

MIZUNO M1 VOLLEYBALL 2018 FALL VOLLEYBALL PROGRAMS



VOLLEYBALL CLUB



Experience the Difference at Minnesota's Finest Junior Volleyball Training Program

Register online @ www.m1volleyball.com

We recommend that athletes register early for these popular classes. Space is limited. Confirmations will be sent by email.

****M1 Summer Camps still open!**

Mon-Thu Weekly in July and HS Elite Camp July 16-18, register online**

M1 Fall League/Team Program Girls Gr 5/6 & 7/8/9 Aug 27th – Oct 13th	\$400
<ul style="list-style-type: none"> • Weekly practices Mon/Thu 5p/6:30pm, 5 Sat Morning League Events • Includes uniform T, M1 will have 8-10 teams, Sign up early! No Cuts! 	
M1 HS Fall Prep Skill Sessions I, II, III Girls Gr 6-8, 9-12	\$150/session
<ul style="list-style-type: none"> • Mon-Thu 4p-5:30p, Sessions I - July 23-26, II - July 30-Aug 2, III - Aug 6-9 • Group instruction on Serving, Pass/Defense, Hit/Blocking 	\$40/walk up
M1 Summer Open Gyms/Pre HS Tryout 4's Nights July/August	\$10 @ door
<ul style="list-style-type: none"> • 90 minutes of play, for girls trying out for the HS or 9th grade team • July 23-25 730p, July 28th 11a, July 30 6p • Aug 1 6p, Aug 4 11a, Aug 5 5p, Aug 6 6p, Aug 8 6p, Aug 11 11a 	
M1 Youth & Little Diggers Sunday Fall Youth Session I Sept 9th – Oct 14th	\$105/session
<ul style="list-style-type: none"> • 5pm-6:15pm, Girls Grades 1-5 & Boys Grades 1-5 • Introductory Skills, Drills, Technique & Games, NO CLASS SEPT 2nd 	\$20/walk up
Sunday Skill Sessions Sept 9th – Oct 14th (no class Sept 2nd)	\$195/session
<ul style="list-style-type: none"> • 6:30pm-8pm Focus is on Proper Skills / Technique • Girls/Boys Grades 6-8: Focus on Proper Core VB Skills, Drills, Technique • Girls/Boys Grades 9-12: Int & Adv Skills, Drills, Technique (High Rep) 	\$35/walk up
Wednesday Open Gym Series Sept 12th – Oct 17th	\$50/session
<ul style="list-style-type: none"> • Wednesdays 6pm-7:30pm, Girls and Boys Grades 6-8, 9-12 	\$10/walk up
MEA Break Skills Clinics Thurs Oct 18th / Fri Oct 19th	
<ul style="list-style-type: none"> • Girls grades 6-8, 9-12 • Thurs Oct 18th: Setters 9a-10:30a, Hitters 9a-10:30a, Def/Libero 11a-12:30p • Fri Oct 19th: All Skills Clinics Intermediate 9a-10:30a, Advanced 11a-12:30p 	\$40/session \$45/session
Pre Club Tryout Clinics - 90mins of Training with M1 Staff before Club Team Tryouts	
<ul style="list-style-type: none"> • Saturday Sept 29th: 5pm 11s-14s (*Note: 12-14s Tryouts are on Oct 7th) • Saturday Oct 6th: 5pm 11s-14s (*Note: 12-14s Tryouts are on Oct 7th) • Saturday Oct 20th: 11am 15s (9th Grade) • Saturday Oct 27th: 11am 15s (9th Grade), 1pm 16s (10th Grade) • Saturday Nov 3rd: 11am 15s (9th Grade), 1pm 16s (10th Grade) 	\$35/session \$35/session \$35/session \$35/session \$35/session
Pre Club Tryout Sunday Skill Sessions (Girls): 90min	
<ul style="list-style-type: none"> • Sunday Oct 21st: 5pm 15s – 18s • Sunday Oct 28th: 3pm 15s, 5pm 16s, 7pm 17/18s • Sunday Nov 4th: 3pm 9th 15s, 5pm 16s, 7pm 17/18s 	\$35/session \$35/session \$35/session
Pre Tryout Open Gyms	
<ul style="list-style-type: none"> • Oct 22-25: Mon-Thurs 6p-7:30p, Girls 15s-18s, Daily Walkup \$10 • Oct 29-Nov 1: Mon-Thurs 6p-7:30p, Girls 15s-18s, Daily Walkup \$10 • Sat Nov 3rd: 3pm 15/16s, 5pm 17/18s • Nov 5-8: Mon-Thurs 6p-7:30p, Girls 15s-18s, Daily Walkup \$10 • Sat Nov 10th: 11am 15/16s, 1pm 17/18s 	\$35/week \$35/week \$10/session \$35/week \$10/session

Register For All Programs at www.m1volleyball.com

Private lessons offered weekly – email admin@m1volleyball.com to schedule a lesson.

****Mizuno M1 12s-14s Tryouts Sun Oct 7th & 15s-18s Tryouts Sun Nov 11th – registration is open!****
Questions?? Call M1 at (952) 473-9712 or email admin@m1volleyball.com

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