

# RULES AND PROCEDURES

2018 - 19 U.S. Ski and Snowboard Central Division



## RULES AND PROCEDURES

<b>U.S. SKI AND SNOWBOARD CENTRAL DIVISION RULES .....</b>	<b>4</b>
GEOGRAPHIC AFFILIATION/DESIGNATION .....	4
U.S. SKI AND SNOWBOARD CODE OF CONDUCT .....	5
CENTRAL SPECIFIC APPEALS PROCESS .....	7
RACER AGE CLASSIFICATION .....	7
<b>REGION RACING IN CENTRAL .....</b>	<b>7</b>
<b>MID-AMERICA SERIES – MICHIGAN TECH.....</b>	<b>8</b>
RULES FOR ENTRY.....	8
MID AMERICA CUP STANDINGS .....	8
MID AMERICA SERIES AWARDS.....	9
<b>CENTRAL DIVISION FIS CHAMPIONSHIPS .....</b>	<b>9</b>
AWARDS .....	9
CARRUTHERS CUP .....	9
<b>OUT OF DIVISION FIS RACING .....</b>	<b>10</b>
NATIONAL MEET ENTRY PROGRAM .....	10
FIS EVENTS INTENT SYSTEM FOR RACING OUT OF THE CENTRAL DIVISION .....	10
EAST, ROCKY AND WEST FIS RACING .....	10
<b>OUT OF DIVISION SCORED AND NON-SCORED RACING.....</b>	<b>11</b>
U.S. SKI AND SNOWBOARD EVENTS INTENT SYSTEM FOR RACING OUT OF THE CENTRAL DIVISION .....	11
<b>NORAM CUP SERIES.....</b>	<b>12</b>
ELIGIBILITY.....	12
SELECTION PROCEDURES .....	12
QUOTAS .....	12
<b>U.S. ALPINE CHAMPIONSHIPS.....</b>	<b>13</b>
SELECTION PROCEDURE .....	14
START RIGHTS .....	14
<b>U.S. ALPINE JUNIOR NATIONALS.....</b>	<b>15</b>
<b>ROCKY/CENTRAL U19/U21 FIS JR CHAMPIONSHIPS.....</b>	<b>15</b>
<b>CENTRAL DIVISION BOB HOSKING U16 JUNIOR CHAMPIONSHIPS .....</b>	<b>16</b>
ENTRY PROCEDURES .....	16
U16 REQUIREMENTS .....	16
U16 SCHEDULE .....	16
SEEDING AT THE U16 CHAMPIONSHIPS.....	16
U16 AWARDS .....	16
<b>CENTRAL DIVISION BOB HOSKING U14 JUNIOR CHAMPIONSHIPS .....</b>	<b>17</b>
ENTRY PROCEDURES .....	17
U14 REQUIREMENTS .....	17
U14 SCHEDULE .....	17
SEEDING AT THE U14 CHAMPIONSHIPS.....	17
U14 AWARDS .....	17

**ROCKY/CENTRAL U16 JUNIOR CHAMPIONSHIPS..... 18**

    SEEDING FOR U.S. SKI AND SNOWBOARD ROCKY CENTRAL U16 JUNIOR CHAMPIONSHIPS..... 19

    SELECTIONS FROM RC U16 JUNIOR CHAMPIONSHIPS TO THE U16 NATIONAL CHAMPIONSHIPS ..... 19

    QUOTAS ..... 19

    SELECTION..... 19

**ROCKY/CENTRAL U14 JUNIOR CHAMPIONSHIPS..... 20**

    U16 NATIONAL CHAMPIONSHIPS SELECTIONS FROM THE RC U14 JUNIOR CHAMPIONSHIPS ..... 21

    QUOTAS ..... 21

    SELECTION..... 21

    U14 EASTERN CAN AM SELECTIONS FROM THE RC U14 JUNIOR CHAMPIONSHIPS..... 21

    ROCKY/CENTRAL QUOTA FOR THE EVENT IS 5 MEN AND 5 WOMEN. .... 21

**CENTRAL TEAMS: CENTRAL ALL-STARS AND TEAM CENTRAL ..... 22**

    MISSION STATEMENT FOR CENTRAL ALL-STARS & TEAM CENTRAL ..... 22

    VISION STATEMENT FOR CENTRAL ALL-STARS & TEAM CENTRAL ..... 22

    THE CENTRAL ALL-STARS SELECTION CRITERIA: ..... 22

    THE TEAM CENTRAL SELECTION CRITERIA ..... 23

    CENTRAL TEAMS BENEFITS..... 23

**U19 MEN'S NATIONAL PERFORMANCE SERIES..... 24**

**SELECTIONS TO U16 NPS..... 24**

    U16 NATIONAL PERFORMANCE SERIES..... 24

    ROCKY/CENTRAL SELECTIONS TO U16 NPS..... 25

### ***U.S. Ski and Snowboard Central Division Rules***

1. Proof of current U.S. Ski and Snowboard membership may be required to participate in any U.S. Ski and Snowboard race.
2. Please refer to <https://usskiandsnowboard.org/membership> for membership categories
3. Alpine Competitor Membership: All athletes who wish to be scored to the National Points list need to hold an Alpine Competitor membership.
4. Alpine Competitor Membership (for athletes 13 and younger) - the Central Division does not allow U14's and younger to score U.S. Ski and Snowboard points in U.S. Ski and Snowboard Central Division events. Exception: 2<sup>nd</sup> year U14's may score at U.S. Ski and Snowboard specific Central Division regional events prior to U14 R/C Junior Championships and then any events post U14 RC Jr Championships.
5. Full time U.S. Ski and Snowboard Alpine memberships must be made prior to January 31 in order to qualify for the Central Divisional Championships, Rocky/Central Junior Championships, Nor-Am's, U19 National Championships or the U.S. Alpine Championships
6. All jury members and coaches are required to be official members of U.S. Ski and Snowboard
7. Athletes must compete in the region where they reside and train. If there are extenuating circumstances that prevent an athlete from competing in their local region, that athlete must petition the Central Division office for a change in regional affiliation. Athletes cannot hold dual regional memberships.
8. NSF checks written to the Central Division will be assessed a \$25 returned check fee. The fee and payment must be received in the form of a money order or cashier's check before the athlete's next start.
9. U.S. Ski and Snowboard and FIS rules as listed in the U.S. Ski and Snowboard Alpine Competition Guide and the FIS ICR will be followed.
10. If there is a conflict between local, regional, and divisional rules, divisional rules will govern.

