

4v4 Rallyball – Finding your fit

Kai was as born Aug 19, 2011. Kai has never played volleyball before, however was encouraged buy their friend to tryout.

WHERE DOES KAI FIT?

Kai would be a great candidate for 4v4 Rallyball. Awarding Kai with a spot in 4v4 will:

- Allow Kai to learn the game in a positive fun environment with limited emphasis on winning
- Expose Kai to a competition, but eliminate the win at all cost attitude
- Grow Kai's physical literacy and overall confidence Kai does not fit in TNS or 6v6 because:
 - TNS and 6v6 are not developmentally appropriate for Kai as this is their first exposure to the game
 - Kai's strength and maturity levels would decrease their chances of success at the 6v6 and TNS level



4v4 Rallyball – Finding your fit

Logan was born Aug 19, 2009. Logan can be categorized as a late developer however loves being a part of team and has a very impressive work ethic. Logan has played one year of 4v4 Rallyball.

WHERE DOES LOGAN FIT?

Logan would be a great candidate for 4v4 Rallyball. Awarding Logan with a spot in 4v4 will:

- Continue to grow Logan's love for volleyball and being active for life
- Allow Logan to touch the ball more and gain confidence in their skills
- Help Logan gain more knowledge and flow of the game. Logan Does not fit 6v6 or TNS because:
 - 6v6 increases the court size and Logan needs to develop better court sense and on court movement
 - The TNS stream has a larger emphasis on performance with an increase in high pressure situations. Logan need to focus on skill development with out that pressure.

