson	10	Two Harbors	23.14	23.15	6	6
4	Payton Lee-Dean	11	Hastings	22.70	23.50	6	5
5	Cam Nelson	12	Two Harbors	24.65	24.15	5	4
6	John Ramberg	12	Duluth East	24.20	24.20	6	3
7	Donovin Wittenberg	10	Duluth East	24.47	24.23	5	2
8	Jaxsyn Schmidt	11	Moose Lake/Willo	24.50	24.35	5	1
9	Ryan Christiansen	12	Cook County	24.37	24.46	5	
10	Wesley Ward	12	Carlton-Wrenshal	25.00	24.47	5	
11	Cash Williams	11	Silver Bay	24.75	24.66	5	
12	Landan Ruotsalainen	11	South Ridge	24.97	24.84	5	
13	Braden Mehle	12	Proctor	25.40	25.38	4	
14	Kaden Dixon	11	Duluth Denfeld	26.03	25.51	3	
15	Will Arnold	11	Mcgregor	25.18	25.61	4	
16	Ty McCall	11	Marshall (Duluth	25.13	25.70	4	
17	Trenton Bonin	10	Lakeview Christi	26.50	25.84	3	
18	Preston Dallek	10	Duluth East	26.08	25.87	3	

19 Ben Rex	12 Cook County	26.55	25.89	3
20 Brandon Dickey	11 Cromwell-Wright	25.93	26.08	4
21 Myles Pearson	9 Carlton-Wrenshal	25.94	26.24	4
22 Leif Windoffer	11 Moose Lake/Willo	26.85	26.35	3
23 Isaiah Tanui	9 Duluth Denfeld	26.45	26.49	3
24 Dustin Grangruth	10 South Ridge	29.20	26.93	2
25 Connor Fure	11 Hermantown		27.22	1
26 Finnley Taylor	10 Cook County	27.33	27.24	3
27 Wyatt Scott	10 Hermantown		27.31	1
28 Steven Supocci	12 South Ridge		27.37	1
29 Jack Irving	10 Cromwell-Wright	27.15	27.56	3
30 Jian Sundvall	11 Marshall (Duluth	27.87	27.78	2
31 Kale Hackensmith	9 Silver Bay	28.60	28.30	2
32 Nicky Dickey	9 Cromwell-Wright	29.80	29.89	2
33 Thomas Carlson	Carlton-Wrenshal	30.20	29.97	2
34 Joey Gregorich	9 Marshall (Duluth	27.48	30.96	2
35 Carson Franzen	11 Lakeview Christi	32.94	32.79	2
-- Ayden Althaus	11 Silver Bay	25.44	DNS	4
-- Carter Bechthold	12 Lakeview Christi	25.49	DNS	4
-- Laykn Lyons	9 Proctor	24.10	DNS	6
-- Gavin Tabbert	11 Proctor	23.80	DNS	6
-- Taye Manns	10 Duluth Denfeld	24.15	DNS	6
-- Tanner Homstad	9 Hermantown	26.01	DNS	4
-- Alejandro Rivera	9 Two Harbors	28.39	DNS	2
-- Chase Clausen	10 Moose Lake/Willo	24.91	DNS	5

## Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Roma Jacques	12 Cromwell-Wright	52.57	51.63	5	10
2 Sebastian Strauss	9 Hastings	52.60	53.45	5	8
3 Donovin Wittenberg	10 Duluth East	53.48	53.66	5	6
4 Jack Cloutier	10 Hastings	55.16	53.97	5	5
5 Wesley Ward	12 Carlton-Wrenshal	55.33	54.06	5	4
6 Blake Schmitz	12 Hermantown	54.05	54.28	5	3
7 William Foldesi	11 Duluth Denfeld	56.67	55.72	4	2
8 Ayden Althaus	11 Silver Bay	56.17	56.48	4	1
9 Braden Mehle	12 Proctor	55.00	56.77	5	
10 Wyatt Johnson	12 Duluth East	57.87	56.82	4	
11 Ben Rex	12 Cook County	59.06	57.46	3	
12 Dominick DeJarlais	11 Hermantown	56.57	57.52	4	
13 Chase Clausen	10 Moose Lake/Willo	56.27	58.08	4	
14 Noah Wise	9 Hermantown	1:00.08	58.70	3	
15 Luke DesCombaz	11 Duluth East	58.37	58.99	3	
16 Will Arnold	11 Mcgregor	1:01.20	59.51	3	
17 Gavin Tabbert	11 Proctor	54.00	59.54	5	
18 Jed Carlson	10 Hastings	57.00	1:00.01	4	
19 Jonas Martinelli	11 Marshall (Duluth	1:03.88	1:00.49	2	
20 Jack Irving	10 Cromwell-Wright	58.57	1:00.80	3	
21 Rylan Brown	10 Cook County		1:01.49	1	
22 Matt Joki	10 South Ridge	1:02.21	1:01.95	2	
23 Ben Wright	9 Lakeview Christi	1:05.30	1:02.04	2	
24 Dustin Grangruth	10 South Ridge	1:02.31	1:03.46	2	
25 Jian Sundvall	11 Marshall (Duluth		1:03.53	1	
26 Jacob Jennings	10 Duluth Denfeld	1:08.24	1:05.04	2	
27 Alejandro Rivera	9 Two Harbors	1:02.94	1:05.20	2	
28 Eddie Larson	9 Cook County	1:16.01	1:05.70	1	
29 Noah Loban	12 Lakeview Christi	1:05.15	1:07.28	2	
30 Anders Erickson	7 Carlton-Wrenshal	1:04.00	1:11.85	2	
31 Carson Franzen	11 Lakeview Christi	1:12.52	1:12.05	1	
32 Isaiah Smith	7 Silver Bay	1:13.49	1:14.99	1	
33 Cordell Paulson	11 South Ridge	1:00.33	1:21.59	3	
34 Alexander Wang	10 Carlton-Wrenshal	1:29.46	1:25.95	1	
-- Hunter Elliot	12 Two Harbors		DNS	1	

