

High School Football Academy FAQ's



Q: What is the purpose of the High School Football Academy?

A: To provide top-notch training and development to athletes wanting to improve their football performances.

Q: Who is it for?

A:

- Open to players in 9th - 12th grade.
 - Future Stars Division: Includes players in 7th/8th grade. To be considered please email info@my7on7.com
- All skill levels are welcomed.

Q: What are the benefits of HS Football Academy?

A:

- Goals – each athlete will set and strive towards their personal development goals with top athletes and coaches providing support along the way.
- Focus – athletes will focus on skill-positions and address their specific needs they are currently facing.
- Development – our program is ideal for off-season development as well as year-round training.
- Life Skills – it's not just about football - but also about teaching life lessons through sports.
- Tools – our program provides each athlete the tools to be successful throughout the season.
- Training – we offer multiple options for both small and large group training sessions.

Q: When is it?

A: Weekends from January – May. Two-hour timeframe either afternoon or evenings.

Q: Where is it?

A: [See website for details.](#)

Q: Are there tryouts?

A: No.

Q: What is included in the cost of the HS Football Academy?

A: The HS Football Academy includes:

- Training Sessions (Up to 18 sessions depending on which package you select)
- NCAA Eligibility Coaching
- Classroom Film Study
- Mentorship from NFL Alumni
- Expert Speakers on Life Skills Topics
- Coaches with Collegiate and NFL Experience
- Apparel

Q: What is the cost of the HS Football Academy?

A: Cost:

- 6 weeks = \$180* (\$30/session)
- 12 weeks = \$300* (\$25/session)
- 18 weeks = \$400* (\$20/session)
- *QB's are an additional \$100.

All information is subject to change at the discretion of my7on7

High School Football Academy FAQ's



Q: Is there a payment plan?

A: Yes.

Q: Are there scholarships?

A: Yes. There are limited scholarships available for those that qualify.

Q: Where can I register?

A: See the [High School Football Academy](#) to register today!

Q: Does my player have to participate in the entire program?

A: In order to receive optimal training and development players must commit to the specific session they register for.

Q: Will we compete in any games?

A: No. The HSFA is a training program only and will not include games or tournaments.

Q: What equipment is needed?

A: Cleats are recommended.

###