

# **NORTH FORSYTH FOOTBALL INFO MEETING**

# **2025**



**YOU'RE ABOUT TO GET A LOT OF INFO...  
BUT DON'T WORRY.**

**THIS PRESENTATION WILL BE AVAILABLE  
ONLINE AFTER THE MEETING**

**WE ALSO HAVE A TAKE HOME AVAILABLE  
OF QR CODES**

# Topics

- Coach's Comments
- Communication
- Financial Overview
- Fees / Booster Membership
- Fundraisers
- Committees
- Important Dates
- Registration / Website Key Information



# 2025 Defensive Coaching Staff

**Chris Wagner**

Defensive Coordinator  
Linebackers



**Blake Palmer**

Defensive Tackles

**Kyle Gourley**

Assistant Head Coach  
Cornerbacks



**Nic McBride**

Strength and Conditioning  
Outside Linebackers

**Todd Stewart**

Defensive Line



**Zack Martin**

Safeties

# 2025 Offensive Coaching Staff

**Troy Morris**

Offensive Coordinator  
Quarterbacks



**Ben Parnell**

Running Backs

**Jackson Smith**

Special Teams Coordinator  
Tight Ends



**Triquece Ware**

Wide Receivers

**Jacob Timmerman**

Offensive Line  
Recruiting Coordinator



# 2025 9th Grade Coaching Staff

**Andrew Garner**

9th Grade Head Coach



**Austin Wagner**

9th Grade  
Defensive Coordinator

**Evan Lamb**

9th Grade  
Offensive Coordinator



**Cade Jensen**

9th Grade DL

# Meet the Trainers



**Sydney Doss**  
**MS, LAT, ATC**  
**Athletic Trainer**



**Jordan Young**  
**MS, LAT, ATC**  
**Athletic Trainer**



# Meet the Medical Staff



Stephen R. Fisher, MD  
Orthopedic Surgeon



Torrance Laury, MD  
Primary Care Sports  
Medicine



Richard Sullivan, PA-C  
Physician Assistant



Kimia Nezafat PA-C  
Physician Assistant



Daniel Charek, PhD  
Concussion Specialist



# Athletic Training Services

Athletic trainers are qualified healthcare professionals who render services or treatment in collaboration with a physician in compliance with their education, training and the states statutes, rules and regulations. (National Athletic Trainers Association)

## Services Provided:

- Injury Prevention
- Examination and Diagnosis of injury
- Treatment and rehabilitation of emergent, acute or chronic injuries and medical conditions
- Assist in scheduling appointments through Northside Hospital Orthopedic Institute

*Athletic training* (2022) NATA. Available at: <https://www.nata.org/about/athletic-training> (Accessed: February 1, 2023).



**April 16th**  
**4:30pm**



**Details**  
**FREE Sports Physical**

**WHO:**

**Forsyth Co. Athletes**

**When:**

**April 16th 4:30pm**

**Where:**

**Northside Forsyth  
Hospital Campus  
2000 Howard Farm Drive  
Suite 305  
Cumming, GA 30041  
Cost: Free**

**Required  
Paperwork**

- Each athlete is required to fully complete the following Preparticipation Physical Evaluation
- (PPE) sections prior to arrival:
  - HISTORY FORM (page 1 & 2)
  - Signature of athlete and parent/legal guardian on (page 2)
  - Shared Emergency Information section (page 4)

**By Appointment Only**  
**Scheduling TBD Later**

# DragonFly Physicals

- Address: [www.dragonflymax.com](http://www.dragonflymax.com) for free sign-up
- Student-Athlete must have a GHSA up-to-date, approved physical and insurance information uploaded on to Dragonfly to participate
- Physicals expire annually; Must have an up-to-date physical for spring practice and summer workouts
- The first 6 initial forms will filled out electronically thru Dragonfly then the physician signed pages will be uploaded in the appropriate sections in Dragonfly.
- Optional Form: Instrument Assisted Soft Tissue Mobilization (Cupping and Graston)