-- Aaron Chesney	9	Duluth Denfeld	57.33	DNS	4
-- Eli Youngs	10	Moose Lake/Willo	57.91	DNS	4
-- Jarek Casperson	10	Cromwell-Wright	58.81	DNS	3
-- Eliot Rains	11	Marshall (Duluth	1:11.00	DNS	1
-- Laykn Lyons	9	Proctor	1:00.00	DNS	3

## Boys 800 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1 Ben Westholm	11	Duluth East	2:04.47	2:04.30	2	10
2 Jack Riley	11	Carlton-Wrenshal	2:07.81	2:05.42	2	8
3 Sam Blascyk	11	Duluth East	2:09.60	2:06.10	2	6
4 Daniel Millner	12	Hastings	2:03.61	2:07.95	2	5
5 Addison Kent	12	Duluth East	2:07.89	2:08.84	2	4
6 Parker Jackson	12	Mcgregor	2:18.26	2:10.27	2	3
7 Aidan Stoltz	11	Hastings	2:15.00	2:12.72	2	2
8 Darian Morgart	12	Mcgregor	2:09.64	2:14.48	2	1
9 Elijah Smith	10	Two Harbors	2:16.81	2:14.88	2	
10 Isaac Sushoreba	12	Proctor	2:15.00	2:15.17	2	
11 Michael Schiller	10	Cromwell-Wright	2:22.99	2:18.14	2	
12 David Tuttle	10	Carlton-Wrenshal	2:20.00	2:19.31	2	
13 Nathan Easty	9	Lakeview Christi	2:22.55	2:20.55	2	
14 Max Sampson	11	Mcgregor	2:21.24	2:21.06	2	
15 Tyler Zupancich	12	Marshall (Duluth		2:27.13	1	
16 Luke Johnson	12	Two Harbors	2:42.34	2:28.47	1	
17 Ben Johnson	11	Proctor	2:41.00	2:32.71	1	
18 Karl Tuttle	9	Carlton-Wrenshal	2:29.24	2:34.17	1	
19 Olen Skafte	9	Marshall (Duluth	2:46.75	2:48.42	1	
20 Keaton Larson	8	Lakeview Christi	3:02.00	2:50.11	1	
21 Mason Archibald	11	Proctor	3:03.74	2:56.20	1	
22 Garrett Plummer	7	Cook County	2.00	2:56.44	1	
23 Jackson Saburn	11	Duluth Denfeld	3:32.30	3:23.91	1	
-- Darren Larson	8	South Ridge	3:12.74	DNS	1	
-- Lee Morris	8	South Ridge	3:07.44	DNS	1	
-- Brayden Rock	12	Duluth Denfeld	2:24.54	DNS	1	
-- Finn Caturia	10	Hastings	2:27.00	DNS	1	
-- Jonas Martinelli	11	Marshall (Duluth	2:21.20	DNS	2	
-- Jarek Casperson	10	Cromwell-Wright	2:18.25	DNS	2	
-- General Higgins	8	Cook County	2:41.57	DNS	1	
-- Luke Price.	8	South Ridge	2:43.54	DNS	1	
-- Grant Oberg	8	Cook County	2:38.31	DNS	1	

## Boys 1600 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1 Noah Foster	12	Cromwell-Wright	4:30.75	4:30.91	2	10
2 Ian Thorpe	12	Two Harbors	4:40.23	4:32.56	2	8
3 Jack Riley	11	Carlton-Wrenshal	4:39.97	4:35.55	2	6
4 Charles Juntunen	12	Duluth Denfeld	4:52.28	4:40.48	2	5
5 Daniel Millner	12	Hastings	4:38.89	4:41.49	2	4
6 Parker Jackson	12	Mcgregor	5:00.27	4:43.75	2	3
7 Tristan Herbst	9	Hastings	4:48.03	4:48.92	2	2
8 Phoenix Anderson	9	Cromwell-Wright	5:02.35	4:54.25	2	1
9 Mark Kaczmarczyk	12	Duluth East	5:02.08	4:55.03	2	
10 Cyrus Myers	12	Two Harbors	4:59.80	4:56.48	2	
11 Elijah Wozniak	11	Proctor	5:02.47	4:57.24	2	
12 Darian Morgart	12	Mcgregor	5:09.98	4:59.56	2	
13 Elijah Smith	10	Two Harbors	5:13.44	5:00.18	2	
14 Owen Blascyk	9	Duluth East	5:09.19	5:01.48	2	
15 Mark Goettel	9	Duluth East	5:06.85	5:01.60	2	
16 Nick Swartz	9	Silver Bay	5:14.10	5:05.73	2	
17 Tyler Morse	10	South Ridge	5:07.74	5:08.20	2	
18 Michael Schiller	10	Cromwell-Wright	5:13.45	5:12.30	2	

