2009 Spartans
HC: Cody Inglis
inglisco14@gmail.com

2008 Spartans
HC: Jason Monaghan
2008lansingspartans@gmail.com

2007 Spartans
HC: Dave Cooper
dcooper4444@yahoo.com

2006 Spartans Green
HC's: Brock Cooper
brockcoop2@gmail.com and
Andrew Hutchinson
hankhutch@hotmail.com

2006 Spartans White HC: Kevin Floyd Ihcfloyd@gmail.com

2005 Spartans
HC: Brad Fast
BradFastLHC@hotmail.com

2004 Spartans
HC: Ron Gay
rgay@suburbanice.com

16U Spartans
HC: Ray Kibzey rkmtu@voyager.net

18U Spartans
HC: Jason Muzzatti wjmuzz@aol.com



The Lansing Hockey Club is a Member of Meijer AAA Hockey meijerAAAhockey.com

All travel players must register with the Lansing Hockey Club by July 15th

## \$150 is due with B & Travel registration



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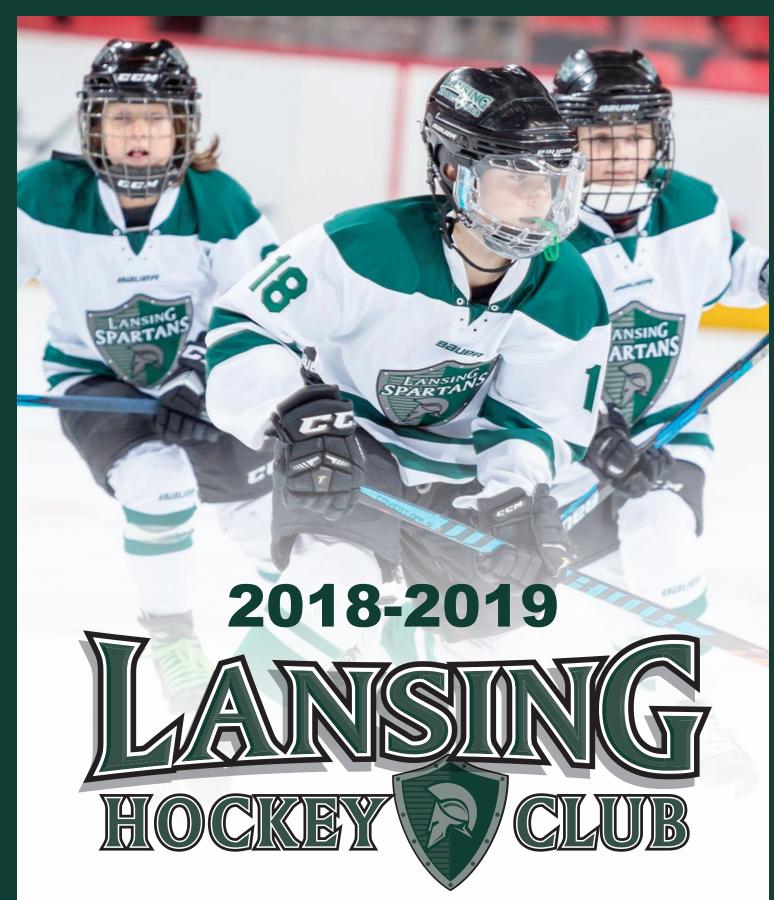




HOCKEY CLUB

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LANSINGHOCKEYCLUB.COM



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# FUNdamental HOCKEY

## SUBURBAN ICE EAST LANSING SPARTIES (AGES 4-7)

- Recommended as a first step for beginning hockey players who have completed a Learn to Skate class and have a solid base of fundamental skating skills
- Session 1 September-December | Session 2 January-March Discount for players registering for both sessions
- One 50-minute skate each week on Sundays at 2:00 pm at SIEL
- Emphasis on creating a fun, challenging environment for players to learn the beginning principles of skating in equipment, stickhandling and puck skills
- Skill stations and skillbuilding games as part of each session

#### MINI MITE (AGES 5-8)

- Program serves as an introduction to "team" play with practice sessions and small-ice games
- Two 50-minute skates each week one on Wednesday evenings at 5:30-6:30 pm and one on Sundays at 3:00 pm
- Teams will be grouped into lines based on skill and experience. Lines will be matched during all game situations to ensure that players are playing at their competitive level
- Weekly practice sessions focus on fundamental skating and puck skills using skill stations and small-ice games Weekend sessions consist of small-ice games.