# Concussion Protocol

- Athlete will be evaluated by athletic trainer if concussion is suspected and athlete will NOT return to play that day
- Athlete MUST be seen by a GHSA approved healthcare professional if concussion is suspected prior to returning to play:
  - Pediatrician/ Primary Care
  - Athletic Trainer
  - Concussion Specialist
  - “If the youth athlete is diagnosed with a concussion by the health care provider, the coach or other designated personnel will not allow the youth athlete to return to practice/ play until the youth athlete receives clearance from a healthcare provider for a graduated or full return to play” (Georgia Department of Public Health)
- Athlete may begin return to play protocol when the healthcare provider allows or symptoms become mild



## Georgia High School Association Student/Parent Concussion Awareness Form

SCHOOL: \_\_\_\_\_

### DANGERS OF CONCUSSION

Concussions at all levels of sports have received a great deal of attention and a state law has been passed to address this issue. Adolescent athletes are particularly vulnerable to the effects of concussion. Once considered little more than a minor “ding” to the head, it is now understood that a concussion has the potential to result in death, or changes in brain function (either short-term or long-term). A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. Continued participation in any sport following a concussion can lead to worsening concussion symptoms, as well as increased risk for further injury to the brain, and even death.

Player and parental education in this area is crucial – that is the reason for this document. Refer to it regularly. This form must be signed by a parent or guardian of each student who wishes to participate in GHSA athletics. One copy needs to be returned to the school, and one retained at home.

### COMMON SIGNS AND SYMPTOMS OF CONCUSSION

- Headache, dizziness, poor balance, moves clumsily, reduced energy level/tiredness
- Nausea or vomiting
- Blurred vision, sensitivity to light and sounds
- Fogginess of memory, difficulty concentrating, slowed thought processes, confused about surroundings or game assignments

BY-LAW  
Federation  
shall be  
has det  
(MD/DO)  
assistant  
a) No a  
be ruled  
b) Any  
particip  
clearan

By sig

# Concussion Protocol

**BY-LAW 2.68: GHSA CONCUSSION POLICY:** In accordance with Georgia law and national playing rules published by the National Federation of State High School Associations, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion shall be immediately removed from the practice or contest and shall not return to play until an appropriate health care professional has determined that no concussion has occurred. (NOTE: An appropriate health care professional may include licensed physician (MD/DO) or another licensed individual under the supervision of a licensed physician, such as a nurse practitioner, physician assistant, or certified athletic trainer who has received training in concussion evaluation and management.

a) No athlete is allowed to return to a game or a practice on the same day that a concussion (a) has been diagnosed, OR (b) cannot be ruled out.

b) Any athlete diagnosed with a concussion shall be cleared medically by an appropriate health care professional prior to resuming participation in any future practice or contest. The formulation of a gradual return to play protocol shall be a part of the medical clearance.

# Concussion Protocol

- **Gradual Return to Play (RTP) Protocol:**
  - Stage 1: Walking
  - Stage 2 : Jogging, sit-up, push-ups and lunges
  - Stage 3: Sports specific exercises and weightlifting
  - Stage 4: Non-Contact Practice
  - Stage 5: Full Contact Practice
- **Athlete advances from stage to stage as long as they can tolerate each stage without a symptom increase. If symptoms increase we will stop activity and re-try stage the following day**
- **Athlete MUST complete RTP protocol with no symptom increase AND be cleared by a healthcare provider to return to full/ non-restricted activity.**

**Northside Concussion Hotline Number  
(404)847-4437**

# MISSION

To use the game of football to develop young men:

- Physically
- Mentally
- Socially
- Spiritually

Helping them to reach their full potential both on and off the field.





# VISION

To develop NFHS football into the premier high school football program in the region, state, and nation. Committed to football through a passionate pursuit of excellence in every aspect of the program.

From the intensity and organization of practice to the sportsmanship and class of competition, we expect excellence at all times. Everyone associated with the program: from coaches, players, and administrators to cheerleaders, boosters and parents, will model character and strive for excellence as we seek to do what is RIGHT and what is BEST for the program.



# GAMEPLAN:

## FULFILLING THE MISSION & VISION

To use the game of football to develop young men  
physically...

- Advanced Weight Training
- Speed & Agility Training
- Nutrition / Hydration Education
- Football Specific Skills Training



# GAMEPLAN:

## FULFILLING THE MISSION & VISION

To use the game of football to develop young men  
mentally...