19	Brayden Schmidt	11	Cook County	5:15.63	5:13.15	2
20	Gabriel Peterson	9	Hastings	5:24.79	5:14.85	1
21	Max Sampson	11	Mcgregor	5:23.79	5:16.59	1
22	Stylianios Regas	12	Duluth Denfeld	5:27.54	5:19.90	1
23	Max Petry	10	Moose Lake/Willo	5:26.85	5:21.56	1
24	Josh Rock	10	Duluth Denfeld	5:19.76	5:33.73	1
25	Tyler Breitreutz	10	Hermantown	5:34.16	5:40.72	1
26	Abraham Stone	10	Hermantown		5:46.10	1
27	Adam Oberg	8	Cook County	5:38.00	5:47.53	1
28	Owen Erickson	12	South Ridge		5:48.52	1
29	Aidan Petrich	12	Hermantown	5:51.89	5:49.63	1
30	Alex Johnson	11	Proctor	5:53.00	5:51.25	1
31	Willard Wasche	7	Moose Lake/Willo	5:44.28	5:57.24	1
32	Lucas LeSarge	10	Proctor	5:58.00	6:04.18	1
33	Isaac Gagnon	12	South Ridge	6:05.46	6:11.29	1
34	Jack Hermanson	9	Lakeview Christi		6:52.89	1
--	Eliot Rains	11	Marshall (Duluth)		DNS	1
--	Kean Selin	12	Cook County	5:03.00	DNS	2
--	Jaehoon (Joe) Cho	11	Marshall (Duluth)	6:13.12	DNS	1
--	Tyler Zupancich	12	Marshall (Duluth)	6:07.18	DNS	1
--	Andrew Olesen	11	Carlton-Wrenshal	5:28.07	DNS	1

## Boys 3200 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Ian Thorpe	12	Two Harbors	10:12.42	10:15.41	10
2	Alex Burckhardt	10	South Ridge	10:19.64	10:21.24	8
3	Elliott Wasche	10	Moose Lake/Willo	10:39.26	10:28.79	6
4	Noah Quigley	11	Hastings	10:52.40	10:41.75	5
5	Joey Gustafson	9	Duluth East	11:04.78	10:46.25	4
6	Cyrus Myers	12	Two Harbors	11:09.59	10:53.53	3
7	Luis Kruchten	11	Duluth East		10:55.06	2
8	Russell Hill	9	Duluth East	11:00.46	10:57.22	1
9	Tristan Surbaugh	12	Cook County		11:11.83	
10	Santiago Lenz	11	Proctor		11:15.42	
11	Zach Warner	10	Hermantown	12:01.82	11:36.09	
12	William Carry	9	Hastings	12:23.77	11:37.72	
13	Lincoln Antikainen	9	South Ridge		11:41.52	
14	Chance Jacobsen	7	Cook County		11:42.74	
15	Aiden Gallagher	11	Proctor	11:49.81	11:51.06	
16	Gavin Gibson	10	Carlton-Wrenshal	12:09.99	11:53.40	
17	David Tireman	8	Hastings	12:17.16	12:04.18	
18	AJ Mattson	11	Two Harbors	12:25.89	12:12.51	
19	Haddon Taylor	12	Cook County	12.00	12:32.89	
--	Edward Buck	11	Marshall (Duluth)		DNS	

## Boys 110 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Cody Evers	11	Proctor	15.34	15.68	3 10
2	Cameron Pease	11	Proctor	16.79	16.67	3 8
3	Pete Saftner	10	Duluth East		17.04	3 6
4	Jared Hanson	11	Hastings	17.50	17.13	3 5
5	Isaac Clark	10	Hastings	17.96	17.56	3 4
6	John Fisk	11	Duluth Denfeld	18.90	18.70	3 3
7	Adili Elfundi	11	Duluth Denfeld	18.28	18.73	3 2
8	Avery Hoole	10	Duluth East	19.16	19.17	2 1
9	Tanner Collman	11	Cromwell-Wright	18.22	19.33	3
10	Zach Wunner	9	Hermantown	18.97	19.69	2
11	Will Fransen	9	Two Harbors	19.88	20.12	2
12	Lucas Chesbrough	9	Moose Lake/Willo	21.09	20.16	2
13	Sam Peyer	10	Duluth East	20.19	20.33	2
14	Gus Hahn	12	Cook County		20.62	1

15 Wyatt Scott	10 Hermantown	21.03	20.71	2
16 Brock Bauer	10 Duluth Denfeld	19.11	20.83	2
17 Nicky Dickey	9 Cromwell-Wright	21.79	21.71	1
18 Taylor Schmaltz	11 Hastings	21.99	22.19	1
19 Aidan Petrich	12 Hermantown	21.38	22.27	1
20 Eric Ellingson	10 Moose Lake/Willo	22.79	22.71	1
-- Carter Nelson	9 Two Harbors	19.20	DNS	2

