

WOLFPACK CHEER CODE OF CONDUCT

Welcome to the Wolfpack Cheer Family. We are looking forward to an exciting year of fun. Below you will find the expectations for every Cheerleader and Parent for this upcoming season. For any questions, please contact us at valleywolfpackcheerdirector@gmail.com.

1. I will come to practice every day on time and ready to go even after the football season ends. Hair will be pulled back, tennis shoes on and tied. I will be wearing appropriate practice attire with cheer shorts, spanx under if needed, sports bra with tank top or t-shirt. I will **NOT** be wearing jean shorts, skirts, skorts, shirts that show my stomach or deemed inappropriate.
2. I will not be wearing any jewelry including earrings and watches and I will not wear any clothing with pockets or hoods to practice.
3. I understand that missing practices will likely keep me from being able to stunt with my group.
4. I will do my very best to listen, follow instructions and to learn from my coaches and teammates.
5. I will be a good sport and will not use inappropriate language. I will talk nicely to and about my teammates. I will not bully or make negative comments about or to any player, coach or parent.
6. I will act as a role model. Younger eyes will be watching and learning from me.
7. I will have a good attitude and be respectful of my coaches' decisions. If I have a problem that needs to be solved, I must contact Joni Lewis, Wolfpack Director or Jennifer Hornbuckle, Assistant Director, who will then work on helping to find a solution to my problem or issue.
8. I will work hard at every practice including conditioning. I understand that if I show up late and miss the group conditioning I will have to complete conditioning myself before joining my team for practice.
9. If I have been sick with a fever, I must be fever free for 24 hours before returning to cheer.
10. If I must miss practice, I will notify my coaches.
11. I will be on time on game day wearing the correct uniform instructed by my coach or team mom and I will keep all my cheer uniform pieces in my backpack in case they are needed.
12. I will not wear makeup to practices or games. (non-tinted Chapstick is fine). Tasteful makeup is a privilege for JV and Varsity ONLY.

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13. I will keep my nails clean and trimmed short.
14. I understand each family is required to do 4 volunteer hours. These hours can be completed by any adult family member or friend.
15. I understand that parents will come on Thursday evenings at 7:40pm to demonstrate a new skill as well as announcements. Announcements will also be posted on the Valley Wolfpack Cheer Facebook Page. If I choose not to be on Facebook, I may not be fully informed unless I check with one of the directors. Team moms will keep your family updated weekly about things that pertain to just your team through Facebook team group.
16. **My uniform skirt and shell are BORROWED, and MUST be returned clean at the end of the season. I will follow proper washing instructions by washing in cold and line drying.**

By signing below, I understand and agree to the Code of Conduct for the 2019 Season. Failure to comply with these rules may result in being withheld from stunting, missing games, or in a severe and repetitive case, removal from the program. If I am removed from the program or quit the program, I will not be entitled to a refund of any kind.

Cheerleader Name: _____ Grade: _____

Cheerleader Signature: _____

Parent(s) or Guardian(s) Signatures: _____

Date: _____

Although we are confident we won't need these, please list your contact information so the director has it handy. We are looking forward to an incredible season with your support!

LET'S GO WOLFPACK!!!!

Printed Name: _____

Phone: _____

Email address: _____