#### **Geographic Affiliation/Designation**

A racer shall affiliate as an athlete of the region and division in which he/she is training during the majority of the northern hemisphere competition season. The designation must be made at the start of the season and must be abided by the racer for the entire season. Any conflicts must be resolved before participation; contact the regional office.

Requests for in-season changes of affiliation must be made in writing to the Alpine Development Director. Such in-season changes may result in loss or default of regional and divisional qualifying status.

Exception: U.S. Ski Team and National Training Group members retain their home affiliations.

**U.S. Ski and Snowboard Code of Conduct**

Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members when participating in any U.S. Ski & Snowboard activity, must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Integrity, Passion, Fun, Team, Community, Excellence, and Grit and abide by the spirit and dictates of this Code of Conduct. All members must agree to comport themselves in a sportsmanlike manner and are responsible for their actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as, but is not limited to: respect for competition of officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

While participating in any U.S. Ski & Snowboard activity:

1. U.S. Ski & Snowboard members shall be subject to the jurisdiction of the International Ski Federation (FIS) Statutes, the United States Olympic Committee (USOC) Bylaws, the U.S. Ski & Snowboard Bylaws, and the U.S. Ski & Snowboard Code of Conduct.
2. U.S. Ski & Snowboard members shall conduct themselves at all times and in all places as befits worthy representatives of the United States of America, the United States Olympic Committee, U.S. Ski & Snowboard, their region, division, state or club and in accordance with the best traditions of national and international competition.
3. U.S. Ski & Snowboard members are responsible for knowledge of and adherence to competition rules and procedures. Members are also responsible for knowledge of and adherence to the rules and procedures of the U.S. Ski & Snowboard national teams, camps or other projects when participating in such.
4. U.S. Ski & Snowboard members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well being of others, and courtesy and good manners.
5. U.S. Ski & Snowboard members shall abide by U.S. Ski & Snowboard rules and procedures while traveling to and from and participating in official U.S. Ski & Snowboard activities.
6. U.S. Ski & Snowboard members shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Members under 21 years of age shall not participate in

gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard or event organizer function.

7. No U.S. Ski & Snowboard member shall violate the customs, travel or currency regulations of a country while traveling with a U.S. Ski & Snowboard group or on a U.S. Ski & Snowboard ticket.
8. No U.S. Ski & Snowboard member shall commit a criminal act.
9. No U.S. Ski & Snowboard member shall engage in any conduct that could be perceived as harassment based upon gender, age, race, religion, disability or sexual orientation.
10. U.S. Ski & Snowboard members will avoid profane or abusive language and disruptive behavior.
11. U.S. Ski & Snowboard members agree to abide by anti-doping rules and procedures established by the World Anti-Doping Agency (WADA), the U.S. Anti-Doping Agency (USADA), and/or FIS.

Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include:

- Removal from the team trip or training camp.
- Suspension from training and/or competition.
- Elimination of coaching, travel, and other benefits.
- Forfeiture of U.S. Ski & Snowboard membership.

U.S. Ski & Snowboard is committed to principles of fairness, due process and equal opportunity. Members are entitled to be treated fairly and in compliance with U.S. Ski & Snowboard's Bylaws, policies and procedures. Members are entitled to notice and an opportunity for a hearing before being prevented from participating in protected competition as that term is defined by the USOC Bylaws. Information on the processes for grievances, suspensions and appeals is available at [usskiandsnowboard.org](http://usskiandsnowboard.org).

Nothing in this Code shall be deemed to restrict the individual freedom of a U.S. Ski & Snowboard member in matters not involving activities in which one could not be perceived as representing U.S. Ski & Snowboard. In choices of appearance, lifestyle, behavior and speech while not representing U.S. Ski & Snowboard, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of the U.S. Ski & Snowboard. However, in those events where one is representing or could be perceived as representing U.S. Ski & Snowboard, U.S. Ski & Snowboard demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and U.S. Ski & Snowboard's core values.

\*Revised June 7, 2017

**Central Specific Appeals Process**

The Central Division coaches, officials and competitors have access to the appeals process for complaints and/or disputes concerning alleged misconduct or violations of FIS, U.S. Ski and Snowboard, or Central Division competition rules. Appeals must be written, with all details, and submitted with the appropriate fees, within the specified time frame, through the U.S. Ski and Snowboard Central Division Office. The appropriate Appeals Committee, made up of the Central Divisional Manager, the Central Board Chair, and the Central Coaches Chair, hears appeals initially. All parties affected will be notified of the date and time of the hearing. Refer to the "Appeals Process" in the National section of the U.S. Ski and Snowboard Alpine Competition Guide for further information.

**Racer Age Classification**

All athletes born in 1997 and before are classified as senior competitors in U.S. Ski and Snowboard racing.

All athletes born in 1998 and after are classified as junior competitors in U.S. Ski and Snowboard racing. Junior age categories are as follows:

U21: born 1998-1999

U19: born 2000-2002

U16: born 2003-2004

U14: born 2005-2006

U12: born 2007-2008

U10: born 2009 and later

***Region Racing in Central***

Regional committees organize racing opportunities in their local areas. The following guidelines pertain to racing in each local region.

1. Seeding for scored racing will be based off the current U.S. Ski and Snowboard points list.
2. Course setters for U.S. Ski and Snowboard scored and non-scored races are required to be a current U.S. Ski and Snowboard member coach and certified U.S. Ski and Snowboard Referee.
3. Racers must contact their regional chair with their request to race out of region. The respective regional chairs will then determine whether entry is approved. All regions must publish their entry procedure in advance of the season and file the criteria with the Central office prior to December 1. Out of region entry is subject to field size limitations.