- Academic Progress Monitoring
- Academic Tutoring
- SAT / ACT Tutoring & Advising



# GAMEPLAN:

## FULFILLING THE MISSION & VISION

To use the game of football to develop young men  
socially...

- College and Career Readiness
- Recruiting Assistance
- Community Service
- Visiting Elementary Schools
- Youth Camps
- Service Projects



# GAMEPLAN:

## FULFILLING THE MISSION & VISION

To use the game of football to develop young men  
spiritually...

- Character Coach
- Team Chaplain
- Meals at area churches
- Various team speakers



# **RAIDER FOOTBALL CORE VALUES**



**DISCIPLINE**

**TOUGHNESS**

**EFFORT**

**COMMITMENT**

**PRIDE**

# RAIDER FOOTBALL CORE VALUES



## DISCIPLINE

- Raider Time
- Dress Code



# RAIDER FOOTBALL CORE VALUES



## TOUGHNESS

- Mental & Physical Toughness Training
- TPW: Tough People Win

# RAIDER FOOTBALL CORE VALUES



## **EFFORT**

- 48 Minutes or as long as it takes...
- 4th Quarter Program

# RAIDER FOOTBALL CORE VALUES



## COMMITMENT

LOVE, SERVE, CARE

F. A. M. I. L. Y.

Forget About Me I Love You

# RAIDER FOOTBALL CORE VALUES



## PRIDE

- Representing the NF logo on and off of the field!
- THE TEAM, THE TEAM, THE TEAM

# Phase 1

## January – April (Winter Strength & Conditioning)

- New Weight Maxes / Lift-a-Thon
- Raider Games
- Character Education
- Meetings With Position Coach / 4 on 1's
- 4th Quarter Drills: Feb 24th 6:15am...5 Mondays
- Speed Training
- Install Workouts: Begin after spring break
- Nutrition Focus

# Phase 2

## May (Spring Practice)

- Spring practice begins April 29th
- Spring Game vs. Mountain View is May 15th  
**HOME**
- Weight Training
- Raider Games conclude May 7th
- **Dead Week May 26-June 1 - NO PRACTICE!**

# Phase 3

## June-July (Summer Practice)

- Summer practice begins June 2
- JV/Varsity: Monday - Thursday 7:00 - 10:30 AM
- Freshman: Monday, Tuesday, Thursday 6:00 - 8:00 PM
- Varsity Team Camp: Statesboro, GA June 18 & 19th
- 7 on 7: 9th Grade June 10th & 17th
- Team Camp at NFHS July 16 & 17th (Includes Freshman)
- Dead Week: June 23 - July 6th



# Phase 4

## August - December (Season)

- Fall practice begins July 22nd
- Advanced Physical Conditioning (Weight Training)  
#60205y - register for class
- JV/Varsity Scrimmage August 1 at Dawson County
- Varsity - 10 game Regular Season + Playoffs
- JV - 7 Game Schedule
- 9th Grade - 7 Game Schedule

# Parent Guidelines

- Please help guide your child in proper nutrition and hydration as his safety is impacted by how he manages these things.
- Please use the following guidelines to assist in promoting a positive image of the program and the school:
  - If you have a problem with a coach, set up a meeting and deal with him privately. Do not approach the coach with a problem immediately after a game or practice. Please make an appointment.
  - Disagreements will occur. Sometimes after meeting and addressing concerns disagreements will remain. We pledge to make decisions with the best interest of the team and school in mind, not individual players.
  - We should all have the goal of providing the best experience possible for our players. Destructive remarks and sowing bitterness does not aid in this process. Please go about your business in a way that promotes a positive image of the team.



# Parent Guidelines

- During games & practices the sideline area is for players and coaches only.
- Please do not try to have a conversation with your son during the game, although remarks of encouragement are welcome.
- Please do not enter the playing field. If your son is injured, allow the coaches or medical staff to address the injury. If needed, we will call you on the field.
- The coaches will not discuss lineups or roles with parents unless it is concerning your son.
- The coaches are not interested in listening to gossip or negative remarks concerning other people, players, etc.

