

OUTDOOR RULES OF PLAY

NOTE: These are the current AVP rules and MOST tournaments are using them. Every tournament has the right to change the rules or use a different format.

- 1.) You cannot receive the serve with open hands. Players must use their platform or have their hands together if passing overhead. Some tournaments may allow open hand receive of serve.
- 2.) You can use open hands on defense. If a ball is hard driven (no time to think), you can double the 1st contact. If you have time to think about it, the 1st contact must be clean (set quality).
- 3.) You cannot tip the ball with any sort of finger/wrist action.
- 4.) In the higher divisions, a block will count as one of the team's 3 touches. MOST juniors events will not use this rule.
- 5.) Doubles and Triples events will use a short court
- 6.) Players CANNOT enter into another court, even after playing the ball.
- 7.) Net height is 8' for men's net and 7' 4" for women's net.

These are just the most basic rules. Each tournament may have other rules to follow at their events.