

SNSA Adult League Coed 8v8 Format Summary of Specific Rules and Regulations

- 1. Players must be at least 17 years of age in order to play in adult open divisions. (Law 3)**
- 2. Coed teams must have a minimum of three (3) female players on the field at all times (or play short) unless exception conditions are met. (Law 3)**
- 3. Field player substitutions are unlimited and can be made on the fly (with the ball in play). The goalkeeper may only be substituted on a dead ball with referee approval. (Law 3)**
- 4. A team that falls behind by five (5) or more goals may add an additional field player, male or female. If the goal differential falls below 5 goals the additional player is removed. (Law 3)**
- 5. Shin guards are required. (Law 4)**
- 6. A player who receives a yellow card shall be temporarily dismissed for a period of three (3) minutes and cannot be substituted until the end of the temporary dismissal period. The dismissal period ends after 3 minutes. (Law 5)**
- 7. All games are played in two 30-minute halves with 5-minute half-time interval. (Law 7)**
- 8. Use a minimum eight (8) yards spacing for all free kicks. (Law 8, 13, 14, 17)**
- 9. Goals scored by females count as two goals. (Law 10)**
- 10. A player may score a maximum of three goals (three points for males, six points for females) per game. Any goal scored by a player who has already scored three goals will result in a goal kick. (Law 10)**
- 11. Offside rules are enforced. (Law 11)**
- 12. Slide tackles and sliding in the proximity of another player are prohibited, except for the goalkeeper in the penalty area. (Law 12)**
- 13. Male players MUST YIELD to female players in any 50/50 ball situation, except the goalkeeper in the penalty area. (Law 12)**
- 14. Free kicks on the offensive half of the field (except corner kick and penalty kicks) must be taken by a female player. (Law 13)**
- 15. The referee has the final say in ALL matters related to the game.**

PLAY UNDER CONTROL, RESPECT THE REFEREES, RESPECT YOUR OPPONENTS, AND HAVE FUN!