

October 2019

Monday

Oct 7
S: 4:15-5:00pm-Rydell

Tuesday

Oct 8
S: 5:00-5:45pm-Rydell

Thursday

Oct 10
S: 5:00-5:45pm-Rydell

Monday

Oct 14
S: 5:15-6:00pm-Rydell

Tuesday

Oct 15
S: 5:00-5:45pm-Rydell

Thursday

Oct 17
S: 5:00-5:45pm-Rydell

Monday

Oct 21
S: 4:45-5:30pm-Judd

Tuesday

Oct 22
S: 4:45-5:30pm-Judd

Thursday

Oct 24
S: 4:45-5:30pm-Judd



Grand Forks Youth Hockey

**3 on 3 Leagues
Squirt/10U**

Steve Johnson and GFYHA will be running a 3 on 3 Fall league for Squirts/10U Girls

Why 3 on 3?

The one area that kids fail to have success at the next level is because of lack of creativity or not consistently being able to make a play. 3 on 3 cross-ice is an excellent way to help develop this. (Outdoor ice or roller hockey also) Make plays in tight areas, creating 2-1's all over the ice, being creative and not worrying about making a mistake. This is an area where all of GFYHA can make improvements. Skating, stick handling, and shooting are all important aspects of development and we all do a good job of this. Having fun, being creative and making plays makes the difference between a good player and a dominating player.

48 skaters will be the max number at each level

6 teams 8 skaters per group.

Sign up based on level for the 2019/2020 season.

Dates and times are listed on the back of this brochure.

Fee:

Squirt/10U Skaters: \$115.00

Goalies: Squirt/10U: \$45.00

Participants Name: _____

Parents Name: _____

Address: _____

Phone: _____

Email: _____

Position: _____ Fee: _____

Send this registration along with payment to:

Grand Forks Youth Hockey

PO BOX 5070

Grand Forks, ND 58206