### **BE A PLAYER (AGES 9-12)**

- One 50-minute skate each week Sundays 4:00 at SIEL
- First five weeks of the program serve as a training camp to teach age-appropriate skills to players and as an on-ice training session for coaches
- Teams will be grouped into lines based on skill and experience. Lines will be matched during all game situations to ensure that players are playing at their competitive level
- First half of each session focuses on developing fundamental skating and puck skills, the second half of each session consists of small-ice games
- Weekend games will be structured to maximize ice time, teach positioning, strategy and rules of the game, and to ensure that each player has the opportunity to compete, improve and enjoy the game



# THE SUMMIT SPORTS AND ICE SPARTIES (AGES 4-7)

- Recommended as a first step for beginning hockey players who have completed a Learn to Skate class and have a solid base of fundamental skating skills
- Session 1 Sept. 11th -Dec. 4th; Tuesdays 5:30-6:20pm (13 Sessions)
- Session 2 Jan. 8th -April 2nd.; Tuesdays 5:30-6:20pm (13 Sessions). Discount for players registering for both sessions
- Emphasis on creating a fun, challenging environment for players to learn the beginning principles of skating in equipment, stickhandling and puck skills

## MINI MITE (AGES 5-8)

- Program serves as an introduction to "team" play with practice sessions and small-ice games
- One session is 26 Weeks; Sept. 11th April 2nd; Tuesdays 5:30-6:20pm and Sundays 3:00 - 3:50pm (Sunday times will be at Suburban Ice East Lansing)
- Teams will be grouped into lines based on skill and experience. Lines will be matched during all game situations to ensure that players are playing at their competitive level
- Weekly practice sessions focus on fundamental skating and puck skills using skill stations and small-ice games

Program	Est. Fee	Ages	Registration Fee(Due w/Reg)	#1(Due. Oct. 15)	Installments #2(Due. Nov. 15)	#3(Due. Jan. 15)
SPARTIES SESSI	ON 1 (SEPT-DEC)	4-7	\$175.00	N/A	N/A	N/A
SPARTIES SESSION OF FOI	ON 2 (JAN-APRIL) R BOTH SESSIONS AND GET \$25	<b>4-7</b> OFF OF 2ND	\$175.00 SESSION.	N/A	N/A	N/A
MINI MITE	\$625	5-8	\$125.00	\$200.00	\$200.00	\$100.00
BE A PLAYER	\$350	9-12	\$175.00	N/A	N/A	\$175.00

# THE SENATORS PROGRAM



DIVISION

**AGES** 

**BIRTH YEAR** 

MITE

7 & 8

11-10

- Program will be based on the USA Hockey ADM (American Development Model)
- 10-12 skates per month

**SQUIRT** 9 & 10

09-08

10-12 skates per month

**PEE WEE** 11 & 12 07-06

• 2-3 skates per week, 12-13 skates per month

**BANTAM** 13 & 14 05-04

• 2-3 skates per week, 12-14 skates per month

**MIDGET** 18U 03-00

• 2-3 skates per week, 12-14 skates per month

#### **COACHING APPLICATIONS:**

The Lansing Hockey Club is now accepting coaching applications for the 2018-19 season. If you are interested, please visit our website, or see the front desk for an application. All coaches must have a complete application submitted in order to be assigned to a team.

#### **CLUB FEATURES**

- All registered players will be drafted onto a team
- Brief training camp in early September followed by an evaluation skate resulting in team formation
- Squirt teams will play in house league games at both Suburban Ice East Lansing and The Summit
- Pee Wee, Bantam, and Midget teams will participate in the Little Caesars League
- Practice and game ice time included in fees
- Jerseys and socks, year-end party, and awards included in fees
- Referee and referee scheduling fees for league games included in fees
- Coach Membership with USA Hockey and Little Caesar's League entry fees
- · Highly organized program

\*Note: All applicants are required to register with USA Hockey (\$45) for the 2018-19 hockey season

#### **VOLUNTEER COACHES**

Parent Coaches will be a vital key to the success of the Lansing Hockey Club. We welcome parent coaches! Please contact LHC if you are a parent with a hockey background, be it as a player or a coach, we would love to have you be a part of our program.

All coaches are required to go through the USA Hockey Coaching Education Program (CEP) which has certification classes offered starting August. www. maha.org

**Payment Schedule & Refund Policy** We use an online registration process only. You may choose to pay the full amount at the time of registration or you may choose the online auto-payment plan. If your player is injured or unable to participate due to unforeseen circumstances, you remain responsible for all of your player's program fees.

How to Register Online registration at Lansinghockeyclub.com. If not paying in full, a Registration Fee will be due (see amount in chart) at the time of registration. If paying by installments, your credit card will be automatically charged the amount listed in the payment schedule on that exact date.

#### Registration Due by July 15th

Installments										
Program	Est. Fee	Reg. Fee(Due July.1)	#1(Due. Sept. 15)	#2(Due Oct. 31)	#3(Due Dec. 31)					
MITE	\$775	\$150	\$300	\$200	\$125					
SQUIRT	\$895	\$150	\$325	\$275	\$145					
PEE WEE	\$1475	\$150	\$575	\$400	\$350					
BANTAM	\$1675	\$150	\$725	\$400	\$400					
MIDGET	TBD	\$150	TBD	TBD	TBD					