



CHSAA Cheerleading Bylaws & Guidelines

Code of Conduct

It is the purpose of the Catholic High School Athletic Association to promote the highest standard of fair play and sportsmanship. Keeping in mind the Christian beliefs of all our schools and promoting this belief through the behavior of our student-athletes, coaches and spectators that is above criticism, we will adhere to the code of conduct as put forth by the by-laws of each sport.

Coaches Certifications

All coaches must have current certifications for the following; CPR/AED, Concussion, Virtus, USA Cheer

Season Guidelines

August 18th- Fall tryouts

October 7th- Winter tryouts

Any routine choreography must take place after fall tryouts. Fall and Winter are two separate seasons and must have two separate tryouts. If athletes participate in stunting and tumbling during the Fall season, the team is classified as a competitive team and must adhere to NFHS (National Federation of State High School Associations) rules. Once the Winter season concludes on March 10th, teams transition to traditional cheerleading status and are no longer permitted to stunt.

Annual League Meeting/Safety Clinic

At least one coach from each school must attend the league meeting/safety clinic to be eligible for competition.

Rules/Safety

NFHS rules are strictly enforced. Each coach will receive an updated rule book annually and is expected to be familiar with the safety updates each season.

Competitive Schedule

Each region will host one competition, for a total of three regional events, leading up to the State Championship. Event locations will rotate annually.

25-26 CHSAA Official Competitive Schedule

Saturday, November 23rd at College of Staten Island

Saturday, December 13th at Hofstra University

Saturday, January 17th at Queens College

Saturday, January 24th States/JV Championship at Hofstra University

Withdrawing from Competition

Once the Google Form is completed and teams are registered for regional dates, the competitive schedule for the season is set. Any schedule change made within the week of a regional will result in forfeiture of State eligibility. Extenuating circumstances will be reviewed by the Athletic Directors.

Varsity State Championship Qualifications

To qualify for the State Championship, teams must participate in at least two regional competitions and achieve a minimum score of 60 in Traditional or 70 in Game Day at any one regional.

Awards

The number of awards presented in each division is determined by the number of teams participating in that particular competition.

3 teams or less- 1st place only

4 and 5 teams- 1st and 2nd place

6 teams or more- 1st, 2nd, and 3rd place

If a team is the only one in its division at the State Championship, the following minimum scores are required to earn the title:

Game Day State Champion: at least an 85

Traditional State Champion: at least a 75

Arrival at Competitions

Teams must arrive at least 30 minutes prior to their scheduled warm-up time. Fans are expected to arrive at least 30 minutes before the scheduled competition time. Any team arriving late may forfeit their standard interval between warm-up and performance.

Warm-Up & Performance Order

Each team will be allotted 7 minutes for stretching and 7 minutes for warm-up at each competition. Teams are expected to arrive at least 30 minutes prior to their scheduled warm-up time. The performance order will be randomly generated and shared at least two weeks prior to each event.

Event Tickets

Tickets will be available for online purchase prior to each event. Presale tickets are \$10, while tickets purchased on the day of the event are \$12. Tickets are online purchase only—no cash or credit will be accepted at the door. It is the coach's responsibility to provide ticket links to fans.

Competitive Fee

Each team is required to submit a competitive fee for the season: \$900 for one routine and \$450 for a second routine. In addition, there is a separate State Championship/JV Championship fee of \$300 for the first routine and \$150 for a second routine. An invoice will be issued to each program upon completion of competition registration. These fees are nonrefundable.

Treasurers

Arch- Janice Philipps
51 Clawson St.
Staten Island, NY 10306

Brooklyn/Queens - Sal Fischetti
6100 Francis Lewis Blvd
Fresh Meadows, NY 11365

Nassau/Suffolk- Kevin A'Hearn
Kellenberg Memorial High School Attn: Kelly Meisse
1400 Glenn Curtiss Blvd.
Uniondale, NY 11553

Divisions/Enrollment

Divisions are determined based on school enrollment size. An official CHSAA enrollment letter must be submitted to section presidents at the start of the season.

The division breakdown for the 2025-2026 competitive season is as follows

Division III- < 350 girls

Division II- 351-600 girls

Division I- 601+ girls

All League

Each Varsity team may nominate one athlete to receive All-League honors which will be presented at the State Championship. Teams competing in both Traditional and Game Day divisions may nominate one athlete for each.

Sportsmanship

A Sportsmanship Award will be voted on at the State Championship in each division.

Music License and Rosters

Each team must submit a copy of their music license and team rosters via email to chsaacheercoaches@gmail.com by November 15th.

Judging

CHSAA score sheets will be used for all Regional events and the State Championship. Scoring is comparative, and all judges are trained and certified. Deduction sheets will be available shortly after each team's performance. All scoring inquiries should be directed to the CHSAA judging coordinator Melanie Vigario at chsaacheerleadingassignor@gmail.com.

Website

chsaany.org

General information, score sheets, regional information, and competition results will be posted on the website.

Chairpersons

chsaacheercoaches@gmail.com

Nassau-Suffolk

Kelly Meisse

Archdiocese of NY

Andrea Vindigni

Brooklyn-Queens

Danielle Federico