## Boys 300 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Cameron Pease	11 Proctor	41.90	40.74	3	10
2 Jared Hanson	11 Hastings	41.27	40.75	3	8
3 Cody Evers	11 Proctor	42.90	43.26	3	6
4 Isaac Clark	10 Hastings	43.62	44.49	3	5
5 Pete Saftner	10 Duluth East	43.55	44.88	3	4
6 Tommy DeChantal	9 Two Harbors	45.64	45.90	3	3
7 Adili Elfundi	11 Duluth Denfeld	45.75	46.31	3	2
8 Tanner Collman	11 Cromwell-Wright	47.61	47.38	3	1
9 MaCoy Fairbanks	8 Cook County		47.96	1	
10 Will Fransen	9 Two Harbors	48.94	48.52	2	
11 Paavo Rova	11 Duluth East	48.57	49.21	2	
12 Zach Wunner	9 Hermantown	47.95	49.68	2	
13 Orien Eamonn	10 Duluth East	53.04	49.97	2	
14 Taylor Schmaltz	11 Hastings	51.13	51.15	2	
15 Gus Hahn	12 Cook County	53.54	51.49	1	
16 Luke Smith	9 Proctor	52.17	51.81	2	
17 Brock Bauer	10 Duluth Denfeld	51.21	51.99	2	
18 John Fisk	11 Duluth Denfeld	50.30	53.38	2	
19 Eric Ellingson	10 Moose Lake/Willo		57.54	1	
20 Aidan Petrich	12 Hermantown	55.78	58.44	1	
21 Kale Hackensmith	9 Silver Bay	55.53	58.46	1	
22 Domanic Warnecke	9 Two Harbors	1:00.13	1:01.02	1	
23 Rylyn Cooper	9 South Ridge	1:06.23	1:09.96	1	
-- Wyatt Scott	10 Hermantown	54.09	DNS	1	

## Boys 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Hastings 'A'	44.07	43.84	3	10
1) Payton Burow 12				
2) Jonathan Bezdicek 12				
3) Cole Zeien 10				
4) Lane Hoffman 9				
2 Moose Lake/Willow River 'A'	46.30	46.19	3	8
1) Jackson Thompson 12				
2) Chase Clausen 10				
3) Jaxsyn Schmidt 11				
4) Micah Thompson 9				
3 Duluth Denfeld 'A'	46.98	46.59	3	6
1) Luke Pearson 11				
2) Tyler Brannan 10				
3) Mace Brooks 11				
4) Tye Manns 10				
4 Two Harbors 'A'	48.00	47.09	3	5
1) Carter Nelson 9				
2) Cam Nelson 12				
3) Tommy DeChantal 9				
4) Tate Nelson 10				
5 Hastings 'B'	47.00	47.14	3	
1) Johnathan Vickney 10				
2) Xavier Beal 10				
3) Gunner Hanstad 9				
4) Matthew Foss 9				
6 Hermantown 'A'	48.04	48.06	3	4
1) Connor Fure 11				
2) Devin Kirchner 11				
3) Zach Thorsten 11				
4) Broc Sundland 12				
7 Cook County 'A'	49.53	48.46	2	3
1) Ben Rex 12				
2) MaCoy Fairbanks 8				
3) Kaleb Berka 10				
4) Ryan Christiansen 12				
8 Marshall (Duluth) 'A'	49.21	49.63	2	2
1) Aidan Adamski 10				
2) Ty McCall 11				
3) Jasper Williams 9				
4) Denzel Majwega 11				

9 Proctor 'A'	48.00	51.23	3	1
1) Drew Grochowski 11				
3) Nolan Okstad 11				
10 Proctor 'B'		52.48		1
1) Lukas White 9				
3) Jaydon Hendrickson 9				
11 Lakeview Christian Academy 'A'	53.21	52.85		2
1) Trenton Bonin 10				
3) Zach Johnson 9				
12 Duluth East 'A'	47.81	53.88		3
1) Soren Hanhan 10				
3) Will Packer 11				
13 Two Harbors 'B'	55.00	55.59		2
1) Dalton Seagren 9				
3) Domanic Warnecke 9				
14 Duluth Denfeld 'B'	53.56	56.87		2
1) Jacob Jennings 10				
3) Jak King 9				
15 South Ridge 'A'	56.22	58.03		1
1) Lincoln Antikainen 9				
3) James Brown 12				
16 Silver Bay 'A'	59.38	59.27		1
1) Ninarjen Hirani 8				
3) Isaiah Smith 7				
17 Carlton-Wrenshall 'A'	52.66	59.63		2
1) Thomas Carlson				
3) Hartley Pearson 7				

