



GBN Hockey

Spring & Summer 2021

The GBN Spring & Summer Hockey Program is open to all present GBN students and those entering Glenbrook North this coming Fall, that have a 2006 or earlier birth date.

Pre-Season Skate for those entering GBN Hockey

This will be an opportunity for those who plan on playing GBN Hockey for the first time this Spring to continue skating after the Bantam season finished and prior to the GBN Spring Season. We have *TENTATIVELY* set the following dates:

Monday	March 15	9-10 pm	NB-A
Thursday	March 18	9:20-10:20 pm	NB-B

Spring Program

The spring program will consist of eight 8 -12 games against local High School teams and some practices. We will field JV and Varsity teams based on evaluations and the number of committed players. **Players who are interested in playing on a SPRING TEAM will need to be committed to the game schedule** (we will try for home games on Sunday and Thursday evenings; away games are not yet scheduled). We understand that GBN Spring sports (LAX/Baseball) will take priority over Spring hockey. We expect those that sign up will make most of the games scheduled and we **do not** offer a fractional fee based on availability. **Spring is only intended for those that plan to play for GBN in the fall.**

Tryouts will take place April 5 and 6 after Spring Break (Time TBD - check website)

The cost for the **Spring program** is **\$500** (goalies are 50% off) and *registration will be available on-line only in early March*. Payment in full required when registering. You must register prior to Tryouts.

Summer Conditioning Program

Players will be required to work out independently all summer and turn in specific completed workout reports to Coach Evan. It is assumed that many will be playing other GBN sports over the summer and workouts/activities associated with those sports will count toward workouts. In addition, there will be RPE workout sessions available for an additional cost. Off-ice conditioning run by GBN Coaches will begin around July 12th. 10 to 15 sessions are planned, weather permitting. Additionally, GBN coaching staff and Skills instructors will run ten (10) on-ice clinics and conditioning sessions beginning about July 26th and running through August.

The cost for the **Summer Program** is **\$195**. **Registration will be on-line only.**

IMPORTANT - There will be a mandatory meeting for all players and parents in early April to explain the Spring/Summer programs and the expectations of the coaches going into the Fall/Winter season.

Questions please Contact; **Evan Poulakidas** (847-530-7652) evan.poulakidas@cctybearing-us.com

Notwithstanding anything contained herein, the Glenbrook North Hockey Club reserves the right to deny participation in the GBN Spring Hockey Program to anyone who is not a member in good standing.