



Travel Guidelines Revised 2/2024

8U Travel

Part-time travel for exposure to travel hockey
Prioritized for players classified as 8-year-old by USA Hockey
Team is formed at house evaluations for those who opt in
Players participate in the Mite House League
1 Overnight tournament, 2-3 jamborees
No more than 6 ice slots to host other teams for cross-ice Games

8U Northstars

Part-time travel for exposure to travel hockey
Team is formed during evaluations for those who opt in.
Players participate in the Mite House League
1 Away tournament, 1 Home Tournament*

10U Northstars Split Season

Part-time travel
Extra cost to be added at registration
Tryouts for this team in the Spring; Team comprised of Co-ed and Northstars travel girls.
3-5 practices and 1-2 home/away tournaments.

10U Northstars

Full time travel
2 - ½ sheets of practice ice/week
35-45 games/year including tournament games
2-3 away tournaments/1 home tournament

10U Red

Full time travel
2-3 - ½ sheets of practice ice/week
40-50 games/year including tournament games
2-3 away tournaments/1 home tournament

10U White

Full time travel
2-3 - ½ sheets of practice ice/week
35-45 games/year including tournament games
2-3 away tournaments/1 home tournament

10U House Travel

(Additional Cost added at Registration)

Introduction/transition to travel hockey
Players participate in the House League
Practice ice allocated through November 15th. 1 practice/week
Home tournament February to end the travel season.

Games or Tournaments played ONLY during AYHA Home Tournament Weekends after November 15th.

- *Fire one Ice (Veteran's Day Weekend)* • *Northstars Winter Classic (Martin Luther King Jr. Weekend)* • *Extreme Freeze (Weekend after MLK Jr. Weekend)*



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12U TB/ 12U TB Northstars

Full time travel
 2-3 - ½ sheets of practice ice/week
 40-50 games/year including tournament games
 2-3 away tournaments/1 home tournament

12U

Full time travel
 2-3 - ½ sheets of practice ice/week
 35-45 games/year including tournament games
 2-3 away tournaments/1 home tournament

12U House Travel

(Additional Cost added at Registration)

Introduction/transition to travel hockey
 Players participate in the House League
 Practice ice allocated though November 15. 1 practice/week
 Home tournament February to end travel season.
 Games or Tournaments played ONLY during AYHA Home Tournament Weekends after November 15th.
 • *Fire one Ice (Veteran's Day Weekend)*, • *Northstars Winter Classic (Martin Luther King Jr. Weekend)*
 • *Extreme Freeze (Weekend after MLK Jr. Weekend)*

14U TB/ 14U TB Northstars/ 16U TB Northstars/ 19U TB Northstars

Full time travel
 2-3 - ½ sheets of practice ice/week
 40-50 games/year including tournament games (Not including State and National Tournaments)
 2-3 away tournaments/1 home tournament. Not including State and National Tournaments

14U White

Full time travel
 2 - ½ sheets of practice ice/week
 35-45 games/year including tournament games
 2-3 away tournaments/1 home tournament

14U Blue

Full time travel
 2 - ½ sheets of practice ice/week
 35-45 games/year including tournament games
 2-3 away tournaments/1 home tournament

Midget Wrap – U16/U18

Team is formed in Spring/Summer and concludes the regular season the weekend prior to High School hockey tryouts.
 State and National Tournament commitment is required to participate.
 1-2 full sheets of practice ice/week starting in August
 20-30 games/year not including the State Tournament 1-2 away tournaments.

Home Game Allotments

10U, 12U House	5 Home Games / 1 Home Tournament
10U, 12U, 14U Youth and Girls TB, Red, White	14 Home Games / 1 Home Tournament
16U/18U Wrap	10 Home Games
10U, 12U Northstars Development	TBD by AYHA Board