### ***Mid-America Series – Michigan Tech***

The Mid-America (Mid-Am) series is the premier race series within Central. The Mid-Am series races are scored both nationally on the U.S. Ski and Snowboard points list and internationally on the FIS (International Ski Federation) point's list, with the exception of the giant slaloms held at Nub's Nob, which are only scored to the U.S. Ski and Snowboard national points list. The Mid-America series is the focus of Central athletes who are on a US Junior National Championship or US National Championships track. The schedule has been designed to give athletes the opportunity to rest and train as well as compete out of division between races. Mid-Am's are used to identify the US Junior Nationals Championship, US Nationals Championship, and in part, Team Central athlete selections.

#### **Rules for Entry**

1. Competitors entered in the Mid America series must be represented at the Team Captains meeting or have called the hosting race administrator within 24 hours of the meeting.
2. If the competitor is not represented at the Team Captains meeting, they will be pulled from the start list for the following day's competition.
3. Out of division, Canadian or Foreign entries must be submitted to the Central Division Competition Manager by the respective divisional, regional directors, Alpine Canada or Foreign Federation.

#### **Mid America Cup Standings**

Mid America (Mid Am) Cup Points will be awarded to the top 30 finishers in each event

Points are earned as follows:

1 <sup>st</sup> place	100 Points	11 <sup>th</sup> place	24 Points	21 <sup>st</sup> place	10 Points
2 <sup>nd</sup> place	80 Points	12 <sup>th</sup> place	22 Points	22 <sup>nd</sup> place	9 Points
3 <sup>rd</sup> place	60 Points	13 <sup>th</sup> place	20 Points	23 <sup>rd</sup> place	8 Points
4 <sup>th</sup> place	50 Points	14 <sup>th</sup> place	18 Points	24 <sup>th</sup> place	7 Points
5 <sup>th</sup> place	45 Points	15 <sup>th</sup> place	16 Points	25 <sup>th</sup> place	6 Points
6 <sup>th</sup> place	40 Points	16 <sup>th</sup> place	15 Points	26 <sup>th</sup> place	5 Points
7 <sup>th</sup> place	36 Points	17 <sup>th</sup> place	14 Points	27 <sup>th</sup> place	4 Points
8 <sup>th</sup> place	32 Points	18 <sup>th</sup> place	13 Points	28 <sup>th</sup> place	3 Points
9 <sup>th</sup> place	29 Points	19 <sup>th</sup> place	12 Points	29 <sup>th</sup> place	2 Points
10 <sup>th</sup> place	26 Points	20 <sup>th</sup> place	11 Points	30 <sup>th</sup> place	1 Points

If several racers are tied for one of the point scoring positions, each tied racer receives the points corresponding to that position. The following racers receive the points corresponding to their official classification in the race. Mid America Cup standings are determined by adding the points earned over the course of the Mid Am series. All races in the series will count towards the final overall standings.



**Mid America Series Awards**

Men and Women Individual awards will be given to the top 3 overall and top 3 U19 U.S. Ski and Snowboard age class finishers in each race

Following the Mid America Series Central Division Championships:

Mid Am Cup Points are totaled for the year as described above.

The man and woman with the highest points becomes the Mid America Cup Champions

Top 3 Awards are presented to the Men and Women for overall and event standings

- Overall (regardless of age)
- U19 U.S. Ski and Snowboard age class

***Central Division FIS Championships***

Lutsen, MN March 21-24, 2019

**Awards**

Awards for the top three finishers in the Overall and U19 U.S. Ski and Snowboard age categories will be given for each race at the Mid America Series Central Division FIS Championships.

In addition, the top three overall combined winners for the Championships will be awarded in Overall and U19 age categories based on their accumulated Mid America Cup points earned in all events at the Mid Am Championships. Ties will be broken by the best race point result.

**Carruthers Cup**

The Carruthers Cup is given annually to the top three overall combined winners (Central only athletes) for the Championships based on their accumulated Mid America Cup points earned in all events at the Mid Am Championships. The Carruthers Cup is awarded in memory of Bob Carruthers and has been awarded at this event since 1969. Replica trophies are awarded to each athlete.

### ***Out of Division FIS Racing***

The Central Division encourages competition in major events outside of the Central Division when athletically appropriate and used to enhance the racer's training and racing program. Out of division racing is subject to quotas and selection criteria that are coordinated through the Rocky/Central office. Any Central racer wishing to race outside of the Central Division must direct their entry request through U.S. Ski and Snowboard intent system. Note that participation in the US Nationals, US Junior Nationals and RC U.S. Ski and Snowboard Junior Championships does not require entry via the **intent system**.

### **National Meet Entry Program**

The primary goal of the program is to make it easier for athletes and coaches to enter out of division races. The deadlines and procedures are in place to promote sound athlete management planning. Out of division racing should only be incorporated into a competition plan if it will athletically enhance the athlete's divisional schedule.

### **FIS EVENTS Intent system for racing Out of the Central Division**

The National Meet Entry program for FIS events will operate in the following manner: All club coaches can view the latest FIS schedule information prior to the season at the FIS website <http://data.fis-ski.com/alpine-skiing/calendar.html> If the club or an athlete plans to attend an out of division race or series of races, they must fill out an **intent to race form** on the intents online website at least 18 days in advance of the first Team Captains meeting. Go to the U.S. Ski and Snowboard Intents online at <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents>

It is encouraged, that coach and athlete decide on an out of division racing plan early in the season and indicate all of the races they're interested in. It is required that the intent be received through the U.S. Ski and Snowboard Intents online system by the deadlines.

