

**SPRING 2026**

*Edge and Power Class*

*with Erica Schletty and Sarah Kiel*

**FOR SKATERS IN FREESTYLE 1 AND ABOVE**

**EXERCISES DESIGNED TO IMPROVE SPEED, POWER,  
EDGE QUALITY, TURN EXECUTION AND FLOW.**

**CLASS EXERCISES WILL BE ADAPTED TO  
ACCOMMODATE ALL LEVELS.**

**PRICE: \$140**

**SATURDAY AM**

**MARCH 21<sup>@</sup> 6:20-6:50 AM**

**MARCH 28<sup>@</sup> 6:20-6:50 AM**

**APRIL 11<sup>@</sup> 6:00-6:30 AM**

**APRIL 18<sup>@</sup> 6:00-6:30 AM**

**MAY 2<sup>@</sup> 6:00-6:30 AM**

**MAY 9<sup>@</sup> 6:00-6:30 AM**

**MAY 16<sup>@</sup> 6:00-6:30 AM**

**No 3/7, 3/14, 4/4, 4/25**

**PLEASE SIGN UP BY EMAILING THIS FORM TO:**

**sarahmernest@gmail.com**

**PAYMENT CAN BE MADE VIA CASH, CHECK OR  
VENMO TO Sarah-Ernest-Kiel**

**SKATER NAME:**

**PARENT EMAIL/PHONE:**

**REGISTRATION/PAYMENT DEADLINE: 3/15/26**