

# COVID-19 Preparedness Plan

## Byron Youth Soccer Association

**Byron Youth Soccer Association (BYSA)** is committed to providing a safe and healthy program environment for all players, coaches, officials, and spectators. To ensure we have a safe and healthy space, **BYSA** has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. All parties share in the responsibility for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our community, and that requires full cooperation from everyone. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our program space.

The COVID-19 Preparedness Plan is administered by **the BYSA Board of Directors**, who maintains the overall authority and responsibility for the plan. However, all participants are equally responsible for supporting, implementing, complying with and providing recommendations to further improve all aspects of this COVID-19 Preparedness Plan. **BYSA's** coaches and managers have our full support in enforcing the provisions of this plan.

**BYSA's** COVID-19 Preparedness Plan follows the guidance developed by the state of Minnesota, available at the Stay Safe Minnesota website (<https://staysafe.mn.gov>), which is based upon Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines for COVID-19, and Minnesota's relevant and current executive orders. It addresses:

- ensuring sick individuals stay home and prompt identification and isolation of sick persons;
- social distancing – everyone must be at least six-feet apart;
- hygiene and source controls, including face coverings;
- drop-off, pick-up and delivery practices and protocol; and
- communications and training practices and protocol.

**BYSA** has reviewed and incorporated the guidance applicable to youth sports provided by the state of Minnesota for the development of this plan. Furthermore, BYSA's Board of Directors will strictly adhere to the requirements and recommendations included in the Return to Competition Protocols (Protocols) as co-developed by the Minnesota Youth Soccer Association (MYSA) and the Twin Cities Soccer League (TCSL). This plan serves as a local supplement to that document. It shall be the requirement of all individuals, including players, coaches, managers, officials, and spectators to review this document and the Return to Play Protocols. Both documents can be found on BYSA's [homepage](#).

## Plan Administrator

The BYSA Board has established plan on accordance to the requirements set forth in MYSA's protocols. Andy Krogstad, President of BYSA, has been designated as the club's COVID-19 Administrator. He can be reached by email at [president@bysamn.org](mailto:president@bysamn.org).

## Plan Dissemination

BYSA shall post all relevant COVID-19 information on its website. Emergency announcements shall be sent to relevant members via email. Copies of this plan shall be posted on the concession stand at Byrons soccer complex.

## Symptom Monitoring

BYSA asks all participants to utilize the [Minnesota Symptom Screener](#). It should be used prior to every match/session/club engagement for anyone associated with an upcoming activity.

## Case Reporting

It is the responsibility of anyone testing positive for COVID-19 to immediately report the case to the club's COVID-19 Administrator. The Administrator will then report all required information to the MN Department of Health per the directives of the Protocols.

## Social Distancing

Social distancing of at least six feet will be implemented and maintained whenever possible.

## Hygiene and Source Controls

All participants are instructed to wash their hands for at least 20 seconds with soap and water before leaving home. Hand-sanitizers can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled. Everyone is instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing, and to avoid touching their face, particularly their mouth, nose and eyes, with their hands.

# Appendix A – Guidance for developing a COVID-19 Preparedness Plan

## General

Centers for Disease Control and Prevention (CDC): Coronavirus (COVID-19) – [www.cdc.gov/coronavirus/2019-nCoV](http://www.cdc.gov/coronavirus/2019-nCoV)

Minnesota Department of Health (MDH): Coronavirus – [www.health.state.mn.us/diseases/coronavirus](http://www.health.state.mn.us/diseases/coronavirus)

State of Minnesota: COVID-19 response – <https://mn.gov/covid19>

## Businesses

CDC: Resources for businesses and employers – [www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html](http://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html)

CDC: General business frequently asked questions – [www.cdc.gov/coronavirus/2019-ncov/community/general-business-faq.html](http://www.cdc.gov/coronavirus/2019-ncov/community/general-business-faq.html)

CDC: Building/business ventilation – [www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html](http://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html)

MDH: Businesses and employers: COVID-19 – [www.health.state.mn.us/diseases/coronavirus/businesses.html](http://www.health.state.mn.us/diseases/coronavirus/businesses.html)

MDH: Health screening checklist – [www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf](http://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf)

MDH: Materials for businesses and employers – [www.health.state.mn.us/diseases/coronavirus/materials](http://www.health.state.mn.us/diseases/coronavirus/materials)

Minnesota Department of Employment and Economic Development (DEED): COVID-19 information and resources – <https://mn.gov/deed/newscenter/covid/>

Minnesota Department of Labor and Industry (DLI): Updates related to COVID-19 – [www.dli.mn.gov/updates](http://www.dli.mn.gov/updates)

Federal OSHA – [www.osha.gov](http://www.osha.gov)

## Handwashing

MDH: Handwashing video translated into multiple languages – [www.youtube.com/watch?v=LdQuPGVcceg](http://www.youtube.com/watch?v=LdQuPGVcceg)

## Respiratory etiquette: Cover your cough or sneeze

CDC: [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html](http://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html)

CDC: [www.cdc.gov/healthywater/hygiene/etiquette/coughing\\_sneezing.html](http://www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html)

MDH: [www.health.state.mn.us/diseases/coronavirus/prevention.html](http://www.health.state.mn.us/diseases/coronavirus/prevention.html)

## **Social distancing**

CDC: [www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html](http://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html)

MDH: [www.health.state.mn.us/diseases/coronavirus/businesses.html](http://www.health.state.mn.us/diseases/coronavirus/businesses.html)

## **Housekeeping**

CDC: [www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html](http://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html)

CDC: [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html](http://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html)

CDC: [www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html](http://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html)

Environmental Protection Agency (EPA): [www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2](http://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2)

## **Employees exhibiting signs and symptoms of COVID-19**

CDC: [www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html](http://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html)

MDH: [www.health.state.mn.us/diseases/coronavirus/basics.html](http://www.health.state.mn.us/diseases/coronavirus/basics.html)

MDH: [www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf](http://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf)

MDH: [www.health.state.mn.us/diseases/coronavirus/returntowork.pdf](http://www.health.state.mn.us/diseases/coronavirus/returntowork.pdf)

State of Minnesota: <https://mn.gov/covid19/for-minnesotans/if-sick/get-tested/index.jsp>

## **Training**

CDC: [www.cdc.gov/coronavirus/2019-ncov/community/guidance-small-business.html](http://www.cdc.gov/coronavirus/2019-ncov/community/guidance-small-business.html)

Federal OSHA: [www.osha.gov/Publications/OSHA3990.pdf](http://www.osha.gov/Publications/OSHA3990.pdf)

MDH: [www.health.state.mn.us/diseases/coronavirus/about.pdf](http://www.health.state.mn.us/diseases/coronavirus/about.pdf)