If Central's out of division FIS quotas are overfilled, the U.S. Ski and Snowboard Central Alpine Manager will manage the Central field size. For out of division FIS racing, Central athletes will be ranked using an ITS of their National point ranking in SL and GS. Athletes are responsible for their own travel and lodging arrangements. (Rocky/Central Regional lodging will be provided at the U.S. Alpine National Championships and U.S. Junior National Championships.)

Upon publication of any selection list posted to the <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> all listed qualified and alternate athletes must confirm or deny their intent to compete to their respective U.S. Ski and Snowboard divisional office no later than 16 days in advance of the first Team Captains meeting.. Athletes failing to confirm by this time will be PULLED.

The Central office will then make the official FIS entry for the athlete or group of athletes. Athletes will need to pay entry fees on their own, directly to the race organizer.

### **East, Rocky and West FIS Racing**

For Eastern and Western FIS races, Rocky/Central has a quota of at least 10 men and 10 women to most events. Central does not have a protected quota for these events and is ranked along with R/C athletes by use of a NTSM ranking. Interested athletes must submit an Intent to race form

with Intents online <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> by the deadline posted of 18 days prior to the first TCM. Confirmations must be made 16 days prior to the first TCM

For Rocky Mountain Division FIS races, Central has a quota of at least 10 men and 10 women. Interested athletes must submit an Intent to race form with Intents online <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> by the deadline posted of 18 days prior to the first TCM. Confirmations must be made 16 days prior to the first TCM. If there are more entry requests than quota spots available, the following selection method will be used to fill Central's quota:

1. Athletes will be ranked by an ITS of the most current National points list for GS and SL. For speed events, FIS points will be used in the ITS rather than National points.
2. Athletes missing the deadline will be ranked at the end of the list, in the order that the Central office, regardless of their ranking, receives their entry requests.

For FIS events held in the Eastern Region, Western Region or Rocky Mountain Division, athletes will be entered by the Central or Regional office, but athletes will be responsible for the payment of their entry fees directly to the race organizer.

Please check out the FIS, Divisional and Regional U.S. Ski and Snowboard websites for the most current calendars and fact sheets!

### ***Out of Division Scored and Non-Scored Racing***

#### **U.S. Ski and Snowboard EVENTS Intent system for racing out of the Central Division**

The U.S. Ski and Snowboard NMEP Intent to race form is available through the U.S. Ski and Snowboard Central Selections website: <https://usskiandsnowboard.org/sport-programs/regions-divisions/rocky-central-alpine-region/central-alpine-division-selections>

The form is for coaches entering athletes to Out of Division U.S. Ski and Snowboard National Scored and Non-Scored events. Athletes need to communicate with their coaches to be added to the form. Independents may also use the form. Please fill out form by the deadline of the 1<sup>st</sup> day of the prior month to the event you wish to intent for.

For any races outside of Rocky/Central, a direct request to the Central Division Manager is required for permission and approval.

For most scored and non-scored races, there is no quota for Central athletes. The request and intent will be approved or denied based on the ability of the hosting Region/Division/Club, to support additional athletes.

If there is a Central quota, and it becomes overfilled, the Central Competition Manager will manage the Central field size. For out of division National Scored events, Central athletes will be ranked using an ITS of the most current National points list. Entry and payment is the responsibility of the athlete for U.S. Ski and Snowboard events.

## ***NorAm Cup Series***

### **Eligibility**

For consideration to NorAms, racers must be registered to appear on the FIS points list and must be current Competitor members in good standing with U.S. Ski & Snowboard and their home region. Athletes must have fewer than 100.00 FIS points in any event in order to apply for selection. Development nominations are exempt from these limitations.

### **Selection Procedures**

Intent: Athletes wishing to compete in NorAm competitions must submit an online intent <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> at least 18 days prior to the first team captains meeting (where both men and women are competing in a combined series on different days, the first team captains meeting will be considered the first meeting of that series), and must confirm participation at least 16 days prior to the first team captains meeting, for the competition series in question.

Ranking: All athletes submitted will be ranked by NTSM in the event(s) to be contested (except AC), using the most current FIS points list at the intent deadline.

Canadian and other foreign entries in USA NorAms: Foreign competitors, properly entered by their own national federations, may compete in the NorAm Cup according to the FIS rules for Continental Cups.

### **Quotas**

The USA and Canada each have a quota of 60 women and 60 men for all NorAm competitions. If either the USA or CAN does not fill its national quota, the other nation may use those unfilled spots; quotas are not always filled.

#### Men

U.S. Ski Team 20  
NTSM of eligible intended athletes 20  
Development \* 20

#### Women

U.S. Ski Team 20  
NTSM of eligible intended athletes  
Seniors 10  
Juniors 10  
Development \* 20

If the men's and/or women's quotas are not filled above, additional athletes will be selected in order from the NTSM of all athletes intended.

Development quota: The Alpine Development Director will select athletes to the development quota. Objective rankings, advancement history, and other discretionary factors will be considered. Development quota selections will be made irrespective of program affiliation.

### ***U.S. Alpine Championships***

Waterville Valley, NH March 23-25, 2019

Rocky/Central quota to USN National Championships is 14 men and 12 women.

1. Automatics – Top – 2 RC USA athletes, who are not already selected in the National US Nationals selection, ranked at the intent deadline by an NTSM of World Cup points in SL, GS and SG in the Nor Am and NPS series. (2 men and 2 women from Nor Am Standings and 2 men from NPS). All Automatic athletes will be purged before the Regional Selections are put together.
2. The regional selection, consisting of 8 Men and 8 women, will be filled by using a standard double board selection method. The board has two sides. The first side is a ranking using World Cup Points for results earned in head to head competition. There will be two series of races: 2SG/2GS in RMD and 3SL in Central, the slalom column will be determined by using the best 2 of 3 slalom results. The results will be purged of all non-Rocky/Central competitors. The second part of the board is based on U.S. Ski and Snowboard National points from the list valid on the selection date. A column is established for each event on each part of the board. The column will be listed in the order SL, GS and SG; which will be the order of selection. The Rocky/Central Ski Cup portion of the board will be first, followed by the National points portion of the board. (See example below)

Qualifying Race dates are:

- Jan 6-7, Eldora, CO, FIS, 2 GS
- Jan 20-21, Aspen, CO FIS 2 SG
- Feb 1-3, Spirit Mtn, MN FIS 3 SL

3. One spot per gender will be awarded to the RC Junior FIS Champion. Overall Champion will be determined by using World Cup points in the 2GS/2SL, all non-RC athletes will be purged. In the event the Overall Winner has already qualified for US Nationals the spot will revert to Regional Selection method in #2 and the next RC athlete on the ranking list that has not been selected will be awarded the spot.

