

Girls Rule

Summer Hockey Camp



August 3-6

6-7:20pm

Cost: \$250 per player
OPEN TO AGES 2013-2007

We are excited to offer a Girls Only Summer Hockey Camp focusing on strong skating skills, control, stick & puck handling, speed and agility.

Daily Schedule:

9-10:10am - On ice Skills Session

10:20– 11:20am — Off ice (plyometrics, stickhandling, strength)

11:40-12:50pm - Power Skating & Small Area Games

Register online at www.southsidearena.com/summercamp

SOUTHSIDE ★ ICE ★ ARENA