[CALENDAR VIEW](#)
[MONTH LIST VIEW](#)
[DAY VIEW](#)

← February 2025 →

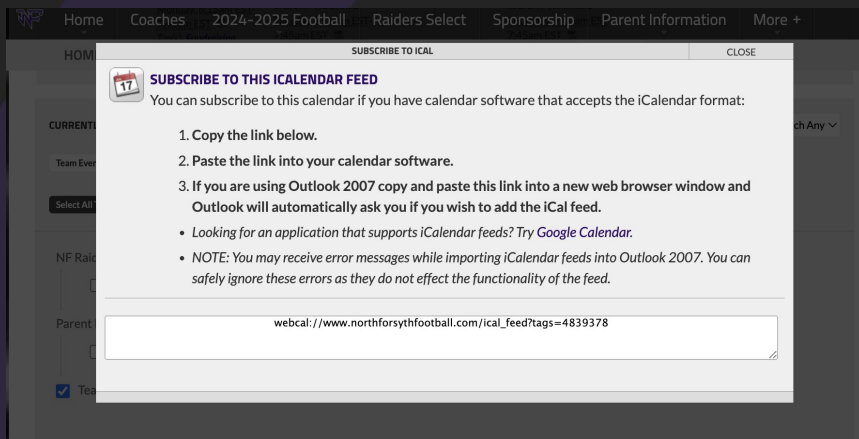
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 MIDDLE SCHOOL WEIGHT TRAINING Tuesday, 7:00am EST - 7:45am EST Tag(s): Fundraising Events	4	5	6 MIDDLE SCHOOL WEIGHT TRAINING Thursday, 7:00am EST - 7:45am EST Tag(s): Fundraising Events	7	8
9	10 MIDDLE SCHOOL WEIGHT TRAINING Tuesday, 7:00am EST - 7:45am EST Tag(s): Fundraising Events	11	12	13 MIDDLE SCHOOL WEIGHT TRAINING Thursday, 7:00am EST - 7:45am EST Tag(s): Fundraising Events	14 NO SCHOOL All Day Event Tag(s): Fundraising Events	15
16 NO SCHOOL All Day Event Tag(s): Fundraising Events	17 NO SCHOOL All Day Event Tag(s): Fundraising Events	18	19	20 MIDDLE SCHOOL WEIGHT TRAINING Thursday, 7:00am EST - 7:45am EST Tag(s): Fundraising Events  PARENT MEETING Thursday, 6:00pm EST - 7:30pm EST Tag(s): Fundraising Events	21	22
23 4TH QUARTER DRILLS Monday, 6:15am EST - 7:45am EST Tag(s): Fundraising Events	24 MIDDLE SCHOOL WEIGHT TRAINING Tuesday, 7:00am EST - 7:45am EST Tag(s): Fundraising Events	25	26	27 MIDDLE SCHOOL WEIGHT TRAINING Thursday, 7:00am EST - 7:45am EST Tag(s): Fundraising Events	28	29

CURRENTLY SELECTED TAG(S):

Match Any

Refer to calendar on website:  
northforsythfootball.com

# Subscribe to the Team Calendar



1. Scan
2. Scroll to bottom of Calendar
3. Click: Subscribe to ICAL feed

# WHEN DO I SCHEDULE VACATION?

**GHSA Dead Weeks:**  
May 26-June 1  
June 23-June 29  
June 30-July 6

# SCHOOL HOLIDAYS DURING FOOTBALL SEASON

- 9th Grade Will Practice On Labor Day (Sept. 1)
- Fall Break Schedule: JV/Varsity Will Practice Thursday, Friday, & Saturday September 25, 26, 27
- We Will Practice The Week Of Thanksgiving



# FOOTBALL BOOSTER CLUB

- Volunteer Organization
- Promote Football Program
- Enhance The Player Experience
- Assist With Financial Undertaking
- Welcome New Board Members



# 2024 vs 2025 Financials

Category	2023	2024	2025 (Preliminary)
Income	\$343,690.18	\$424,096.62	\$343,100
Expenses	\$313,563.55	\$470,163.06	\$343,100
Operating Result	\$30,128.66	\$-46,066.44	-

## **2025 Expenses:**

- Game Technology
- New Game Pants
- New Run-through Helmet
- Recruitment Tools
- More Nutrition Focus
- Coaching supplements



# 2025 Player Pack Fees

- Player Pack \$250 for all players.
- Includes ¼ Zip, Joggers, 2 compression shirts, shorts, polo
- Extra compression shirts/shorts available for additional cost
- Paid by Lift-A-Thon or Paid Outright
- Lift-A-Thon over \$250 goes towards player fee
- Separate Square link
- Player Pack form (Google form) & money due March 25th





## PLAYER PACK ORDER FORM

Name : \_\_\_\_\_

Phone : \_\_\_\_\_

Email : \_\_\_\_\_

Number : \_\_\_\_\_

Address : \_\_\_\_\_

(A) MANDATORY ITEMS. Player Pack fee of \$250. (B) OPTIONAL ITEMS ON PAGE 2.