RC Junior FIS Championship Race dates are:

- March 7-10, Vail, CO FIS 2 SL, 2 GS

4. Discretionary spots awarded to 1 for each gender to be decided by Rocky/Central Director, Rocky/Central Coach, RMD Manager and Central Manager.

Example of double board

WC point system summary:

Place Points 1st-100, 2nd-80, 3rd-60, 4th-50, 5th-45, 6th-40, 7th-36, 8th-32, 9th-29, 10th-26, 11th-24, 12th-22, 13th-20, 14th-18, 15th-16, 16th-15, 17th-14, 18th-13, 19th-12, 20th-11, 21st-10, 22nd-9, 23rd-8, 24th-7, 25th-6, 26th-5, 27th-4, 28th-3, 29th-2, 30th-1

The top 30 competitors will receive place points based on World Cup Point Ranking System (100, 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1). In the case of a tie for one of the top 30 places, each tied racer receives the points corresponding to that position. The following racers receive the points for their finish position. (E.g. a tie for 2nd: racer 1 – 100 points, racers 2 and 3 - 80 points each, racer 4 - 50 points, etc.)

All races contested per event will be used in calculating each racers World Cup points in that event. If a tie remains after all results have been considered, a racer who started the series with higher seed points will be ranked in front of racers who started the series with lower seed points in the event. Placing the racer with the best ranking on the New World Cup point board first breaks a tie on the seed point board.

### **Selection Procedure**

Selection proceeds from left to right on each row starting with World Cup points and ending with seed points. When a racer who has already been picked is encountered in a column, the column is skipped, and selection continues with the next column in the same row. When the last column in a row is reached, selection continues with the first column in the next row. Only events scheduled in the Championship Event will be part of the selection board.

#### **New World Cup Point Board**

DH	SL	GS	SG
A	B	E	D
G	D	Q	E
R	Z	D	Q
T	Q	B	M

#### **U.S. Ski and Snowboard Seed Point Board**

DH	SL	GS	SG
A	X	D	C
F	E	X	Z
Z	M	Q	D
T	D	C	Q

Selection for a 12 person, four-event team would be: (without taking Nor Am Automatics into consideration)

A, B, E, D, X, C, G, Q, F, Z, R, M

### **Start Rights**

In order to start in the DH, Central athletes must have fewer than 175 FIS points for women, and 150 FIS points for men on the current FIS points list.

In order to start in the SG, Central athletes must have fewer than 150 FIS points for women, and 125 FIS points for men on the current FIS points list.

In order to start in the SL and/or GS, Central athletes must have fewer than 80 FIS points for women, and 70 FIS points for men, on the current FIS points list, in either one of the events.

***U.S. Alpine Junior Nationals***

Waterville Valley, NH March 27-29, 2019

Rocky/Central quota to USN Junior Championships is 5 men and 5 women.

1. Athletes that have already qualified for US Alpine Championships will be Automatics and will not be considered as a part of this selection quota.
2. The regional selection, consisting of 4 Men and 4 women, will be filled by using a standard double board selection method. The board has two sides. The first side is a ranking using World Cup Points for results earned in head to head competition. There will be two series of races: 2GS in RMD and 3SL (SL column will be best 2 of 3) in Central. The results will be purged of all non-Rocky/Central competitors, RC athletes qualified for USN Championships will not be purged. The second part of the board is based on U.S. Ski and Snowboard National points from the list valid on the selection date. A column is established for each event on each part of the board. The column will be listed in the order SL and GS; which will be the order of selection. The Rocky/Central Ski Cup portion of the board will be first, followed by the National points portion of the board.

Qualifying Race dates are:

- Jan 6-7, Eldora, CO, FIS, 2 GS
- Feb 1-3, Spirit Mtn, MN FIS 3 SL

3. Discretionary spots awarded to 1 for each gender to be decided by Rocky/Central Director, Rocky/Central Coach, RMD Manager and Central Manager.

***Rocky/Central U19/U21 FIS Jr Championships***

Vail, CO March 7-10, 2019

The Central Division will have an expanded Quota of 50 Men and 50 Women to attend the RC JR FIS Championships. Interested athletes must submit an Intent to race form with Intents online <https://usskiandsnowboard.org/sport-programs/regions-divisions/intents> by the deadline posted of 18 days prior to the first TCM. If there are more entry requests than quota spots available, the following selection method will be used to fill Central's quota:

1. Athletes will be ranked by an ITS of the most current U.S. Ski and Snowboard National points list for GS and SL.
2. Athletes missing the deadline will be ranked at the end of the list, in the order that the Central office, regardless of their ranking, receives their entry requests.

***Central Division Bob Hosking U16 Junior Championships***

Marquette Mt. February 22-24, 2019

**Entry procedures**

Registration is through the my.ussa.org registration system, and must be completed by Feb 15, 2019

**U16 Requirements**

Athletes born in 2003 or 2004 must have a U.S. Ski and Snowboard Competitor Membership and be registered as members of their region by January 31, 2019 and submitted completed registration forms online by Feb 15, 2019. *This season: Up to 5 U.S. Ski and Snowboard registered Canadians will be allowed to participate per gender. They must be registered members with a central division region by the deadlines above.*

**U16 Schedule**

\*Schedule is subject to change

**Seeding at the U16 Championships**

The seeds are based on the most current National Points list valid for the series. The U16 Central Division Championship events are National Scored events. Each race will have a flip 30 for the 2<sup>nd</sup> run of the scored events. DNF, DSQ, DNS athletes will be seeded at the end of the field for the 2<sup>nd</sup> run.