## Boys 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Hastings 'A'	1:33.80	1:36.47	3	10
1) Johnathan Vickney 10				
3) Sebastian Strauss 9				
2 Cromwell-Wright 'A'	1:40.29	1:38.85	3	8
1) Tanner Collman 11				
3) Liam Schoenberg 12				
3 Hastings 'B'	1:38.00	1:39.04		3
1) Xavier Beal 10				
3) Gunner Hanstad 9				
4 Cook County 'A'	1:43.50	1:40.90	3	6
1) MaCoy Fairbanks 8				
3) Ryan Christiansen 12				
5 Duluth East 'A'	1:38.73	1:42.81	3	5
1) Max Hedger 9				
3) Avery Hoole 10				
6 Proctor 'A'	1:43.00	1:45.14	3	4
1) Terrence Avey 9				
3) Laykn Lyons 9				
7 South Ridge 'A'	1:45.32	1:45.57	2	3
1) Dustin Grangruth 10				
3) Matt Joki 10				
8 Proctor 'B'		1:45.70		1
1) Jacob Barnstorf 11				
3) Nolan Okstad 11				
9 Lakeview Christian Academy 'A'	1:43.86	1:46.11	2	2
1) Carter Bechthold 12				
3) Gideon Kairos 9				
10 Duluth Denfeld 'B'	1:44.66	1:46.63	2	1
1) Gabe Johnson 11				
3) Aaron Chesney 9				
11 Duluth Denfeld 'A'	1:41.66	1:46.75		3
1) DaShawn Hartle 11				
3) Isaiah Tanui 9				

12 Duluth East 'B'	1:45.42	1:48.25	2
1) Soren Hanhan 10			
3) Will Packer 11			
13 Hermantown 'A'	1:36.33	1:50.12	3
1) Noah Blomquist 11			
3) Antonin Proulx 9			
14 Two Harbors 'A'	1:57.00	1:52.29	1
1) Dalton Seagren 9			
3) Josh Cruz 12			
15 Cook County 'B'	1:52.73	1:53.28	2
1) Eddie Larson 9			
3) Finn Taylor 10			
16 Carlton-Wrenshall 'A'	2:01.74	1:55.86	1
1) Thomas Carlson			
3) Karl Tuttle 9			
-- Marshall (Duluth) 'A'	1:56.40	DQ	2 2nd exchange
1) Cooper Chuang 9			
3) Elysee Beya 9			
2) Gaven Greshowak 9			
4) Aidan Hoeschen Ehrbright 9			
2) Cole Merritt 10			
4) Landon Criswick 10			
2) Colton Linden 8			
4) Cameron Poe-Johnson 7			
2) Gus Hahn 12			
4) General Higgins 8			
2) Alex Gillette 9			
4) Hartley Pearson 7			
2) Thomas Falgier 10			
4) Jian Sundvall 11			

## Boys 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Hastings 'A'	3:33.79	3:27.20	2	10
1) Jared Hanson 11				
3) Sebastian Strauss 9				
2 Cromwell-Wright 'A'	3:31.24	3:27.58	2	8
1) Roma Jacques 12				
3) Liam Schoenberg 12				
3 Duluth East 'B'	3:42.05	3:40.71	2	6
1) Donovan Wittenberg 10				
3) Zion Desulme 12				
4 Duluth East 'A'	3:37.61	3:41.94	2	
1) Sam Blascyk 11				
3) Addison Kent 12				
5 Proctor 'A'	3:42.00	3:43.54	2	5
1) Braden Mehle 12				
3) Isaac Sushoreba 12				
6 Hastings 'B'	3:43.00	3:46.73	2	
1) Jack Cloutier 10				
3) Jed Carlson 10				
7 Duluth Denfeld 'A'	3:43.95	3:46.96	2	4
1) Charles Juntunen 12				
3) Aaron Chesney 9				
8 Carlton-Wrenshall 'A'	3:51.64	3:51.19	1	3
1) Wesley Ward 12				
3) Myles Pearson 9				
9 Proctor 'B'	3:43.00	3:55.50	2	
1) Cody Evers 11				
3) Santiago Lenz 11				
10 Hermantown 'A'	3:58.06	4:05.52	1	2
1) Grant Johnson 9				
3) Dominick DeJarlais 11				
11 Cook County 'A'	4:05.00	4:08.70	1	1
1) Talon DeBoer 8				
3) Brayden Schmidt 11				
12 Lakeview Christian Academy 'A'	4:12.72	4:10.62	1	
1) Nathan Hjort 12				
3) Nathan Easty 9				
13 Duluth Denfeld 'B'	3:58.67	4:19.75	1	
1) Stylianos Regas 12				
3) Brayden Rock 12				
-- Marshall (Duluth) 'A'	4:40.92	DNS	1	
1) Eli O'Rourke 9				
3) Tyler Zupancich 12				
2) Zak McPhee 11				
4) Elijah Wozniak 11				
2) Grant Oberg 8				
4) Kaleb Berka 10				
2) Ben Wright 9				
4) Noah Loban 12				
2) Josh Rock 10				
4) Bridger Oestereich 9				
2) Jonas Martinelli 11				
4) Olen Skafte 9				

## Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Cromwell-Wright 'A'	8:28.38	8:21.05	10
1) Roma Jacques 12	2) Dylan Nyberg 10		
3) Phoenix Anderson 9	4) Noah Foster 12		
2 Duluth East 'A'	8:50.78	8:47.03	8
1) Luke DesCombaz 11	2) Oliver Miatke 12		
3) Wyatt Johnson 12	4) Joey Gustafson 9		
3 Moose Lake/Willow River 'A'	9:20.00	9:13.04	6
1) Elliott Wasche 10	2) Eli Youngs 10		
3) Isaac Stadin 9	4) Aiden Larson 12		
4 Hastings 'A'	9:00.00	9:17.81	5
1) Parker McGinnis 11	2) Aiden Reuter 9		
3) Ryan Prange 12	4) Ryder Ashcraft 9		
5 Duluth Denfeld 'A'	8:50.89	9:17.85	4
1) Luke Rosholt 11	2) Josh Rock 10		
3) Brayden Rock 12	4) William Foldesi 11		
6 Hermantown 'A'	9:36.04	9:46.48	3
1) Noah Blomquist 11	2) Tyler Breitreutz 10		
3) Zach Warner 10	4) Noah Wise 9		
7 Hastings 'B'		9:56.86	
1) Parker Stoltz 9	2) Peyton Thomas 9		
3) Brock Bauer 9	4) Ethan Hoff 9		
8 Proctor 'A'	10:20.10	9:57.82	2
1) Alex Johnson 11	2) Ben Johnson 11		
3) Alex Ruth 11	4) Toby Schunk 9		
9 Cook County 'A'	9:33.00	9:58.49	1
1) Kean Selin 12	2) Brayden Schmidt 11		
3) Grant Oberg 8	4) Tristan Surbaugh 12		
10 Lakeview Christian Academy 'A'	10:03.62	10:02.33	
1) Nathan Hjort 12	2) Ben Wright 9		
3) Noah Loban 12	4) Nathan Easty 9		
11 Carlton-Wrenshall 'A'	9:49.01	10:05.88	
1) Gavin Gibson 10	2) David Tuttle 10		
3) Andrew Olesen 11	4) Anders Erickson 7		
12 Proctor 'B'		10:24.23	
1) Gabe Bachke 10	2) Noah Deluca 11		
3) Ian Dobosenski 10	4) Lucas LeSarge 10		
13 Cook County 'B'	10:22.00	10:45.23	
1) Adam Oberg 8	2) Garrett Plummer 7		
3) Chance Jacobsen 7	4) Haddon Taylor 12		
14 Duluth Denfeld 'B'	10:07.54	11:08.11	
1) Kyle Larson 11	2) Gabe Buck 11		
3) Alex Gallant 11	4) Bridger Oestereich 9		
-- Marshall (Duluth) 'A'	10:37.37	DNS	
1) Jonas Martinelli 11	2) Eli O'Rourke 9		
3) Eliot Rains 11	4) Tyler Zupancich 12		

## Boys High Jump

Name	Year School	Seed	Finals	Points
1 Joe Sylvester	8 Duluth East	5-07.00	5-08.00	10
4-09 5-00 5-03 5-06 5-08 5-10				
P P O XO O XXX				
2 Blake Schmitz	12 Hermantown	5-06.00	5-06.00	8
4-09 5-00 5-03 5-06 5-08				
P P O O XXX				
3 Devin Kirchner	11 Hermantown	5-08.00	5-06.00	6
4-09 5-00 5-03 5-06 5-08				
P P O XO XXX				
4 Aidan Thibault	12 Duluth East	5-06.00	5-03.00	4.50



XXX  
 -- Isaac Ebeling 12 Hastings 11-00.00 NH  
 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06  
 P P P P P P P XXX  
 -- Gabe Buck 11 Duluth Denfeld 6-06.00 NH  
 7-00  
 XXX

Boys Long Jump

Name	Year School	Seed	Finals	Points
1 Wesley Ward	12 Carlton-Wrenshal	19-05.00	19-04.00	10
2 Tate Nelson	10 Two Harbors	19-05.50	18-09.25	8
3 Cody Evers	11 Proctor	17-04.00	18-06.00	6
4 Max Albertson	12 Hastings	20-06.00	18-03.50	5
5 Luke Pearson	11 Duluth Denfeld	18-06.00	17-08.75	4
6 Cole Zeien	10 Hastings	19-06.00	17-04.00	3
7 Tanner Collman	11 Cromwell-Wright	18-06.00	17-03.25	2
8 Tanner Homstad	9 Hermantown	19-05.50	17-03.00	1
9 Joe Sylvester	8 Duluth East	18-04.00	17-02.00	
10 Liu Newland	12 Duluth Denfeld	19-05.00	16-11.50	
11 Sebastian Strauss	9 Hastings	18-08.00	16-07.00	
12 Will Fransen	9 Two Harbors	17-01.00	15-11.75	
13 Cam Nelson	12 Two Harbors	17-09.00	15-10.50	
14 Nolan Okstad	11 Proctor	16-06.00	15-05.75	
15 Lucas Chesbrough	9 Moose Lake/Willo	17-06.00	15-05.50	
16 Ty McCall	11 Marshall (Duluth)	17-02.50	15-05.25	
17 Bridger Oestereich	9 Duluth Denfeld	16-02.00	15-04.75	
18 Dustin Grangruth	10 South Ridge	14-06.00	15-00.00	
19 Myles Pearson	9 Carlton-Wrenshal		14-07.25	
20 Rylan Brown	10 Cook County	15-07.00	14-03.75	
21 Grant Oberg	8 Cook County	13-02.50	14-03.50	
22 Xander Zuech	9 Duluth East	15-08.00	14-01.00	
23 Slayton Stroschein	12 South Ridge	16-04.50	13-10.75	
24 Rylyn Cooper	9 South Ridge	12-06.50	13-04.00	
24 Connor Fure	11 Hermantown		13-04.00	
26 Max Hedger	9 Duluth East	17-10.50	12-11.00	
27 Isaiah Smith	7 Silver Bay	12-01.00	11-01.00	
28 Nicky Dickey	9 Cromwell-Wright	13-03.00	11-00.50	
29 Eddie Larson	9 Cook County		9-01.75	
-- Zach Thorsten	11 Hermantown		DNS	
-- Jaxsyn Schmidt	11 Moose Lake/Willo		DNS	
-- Micah Thompson	9 Moose Lake/Willo		DNS	
-- Andrew Olesen	11 Carlton-Wrenshal	17-05.75	DNS	
-- Zach Johnson	9 Lakeview Christi	16-05.50	DNS	
-- Denzel Majwega	11 Marshall (Duluth)	17-05.25	DNS	
-- Thomas Falgier	10 Marshall (Duluth)		DNS	
-- Logan Linnum	11 Proctor	14-00.00	DNS	