UA Rival Fleece  
Joggers

- ☐ SMALL
- ☐ MEDIUM
- ☐ LARGE
- ☐ XLARGE
- ☐ XXLARGE
- ☐ XXXLARGE



UA Rival  
Fleece 1/4 Zip

- ☐ SMALL
- ☐ MEDIUM
- ☐ LARGE
- ☐ XLARGE
- ☐ XXLARGE
- ☐ XXXLARGE



UA Tech Vent 7"  
Short

- ☐ SMALL
- ☐ MEDIUM
- ☐ LARGE
- ☐ XLARGE
- ☐ XXLARGE
- ☐ XXXLARGE



UA Short Sleeve  
Compression  
(Graphite)

- ☐ SMALL
- ☐ MEDIUM
- ☐ LARGE
- ☐ XLARGE
- ☐ XXLARGE
- ☐ XXXLARGE



UA Short Sleeve  
Compression  
(Purple)

- ☐ SMALL
- ☐ MEDIUM
- ☐ LARGE
- ☐ XLARGE
- ☐ XXLARGE
- ☐ XXXLARGE



UA Men's Team  
Polo

- ☐ SMALL
- ☐ MEDIUM
- ☐ LARGE
- ☐ XLARGE
- ☐ XXLARGE
- ☐ XXXLARGE



# Player Participation Fee

## \$1000 (\$1100)

- \$100 additional volunteer fee that will be refunded upon completion of 2 required volunteering game day events
- Player Training and Development for summer and Fall workouts
- Coaching Services for Summer and Fall season
- Player Football expenses – Post workout snacks, pregame meals, half time snacks, buses for camps and away games, security during home games
- Equipment/operational maintenance and Upgrades
- Year Round use of football facilities, equipment & weight room
- Availability to purchase professional action shots for all Varsity games and Home Freshman/JV
- Medical Supervision by professional athletic trainer and team physician
- Player access to HUDL



## Purple Level \$1500 (\$1600)

- \$100 additional volunteer fee that will be refunded upon completion of 2 required volunteering game day events
- All the benefits of the player participation fee level
- Entry for 2 to all Raiders regular season Freshman, JV and Varsity Home Football Games
- 2 pregame dinner passes to all Home Varsity Tailgates
- 1 Stadium Chair
- \$25 Concession Cash to be used at any Home Football game
- One preferred parking spot for each home Varsity Game



# Silver Level

## \$2500

- All the benefits of the Player Participation
- 2 additional entry to all Raiders Regular season Freshman, JV and Varsity Home Football Games
- 2 reserved parking spots at each Home Varsity Game
- 2 Stadium Chairs
- 1 Family pass to Pre-game Tailgate dinners
- \$50 concession cash to be used at any Home football game
- 1 Booster Spirit Bag with a selection of Raider Spirit Items
- \$500 Tax deduction per family
- Fundraising exemption for up to 2 players in a family – does not include Lift-a-Thon
- Exempt From all parent Volunteer requirements

# Opportunities for Help



## Corporate Sponsorship

- Secure new sponsors for the program and receive a credit toward your player fees.

## Lift-a-Thon Fundraiser

- The first \$250 raised covers the cost of your player pack.
- Any additional funds raised go directly toward reducing your player fees.