**U16 Awards**

Awards will be given to the top ten athletes per day in the U16 category based on the results per scored events.

Top 3 Combined Overall Winners are determined by the sum of all place points of all events contested. Ties will be broken by the best place result, 2nd best result, etc.

Awards will be presented daily, and the Central Division Junior Championship Teams will be announced at the awards ceremony on February 24, 2019.

*The Canadian entries are eligible for awards but will not be eligible for R/C Junior Championship Team Selections*

For more information on U16 Qualifications please refer to the:  
U.S. Ski and Snowboard Rocky/Central U16 Junior Championships section



***Central Division Bob Hosking U14 Junior Championships***

Marquette Mt. February 22-24, 2019

**Entry procedures**

Pre-Registration forms can be found on the central division website and each central division regions website links, and must be completed by Feb 15, 2015

**U14 Requirements**

Athletes born in 2005 or 2006 must have a U.S. Ski and Snowboard Competitor Membership and be registered as members of their region by January 31, 2019 and submitted completed registration forms online by Feb 15, 2019. *This season: Up to 5 U.S. Ski and Snowboard registered Canadians will be allowed to participate per gender. They must be registered members with a central division region by the deadlines above.*

**U14 Schedule**

\*Schedule is subject to change

**Seeding at the U14 Championships**

1. Random
2. Flip of Race 1
3. Inside-Out of Race 2
4. Flip of Race 3
5. Random
6. Flip of Race 5

**U14 Awards**

Awards will be given to the top ten athletes per day in the U16 category based on the results per scored events.

Top 3 Combined Overall Winners are determined by the sum of all place points of all events contested. Ties will be broken by the best place result, 2nd best result, etc.

Awards will be presented daily, and the Central Division Junior Championship Teams will be announced at the awards ceremony on February 24, 2019.

*The Canadian entries are eligible for awards but will not be eligible for R/C Junior Championship Team Selections*

## ***Rocky/Central U16 Junior Championships***

Winter Park, CO March 4-10, 2019

The Rocky/Central (R/C) U16 Junior Championships will be held at Winter Park, Colorado. Qualification Method to the R/C U16 Junior Championships – is via the 1 Central Division qualifying weekend. The R/C U16 event brings together the top racers in Central and Rocky in all four disciplines. Discipline and combined awards will be presented to the top ten finishers. Combined winners will be determined using the World Cup Point System (i.e. 1<sup>st</sup> = 100pts, 2<sup>nd</sup> = 80pts, 3<sup>rd</sup> = 60 pts, 4<sup>th</sup> = 50, 5<sup>th</sup> =45 etc...). The details are in the U.S. Ski and Snowboard Competition Guide. This Championship event will be used for selection to the U16 National Championships.

The U.S. Ski and Snowboard Central Division has a quota of 90 athletes to the R/C U16 Junior Championships. For the 2018-2019 season, the Central Division will hold 1 qualifying series for R1,2,3,4, for selections to the Rocky/Central Junior Championships, over a 3-day weekend at the Central Division Bob Hosking U16 Championships. The series will consist of 2 GS and 2 SL National scored races. National points will seed athletes for these events. Athletes will be selected for the R/C Junior Championships by using the combined rankings from the best three of five rankings from 1 SG/2 GS/2 SL. Rankings for the 1 SG, will be determined by using the most current SG National Points List, at the time the qualifying series events begins. All rankings will be determined by using a modified World Cup Points (top 45).

If a race or day is cancelled, best 3 of 5 still applies. Best efforts to complete 1 GS and 1 SL race will take priority. 1 run races cannot be used for ranking criteria.

Using the single best result will break ties. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. If a tie is still not broken, race points will be used in the same process. All eligible qualifying rankings will be considered for tie-breaking purposes.

Seeding to the U16 RC Junior Championships events in Colorado are based on National Points seeding. There is no protected seeding.

U.S. Ski and Snowboard members holding an X (foreign) license that are living & attending school in the USA and training and competing in the Central Division may qualify for the R/C Junior Championships within the Central quotas. Central will then have an additional 4 quota spots total (men & women each) for the qualified X licensees.

All eligible athletes must be full time members of the Central Division and their local Region by January 31. The full-time membership names and #'s are to be reported to the Central Manager who will share with the CASC executive committee by Feb 1.

Two discretion spots per gender will be held for consideration by the Central Development Committee (consisting of the Central Coaches Chair and the four Regional Coaches Chairs). Official requests will be due 24 hours after the completion of the qualifying series. The Central Development Committee will rule on those ASAP following the 24hr deadline and report those

decisions to the Central Division Manager. If there are no requests, then the 2 discretion spots will move down the list to the next ranked athletes.

### **Seeding for U.S. Ski and Snowboard Rocky Central U16 Junior Championships**

- \* Athletes will be ranked by U.S. Ski and Snowboard National points per event
- \* There will be a public draw for this seed of 15 taking place on the day before the race. The top ranked athletes will choose their start numbers first, followed by the next ranked skier.
- \* For DH and SG, this top seed may choose their number between 1 and 30. For GS and SL, this seed may choose their number between 1 and 15.
- \* Second run start lists will be according to U.S. Ski and Snowboard rules for scored events (i.e. bibbo).

### **Selections from RC U16 Junior Championships to the U16 National Championships**

Athletes will be selected to the U16 National Championships through performance at the U16 NPS or at the U16 and U14 Rocky/Central Regional Championships.

### **Quotas**

1. YOB 2003 3 men and 3 women per region from the YOB ranking
2. YOB 2004 5 men and 5 women per region from the YOB ranking
3. YOB 2003 and 2004 7 men and 7 women from the overall ranking
4. YOB 2005 and 2006 U14 athletes must have 1 win and another top-3 in SL, GS, and SG at the respective U14 Regional Championships to qualify.