Boys Triple Jump

Name	Year School	Seed	Finals	Points
1 Joe Sylvester	8 Duluth East	39-04.00	39-10.50	10
2 Max Albertson	12 Hastings	40-11.00	38-10.00	8
3 Liu Newland	12 Duluth Denfeld	38-00.25	36-07.00	6
4 Cole Zeien	10 Hastings	38-02.00	36-05.50	5
5 Tanner Homstad	9 Hermantown	38-05.50	36-00.25	4
6 Samuel Ashbaugh	12 Duluth East	35-03.00	34-10.75	3
7 Kaleb Berka	10 Cook County		33-11.00	2
8 Chase Pierce	10 Two Harbors	37-11.00	33-03.25	1
9 Xander Zuech	9 Duluth East	35-01.00	32-11.50	
10 Alex Ruth	11 Proctor	32-00.00	32-11.50	
11 Elijah Smith	10 Two Harbors	34-04.50	32-07.00	

12 Grant Johnson	9 Hermantown	31-11.00	32-04.00
13 Zach Wunner	9 Hermantown		31-09.50
14 Rylan Brown	10 Cook County		31-06.00
15 Karl Tuttle	9 Carlton-Wrenshal	32-08.00	31-05.50
16 Connor Barden	9 Mcgregor	31-07.00	30-11.25
17 Jack Irving	10 Cromwell-Wright	30-00.00	30-07.75
18 Charles Juntunen	12 Duluth Denfeld	30-05.50	29-10.25
19 Rylyn Cooper	9 South Ridge	22-07.50	24-05.00
-- Tyler Brochman	11 Hastings	37-04.00	FOUL
-- Phoenix Anderson	9 Cromwell-Wright	37-01.25	DNS
-- Micah Thompson	9 Moose Lake/Willo	37-02.50	DNS
-- Jarek Casperson	10 Cromwell-Wright	32-00.00	DNS
-- Zach Johnson	9 Lakeview Christi	36-10.50	DNS
-- Denzel Majwega	11 Marshall (Duluth	36-11.50	DNS

## Boys Shot Put

Name	Year School	Seed	Finals	Points
1 Josh Monreal	12 Proctor	48-03.00	48-07.50	10
2 Evan Senst	10 Hermantown	37-06.75	42-04.00	8
3 Brady Schubitzke	12 Duluth East	42-08.00	42-02.50	6
4 Liu Newland	12 Duluth Denfeld	43-09.50	40-11.50	5
5 Lucas Sorenson	11 Hastings	43-05.00	40-11.00	4
6 Parker Dallek	12 Duluth East	37-05.00	39-06.50	3
7 Josh Johnson	10 Lakeview Christi	38-09.50	39-02.00	2
8 Carter Svobodny	12 Duluth East	37-06.75	39-00.00	1
9 Jacen Nelson	12 Duluth Denfeld	35-05.75	38-10.00	
10 Rajon Gamble	10 Duluth Denfeld	36-05.00	38-10.00	
11 Sterling Trok	12 Hermantown		37-01.00	
12 JP Mesojedec	12 Moose Lake/Willo	40-00.00	36-07.50	
13 Aiden Scoggin	11 Two Harbors	39-08.00	36-06.00	
14 Tyler Mills	11 Carlton-Wrenshal	34-00.50	36-05.00	
15 Aidan Adamski	10 Marshall (Duluth	38-05.50	35-11.00	
15 Arlo Christensen	11 Cook County	32-04.50	35-11.00	
17 Matthew Bohnsack	9 Moose Lake/Willo	36-03.00	35-09.00	
18 Raymond Hartman	12 Hastings	37-03.00	35-03.00	
19 Jacob Reuter	10 Hastings	36-02.00	34-10.00	
20 Quinn Schnabel	12 Proctor	36-04.00	34-09.00	
21 Zach Ploetz	12 Hermantown	35-11.00	34-04.50	
22 Calvin Battees	11 Cook County	33-07.00	34-03.00	
23 Jacob Widde	11 Marshall (Duluth	33-05.00	32-09.50	
24 Wyatt Goranson	11 Cromwell-Wright	34-05.00	32-03.00	
25 Chase Pierce	10 Two Harbors	33-10.00	31-06.00	
26 Isaiah Arvola	10 South Ridge	29-02.00	30-11.00	
27 Will Arnold	11 Mcgregor	29-07.75	29-08.00	
27 John Schiller	11 Cromwell-Wright	33-06.50	29-08.00	
29 Gavin Kari	11 Lakeview Christi	29-04.00	28-07.00	
30 Connor Barden	9 Mcgregor	28-07.00	28-06.00	
31 Dain Thompson	8 Silver Bay	27-08.00	27-09.00	
31 Kaiden Eilen	10 Moose Lake/Willo		27-09.00	
33 Kaden Thronson	10 South Ridge	32-02.00	27-06.00	
34 Matthew Shaw	8 Carlton-Wrenshal	28-08.25	27-05.00	
35 Max Hanni	11 Cromwell-Wright	27-09.00	26-05.00	
36 Ashton Kaivola	10 South Ridge	25-08.00	24-05.00	
37 Ethan Meller	11 Lakeview Christi	24-11.50	22-03.00	
38 Johnnie Backen	10 Two Harbors	20-00.00	18-10.00	
-- Brett Pampuch	12 Proctor	36-10.00	FOUL	
-- Ben Rex	12 Cook County	30-04.50	DNS	

