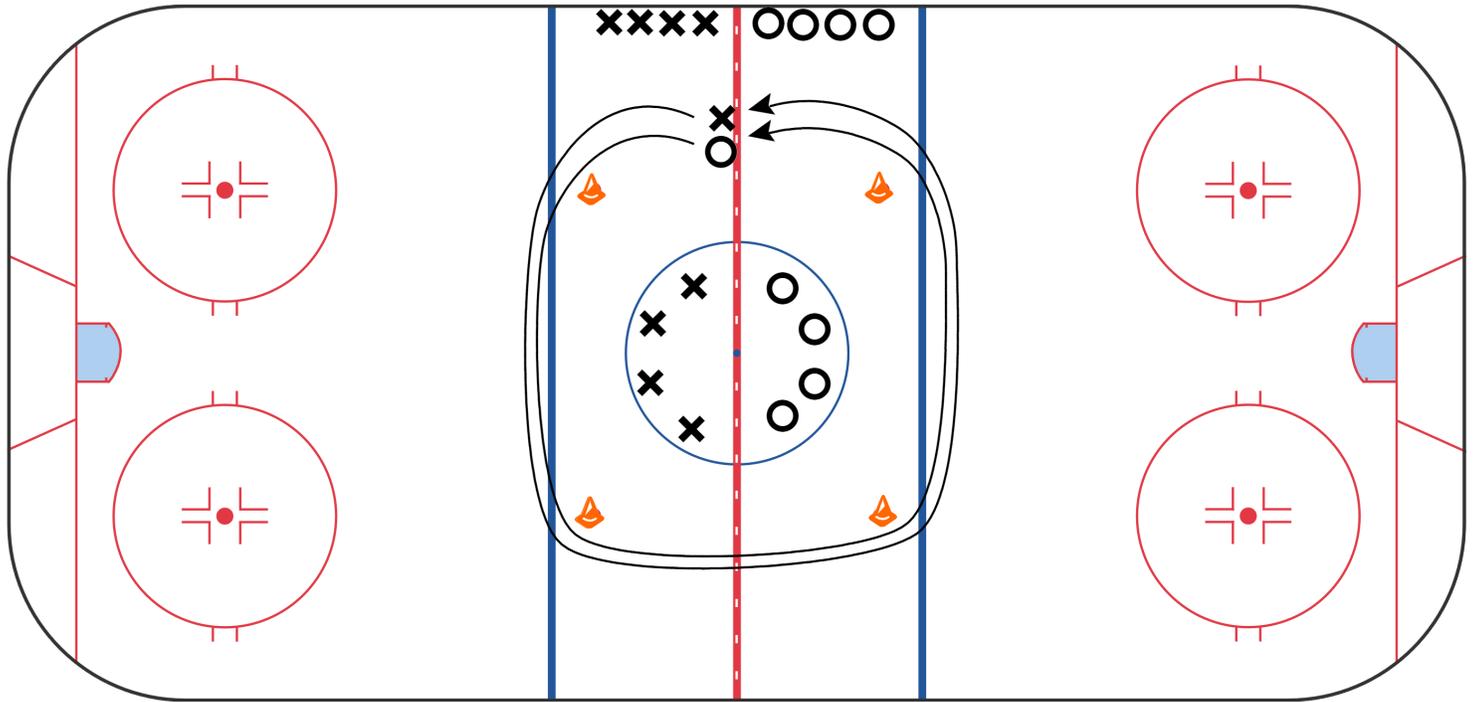




A/B Jamboree Relay Race



Description

Teams will start lined up on the boards with the start of the line on the red line. No sticks. 1 player from each team will line up on the red line and start with a baton. On the whistle or horn the players will take off and go around the 4 cones that will be on the neutral zone dots. The next person in line will move onto the red line and get ready to get handed the baton before making their lap. The team with least players will have to have some of their players go two times in order to have the same amount of laps as the other team. When finished with the first lap the kids will go into center ice to cheer on the rest of their team. If they go twice they will get back in line. Finish line is the red line.

Make sure to let the kids know to go hard the whole time even if their team is behind as the other team could fall or drop the baton.