### **Selection**

U16 Athletes

1. Using the overall ranking list from the respective U16 Regional Championships, the top three athletes from the oldest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.
2. Using the same ranking list, the top five athletes from the youngest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will be considered in this selection
3. Using the ranking list, after purging the athletes who have already been selected, the next seven athletes overall will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.
4. There are discretion spots available if needed. Request for discretion must come from the regional managers and coaches to the Alpine Development Director.

U14 athletes

1. One-run races in SL and GS will be combined to be a two-run for selection purposes.

## ***Rocky/Central U14 Junior Championships***

Steamboat Springs, CO March 13-17, 2019

The Rocky/Central (R/C) U14 Junior Championships will be held at Steamboat Springs, Colorado. Qualification Method to the R/C U14 Junior Championships – is via the 1 Central Division qualifying weekend. The R/C U14 event brings together the top racers in Central and Rocky. Discipline and combined awards will be presented to the top ten finishers. Combined winners will be determined using the World Cup Point System (i.e. 1<sup>st</sup> = 100pts, 2<sup>nd</sup> = 80pts, 3<sup>rd</sup> = 60 pts, 4<sup>th</sup> = 50, 5<sup>th</sup> =45 etc.). The details are in the U.S. Ski and Snowboard Competition Guide. This Championship event will be used for selection to the U16 National Championships as well as U14 Can-Ams.

The U.S. Ski and Snowboard Central Division has a quota of 95 athletes to the R/C U14 Junior Championships. For the 2018-2019 season, the Central Division will hold 1 qualifying series for R1,2,3,4, for selections to the Rocky/Central Junior Championships, over a 3-day weekend. The series will consist of 3 GS and 3 SL USSS non-scored races. Athletes will be selected for the R/C Junior Championships by using the combined rankings from the best three of six total races, where no more than 2 races can come from the same discipline (example: 2GS AND 1SL **or** 2SL AND 1 GS). Rankings per race will be determined by using a modified World Cup Points (top 45) in each race run.

If a race or day is cancelled, best efforts to complete 2 GS and 2 SL race runs will take priority.

Using the single best result will break ties. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. If a tie is still not broken, race points will be used in the same process. All eligible qualifying races will be considered for tie-breaking purposes.

Seeding for the Qualifying races will run as:

1. Random
2. Flip of Race 1
3. Inside-Out of Race 2
4. Flip of Race 3
5. Random
6. Flip of Race 5

Central Seeding to the U14 RC Junior Championships events in Colorado are based on the overall rank that the athletes qualified for the RC Junior Championships and will be applied for all events to be contested.

U.S. Ski and Snowboard members holding an X (foreign) license that are living & attending school in the USA and training and competing in the Central Division may qualify for the R/C Junior Championships within the Central quotas. Central will then have an additional 4 quota spots total (men & women each) for the qualified X licensees.

All eligible athletes must be full time members of the Central Division and their local Region by January 31. The full-time membership names and #'s are to be reported to the Central Manager who will share with the CASC executive committee by Feb 1.

Two discretion spots per gender will be held for consideration by the Central Development Committee (consisting of the Central Coaches Chair and the four Regional Coaches Chairs). Official requests will be due 24 hours after the completion of the qualifying series. The Central Development Committee will rule

on those ASAP following the 24hr deadline and report those decisions to the Central Division Manager. If there are no requests, then the 2 discretion spots will move down the list to the next ranked athletes.

### **U16 National Championships Selections from the RC U14 Junior Championships**

Athletes will be selected to the U16 National Championships through performance at the U16 NPS or at the U16 and U14 Rocky/Central Regional Championships.

#### **Quotas**

1. YOB 2003 3 men and 3 women per region from the YOB ranking
2. YOB 2004 5 men and 5 women per region from the YOB ranking
3. YOB 2003 and 2004 7 men and 7 women from the overall ranking
4. YOB 2005 and 2006 U14 athletes must have 1 win and another top-3 in SL, GS, and SG at the respective U14 Regional Championships to qualify.

#### **Selection**

##### U16 Athletes

1. Using the overall ranking list from the respective U16 Regional Championships, the top three athletes from the oldest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.
2. Using the same ranking list, the top five athletes from the youngest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will be considered in this selection
3. Using the ranking list, after purging the athletes who have already been selected, the next seven athletes overall will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.
4. There are discretion spots available if needed. Request for discretion must come from the regional managers and coaches to the Alpine Development Director.

##### U14 athletes

1. One-run races in SL and GS will be combined to be a two-run for selection purposes.

### **U14 Eastern CAN AM Selections from the RC U14 Junior Championships**

Rocky/Central quota for the event is 5 men and 5 women.

Selection: Athletes will be selected by using an ITS in the following order of the two one run Slalom's and two one run Giant Slaloms. Athletes attending the U16 National Championships will be included in the ITS and purged from the final ranking list as they are not eligible to attend both the Eastern U14 CAN AM and U16 National Championships. Athletes are seeded by their ranking order.

\*Ski up athletes are not eligible to attend out of country events as they are not age eligible.

Any U14 Foreign Competitor who is a Full-Time member of a U.S. Ski and Snowboard Rocky/Central Club may qualify for the U14 Eastern CanAm. The foreign athlete must

qualify by the same qualification criteria that a U14 in the USSA Rocky/Central Region, as long as the U.S. Ski and Snowboard Rocky/Central Region also names a team to the Eastern CanAm. The Foreign Athlete will be an additional competitor in the CanAm, and not take a U.S. Ski and Snowboard Region quota spot. The Region will purge the foreign athlete from the list of qualified Regional competitors to fill their quota. A letter from the Regional Manager will be submitted to the CanAm ROC, U.S. Ski and Snowboard Eastern Manager and Canadian Eastern Manager confirming that the foreign athlete has met objective criteria through the Regional qualification.

The Foreign athlete will be seeded based on his/her location on the Regional qualification list.