## Boys Discus Throw

Name	Year School	Seed	Finals	Points
1 Josh Monreal	12 Proctor	146-11	145-02	10

2	Carter Svobodny	12	Duluth East	134-00	139-02	8
3	Zak McPhee	11	Proctor	128-05	123-11	6
4	Josh Johnson	10	Lakeview Christi	121-08	122-00	5
5	Evan Senst	10	Hermantown	114-09	119-00	4
6	Quinn Schnabel	12	Proctor	121-10	115-02	3
7	Tom Lampela	10	Two Harbors	112-03	113-00	2
8	Lucas Sorenson	11	Hastings	128-01	113-00	1
9	Ben Bandy	11	Duluth Denfeld	122-04	111-03	
10	Jacob Reuter	10	Hastings	107-08	110-08	
11	Raymond Hartman	12	Hastings	102-09	105-06	
12	Aidan Adamski	10	Marshall (Duluth	114-10	104-01	
13	Calvin Battees	11	Cook County	90-06	102-04	
14	Brady Schubitzke	12	Duluth East	106-08	101-11	
15	Kaden Thronson	10	South Ridge	98-11	96-11	
16	Jack Jaros	11	Hermantown	70-03	96-06	
17	Arlo Christensen	11	Cook County	90-07	93-01	
18	Wyatt Goranson	11	Cromwell-Wright	102-03	92-10	
18	Preston Routh	11	Duluth East	103-07	92-10	
20	Wyatt Picconatto	11	Hermantown	87-02	92-09	
21	Jacob Widde	11	Marshall (Duluth	89-09	92-00	
22	Addison McKay	11	Duluth Denfeld	90-05	91-01	
23	Aiden Scoggin	11	Two Harbors	94-01	89-06	
24	Matthew Bohnsack	9	Moose Lake/Willo	89-02	88-09	
25	Connor Barden	9	Mcgregor	85-07	88-06	
26	Tyler Mills	11	Carlton-Wrenshal	98-01	85-04	
27	Chase Pierce	10	Two Harbors	93-06	82-02	
28	Ian Tanui	11	Duluth Denfeld	86-06	81-10	
29	Isaiah Arvola	10	South Ridge	81-11	81-02	
30	John Schiller	11	Cromwell-Wright	90-09	77-08	
31	JP Mesojedec	12	Moose Lake/Willo	102-08	76-00	
32	Niko Battees	8	Cook County	66-01	74-08	
33	Max Hanni	11	Cromwell-Wright	73-07	72-06	
34	Darby Dwyer	10	Marshall (Duluth	74-05.50	70-08	
35	Dain Thompson	8	Silver Bay	78-01	70-02	
36	Kaiden Eilen	10	Moose Lake/Willo		69-06	
37	Ashton Kaivola	10	South Ridge	71-10.50	69-05	
38	Ethan Meller	11	Lakeview Christi	67-04	60-04	
39	Matthew Shaw	8	Carlton-Wrenshal	66-05	58-00	
40	Gavin Kari	11	Lakeview Christi	66-07	51-00	
41	Alexander Wang	10	Carlton-Wrenshal	37-00	38-05	

Women - Team Rankings - 18 Events Scored

1)	Hastings	171	2)	Duluth East	136
3)	Two Harbors	115	4)	Hermantown	75
5)	Proctor	57	6)	Carlton-Wrenshall	31
7)	Mcgregor	29	8)	Lakeview Christian Academ	23
8)	Silver Bay	23	10)	Moose Lake/Willow River	18
11)	Duluth Denfeld	10	12)	South Ridge	8
13)	Marshall (Duluth)	4	14)	Cook County	1

Men - Team Rankings - 18 Events Scored

1)	Hastings	168	2)	Duluth East	132.50
3)	Proctor	84	4)	Two Harbors	56
5)	Cromwell-Wright	52	6)	Duluth Denfeld	49
7)	Hermantown	48	8)	Moose Lake/Willow River	37.50
9)	Carlton-Wrenshall	31	10)	Cook County	13
11)	South Ridge	11	12)	Lakeview Christian Academ	9
13)	Mcgregor	7	14)	Marshall (Duluth)	2
15)	Silver Bay	1			