# NORTH FORSYTH FOOTBALL

Corporate Sponsorship Package

> 2024-2025



Corporate Sponsorship Contacts: Clint Smith and Josh Bray

# 2025 Corporate Sponsorships

- Opportunities for corporate sponsorship from \$1000 - \$10k
- **Fundraising Opportunity** - **20% Credit** towards player dues for all **NEW** sponsorships solicited over a minimum of \$1000. **Sponsorship must be secured by June 1** to obtain credit- Example Table Below

Corporate Sponsorship Fundraising Solicitation Sponsor Example(s)

Sponsor Level	Credit Towards Player Dues
Black \$1000 - <b>1 Company</b>	\$200
Silver \$2000- <b>1 Company</b>	\$400
Platinum \$5000 - <b>1 Company</b>	\$1000

# Corporate Sponsorship Levels



	Diamond \$10,000	Platinum \$6,000	Purple \$4,000	Silver \$2,000	Black \$1,000
4"x4" window decal	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Sponsor Ad on website	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2 Home Game Tickets			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4 Home Game Tickets	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			
Sponsor Sign	8X8 Premium Digital Scoreboard	8X8 Premium Digital Scoreboard	4X8 Premium Digital Scoreboard	Endzone Sign	Pressbox Sign
Ad in Program	Full Page Ad	Full Page Ad	Full Page Ad	1/2 Page Ad	1/4 Page Ad
Raider Valley Jumbotron Video (if provided)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Gameday Takeover	<input checked="" type="checkbox"/>				

# **Current Sponsors - Please Do Not Solicit**

**Andean Chevrolet  
Atlanta Spa and Leisure  
Bales Financial Group  
BC Homes  
Billy Howell Ford  
Bryan Properties  
Buffalo's  
Case Farms  
Causey Orthodontics  
Century Communities  
Chick-Fil-A  
Children's Healthcare of  
Atlanta  
Chili's Dawsonville  
Citizens Bank  
Conwall Construction**

**Dunkin Donuts  
Echelon Golf Club  
Exley Lumber Company  
Extreme Flooring  
Fajita Grill  
Forsyth ACE Hardware  
Georgios  
Grapevine Italian  
Innovation Plumbing and  
Construction  
John Megel Chevrolet  
King of Pops  
Lang Signs  
Lanier Goods Co.  
Liebel Law  
Longhorn Steakhouse  
Lou Sobh**

**MarJac Poultry  
Martin Marietta  
Olive Garden  
Orion Construction Group  
Palapas  
Pizzeria Azzurri  
Ryan Scott State Farm  
Shari Simpson Realty  
Tam's Backstage  
The Station Salon  
Thrasher Electric  
Troncalli  
W.B. Electric, Inc.  
Whataburger  
Zaxby's**

# 2025 Committee Sign-Ups

## FUNDRAISERS

- Corporate Sponsors (Chair- Clint Smith/Josh Bray)
- Night of the Raider - July 26
- Pine Straw/Mulch - March 22 (Chair-Kellie Aucoin)
- Concession Committee
- Golf Tournament -July 21 (Chair-Chuck Cianciolo)

## TEAM SUPPORT

- Meals & Nutrition (Chair - Shari Simpson)
- PreGame Meals
- PostGame Meals
- Thursday Breakfast
- Tailgate Committee
- Field Operations (Chair - Chris Wilkins)
- Home GameDay Committee

## EVENTS

- Homecoming Parade Decoration Committee
- Senior Night
- Football Banquet

→  
SCAN HERE TO  
SIGN UP



# 2025 Primary Fundraisers

- Lift-A-Thon
  - Begins March 3
  - Max weight lifts week of March 17
  - Money and Player Pack forms due March 25
- Pine Straw/Mulch
  - February 24 - March 12 Receive Orders
  - March 22 - Delivery/pick up date
- Golf Tournament
  - July 21st at Echelon Golf Club
- Night of the Raider
  - July 26th

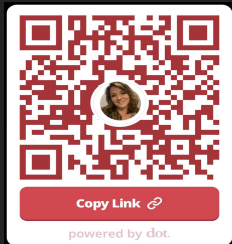
**Total Team Involvement Required**



# Mulch and Pine Straw Fundraiser

## Biggest Fundraiser of the Year!

- Orders must be in by 3/12
- Pick Up/Delivery on 3/22
- Must have VOLUNTEERS
- Recruiting for a COMMITTEE
- Need help with logistics and day of delivery/pick up.
- Scan RED QR code to contact Kellie Aucoin to volunteer



This graphic will be available for social media sharing tonight in the parent GroupMe.

A promotional graphic for a fundraiser. It features a white football helmet with purple 'NF' on the side and a purple face mask. The background is a green field with a black banner at the top and bottom. The text is in white and black.