### ***Central Teams: Central All-Stars and Team Central***

#### **Mission Statement for Central All-Stars & Team Central**

Identify, support, develop, and provide recognition to Central Division athletes with exceptional ski racing and leadership talent.

#### **Vision Statement for Central All-Stars & Team Central**

To help support the financial needs of athletes who have reached an elite level of performance in Central Division. The objective is to help elite level athletes achieve the next level of competitive excellence.

#### **The Central All-Stars Selection Criteria:**

Based on Age Classifications established for the 2018-2019 Season in both M/F genders and using the previous season's results.

\*Must be registered in a region of the Central Division with a current year Competitor's license to be eligible for benefits

\*\*Must attend a U.S. Ski and Snowboard SQ Fitness Assessment in the current season to be eligible for benefits

#### **All ages**

- RTG Nominee
- Overall Rocky/Central Jr FIS Championships Champion from prior season
- Overall Mid-AM Series Champion from prior season
- Carruthers Cup (R/C - Central FIS Championships) Champions from prior season

#### **Sr.**

- Under 35 FIS Points - in any alpine discipline (Based on the last FIS points list of the previous season)
- US Nationals Top 15

#### **U21**

- US Nationals top 30
- Under 45 FIS Points - in any alpine discipline (Based on the last FIS points list of the previous

season)

-US Jr. Nationals Top 15 in any discipline

### **U19**

-US Nationals Attendee

-US Jr Nationals Attendee

-The Top 2 Overall athletes in the Central Division Mid-Am Series (at year end)

-1 Top 5 in any discipline standing – National Age Rank (Based on the last FIS points list of the previous season)

-2 Top 10's in any discipline standing – National Age Rank (Based on the last FIS points list of the previous season)

### **For 1st year U19 athletes**

-1 Top 3 in any event at the U16 National Championships from the previous season

-1 Top 3 in any event at the U16 R/C Junior Championships from the previous season

-Top 3 Overall SkillsQuest performer at U16 Nationals

### **The Team Central Selection Criteria**

Based on Age Classifications established for the 2018-2019 Season in both M/F genders and using the previous season's results.

\*Must be registered in a region of the Central Division with a current year Competitor's license to be eligible for benefits

\*\*Must attend a U.S. Ski and Snowboard SQ Fitness Assessment in the current season to be eligible for benefits

8 boys and 8 girls will be selected from the 2017-2018 U16 and U14 age groups for the 2018-2019 Team. Age-eligible athletes will be selected based on International Team Selection, ITS, method of the Rocky/Central U16 Junior Championship results and the Rocky/Central U14 Junior Championship results. The team size may be expanded to include every athlete that appears on the same line of the ITS that represents the eighth athlete selected. Athletes have access to purchase a team uniform. The breakdown of the selection criteria is as follows for SL/GS/SG: Rocky athletes purged.

1. Top 8 men and 8 women from Rocky/Central U16 Junior Championships (02/03 YOB)
2. Top 8 men and 8 women from Rocky/Central U14 Junior Championships (04/05 YOB)
3. Ski-Up athletes will be ranked with youngest YOB athlete in the age group the athlete has skied-up into.
4. Foreign athletes can be named to the individual Team they would qualify for, however they do not take a quota spot from a Central/USA athlete.

### **Central Teams Benefits**

1. The Central Division will allocate \$5,000 toward an early season training camp for Central All-Stars, Team Central, and select invitees.
2. The Central Division will co-pay \$100 for a Central Team Uniform or Jacket for all members named to the Central All-Stars.

3. All named athletes are eligible for the Central Team Uniforming.

### ***U19 Men's National Performance Series***

#### U19 NPS Quota

- YOB 2000 and 2001<sup>1</sup> 20
- YOB 2002<sup>2</sup> 10
- Western 5
- Rocky/Central 5
- Eastern 5
- Development Pace Up to 10
- Development Up to 30

<sup>1</sup> YOB 2000 and 2001 athletes will be ranked by an NTSM of FIS points using SL, GS and SG for all event(s), regardless of the event(s) to be contested. YOB 2000 athletes must be ranked among the first 10 athletes (top 50%) of the NTSM rank in order to be selected. The remainder of the quota will be filled with YOB 2001 athletes.

<sup>2</sup> For NPS events before Feb. 1, YOB 2002 athletes will be ranked by an NTSM of race points from the prior-year U16 Nationals results using all three events: SL, GS and SG. For NPS events on or after Feb. 1, YOB 2002 athletes will be ranked by an NTSM of National points in SL, GS, and SG.

### ***Selections to U16 NPS***

#### **U16 National Performance Series**

Selection procedures established for the U16 National Performance Series as follows:

-U16 NTG athletes

-6 boys and 6 girls ranked nationally, using 2018 U16 Nationals results

1. YOB '02s will be purged and WC points are reassigned to YOB '03 and '04

2. Athletes will be ranked by total WC points in the events to be trained and/or contested

3. The top 6 athletes will be selected from that list

4. Ties will be broken by the most WC points in an event to be trained and/or contested. If a tie still exists, the next most WC points will be considered until the tie is broken. If necessary, all events will be considered.

#### Regional Quotas

1. 5 boys and 5 girls per region

2. Up to 3 boys and 3 girls national development

Foreign USSA members must be ranked top-5 nationally among YOB '02 and '03 from the 2017 U16 Nationals, using total WC points in the events to be trained and/or contested in order to participate in the project. Foreign athletes will not count against national or regional quotas.



Top-performers at the U16 NPS can qualify to compete in a Europe Trip. Participants on those trip(s) will automatically qualify for the U16 Regional Junior Championships.

**Rocky/Central Selections to U16 NPS**

Rocky/Central quota to the U16 NPS Series, December and January block. Regional quotas are 5M/5W.

Selections will be as follows:

1. Utilizing the National selection list from U16 Nationals, continue directly down the selection list picking up the next three Rocky/Central athletes.
2. The next 2M/2W spot will reserved for Discretion/Development to be decided by the RC Regional Director, RC Regional Coach, RMD Manager and Central Manager