



Flagstaff Youth Hockey Association COVID 19 Exposure Plan

If a case of COVID-19 is suspected by, or reported to you, you must notify FYHA immediately by contacting your team manager or the FYHA COVID Liaison, Brad Mihalik, at 928-380-9038 or Covid@fyha.org. FYHA will keep identifying information on any suspected or COVID positive individual confidential and will work with coaches and Coconino County Health & Human Services (CCHHS) to determine cancellations of activities and notifications to families. The following protocols will apply when a member of the FYHA shows symptoms of illness, tests positive for COVID-19, or is exposed to a COVID-19 symptomatic individual.

- Symptomatic individual who tests positive:
 - not permitted at Jay Lively or FYHA events for 10 days from symptom onset
 - only allowed to return 24 hours after fever resolution (if present and without fever reducing medications) AND improved symptoms
- Asymptomatic individual who tests positive:
 - not permitted at Jay Lively or FYHA events for 10 days from when the COVID-19 test was conducted
- Symptomatic individual who has not been tested:
 - not permitted at Jay Lively or FYHA events for 10 days from symptom onset
 - only allowed to return 24 hours after fever resolution (if present and without fever reducing medications) AND improved symptoms
 - may return to FYHA programming if a doctor establishes an alternative diagnosis and presents a doctor's note to confirm the presence of alternate diagnosis that explains symptoms
- Symptomatic individual who tests negative:
 - not permitted at Jay Lively or FYHA events until fever-free for 24 hours (if fever present and without fever reducing medications) AND improved symptoms
- Asymptomatic individual exposed (**close contact**) to symptomatic or COVID-positive individual:
 - not permitted at Jay Lively or FYHA events for 14 days from the last exposure to the infectious individual if remains asymptomatic.
 - if individual becomes symptomatic, they must remain away from Jay Lively or FYHA events until they meet criteria listed above of a symptomatic individual who tests positive or is not tested
 - A negative test result does not remove the requirement for a 14 day quarantine.

A COVID-19-positive individual does not need a repeat COVID-19 test or a doctor's note in order to return. They must simply satisfy the terms stated above.

Please note: these protocols are applicable regardless of whether an individual has previously tested positive for COVID-19 or believes that they had the virus at any point previously.

Close Contact: Defined as greater than 15 minutes of continuous interaction, or short periods that total more than 15 minutes, less than 6 feet away. It may also include having direct contact with a confirmed case such as hugging or kissing, sharing drinks/utensils, or being sneezed or coughed on. FYHA considers participation in a team function (practice or game) to be **close contact**.

FYHA has adopted the CDC recommended time frames for contact tracing. Once a positive or presumptive positive case is known, FYHA will include all players and coaches that the positive individual has had **close contact** within the past 48 hours with as part of the quarantine. The 48 hours is retroactive from symptom onset or an asymptomatic positive test result.

Family members of those individuals who have had **close contact**, and are in the 14 day quarantine period, are allowed to participate in team activities but should be monitored closely for COVID symptoms.

A Coach, trainer, team manager or otherwise duly appointed volunteer will keep accurate rosters/attendance list, detailing all participants of each and every practice, off-ice session, game, team or group gathering, in order for contact tracing to be effectively implemented as soon as possible. CCHHS will investigate all cases and collaborate with FYHA as any situation evolves.

To protect the greater community, FYHA reserves the right to revoke ice/cancel programs for any individual or group that does not comply with the parameters established above, or if concerns of an outbreak are identified.