**RAIDER FOOTBALL**  
PINE STRAW & MULCH FUNDRAISER

**PINE STRAW – \$4.75 PER BALE**  
**MULCH – \$3.75 PER BALE**

DELIVERY FEE STARTING AT \$30  
\$150 MINIMUM ORDER REQUIRED

*PLAYERS ARE NOT ABLE TO SPREAD MULCH ON THE DAY OF DELIVERY*

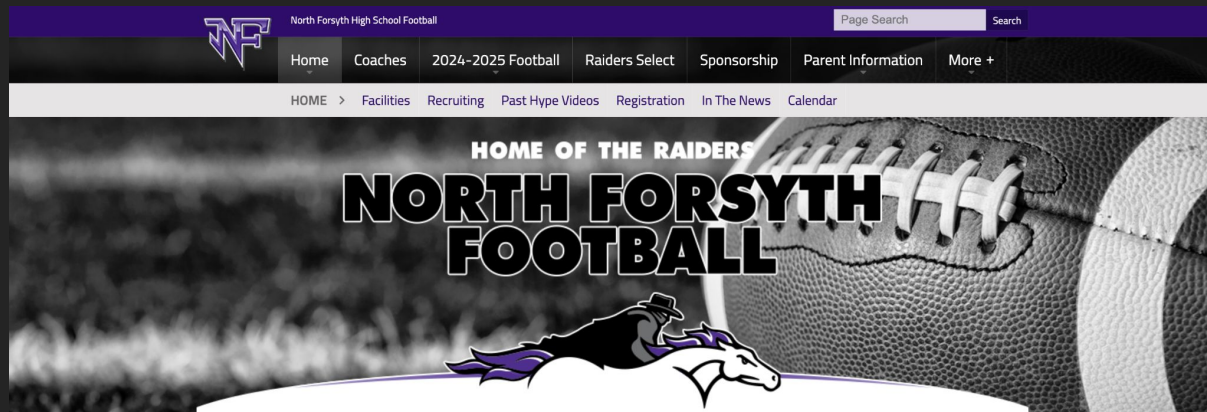
**ORDER NOW THROUGH MARCH 12**  
**PICKUP/DELIVERY ON MARCH 22ND**

**ORDER HERE OR SCAN:**  
[HTTPS://NFHSFOOTBALL.SQUARE.SITE](https://nfhsfootball.square.site)



# Communication - Best way to get info!

**NF Football Website** - [www.northforsythfootball.com](http://www.northforsythfootball.com)



- Registration
- Calendar
- Schedule
- Payments
- Sign-ups
- Downloads
- Recruiting Info
- Fee Schedule



DISCIPLINE, TOUGHNESS, EFFORT, COMMITMENT, PRIDE



# Communication - Other Important Venues



[facebook.com/nfhsfootball](https://facebook.com/nfhsfootball) - North Forsyth Raiders Football



[x.com/NoFoFootball](https://x.com/NoFoFootball) - @NoFoFootball  
[x.com/NFHS\\_FB\\_Recruit](https://x.com/NFHS_FB_Recruit) - @NFHS\_FB\_Recruit



Text 81010 for the Remind App  
Varsity: @nofovars  
Freshman: @nofofreshm



Email - [nfhsraidersfootball@gmail.com](mailto:nfhsraidersfootball@gmail.com)



# GroupMe App

## Main Written Communication



**Raider Football Families  
(All Teams)**



**2025 Freshmen Families**



**2026 Senior Moms**

# CHECKLIST - PARENTS

- Registration: available NOW at [northforsythfootball.com](http://northforsythfootball.com)
- JOIN COMMITTEES TONIGHT
- Recruiting Seminar to follow parent meeting tonight.
- Physicals turned in by spring practice.
- Picture Day: July 26.
- Get ready for Lift-a-Thon & Pine Straw/Mulch Fundraiser

# CHECKLIST - PLAYERS

- Weight Training Course (Advanced Physical Conditioning)
- #60205y - register for class.
- Seniors register for first semester only.
- HUDL communication
- Nutrition / Hydration / Rest
- Finish Year Strong Academically
- Player Pack forms due March 25



# Questions?

## RECRUITING SEMINAR TO FOLLOW

