

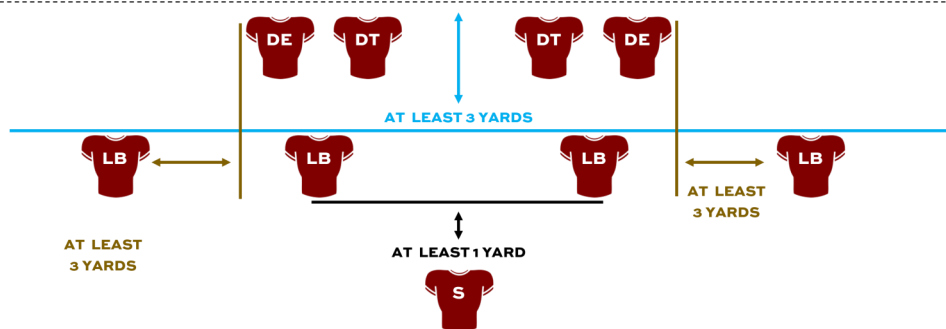


2026 GOPHER STATE FOOTBALL LEAGUE - DEFENSIVE ALIGNMENTS



2nd GRADE

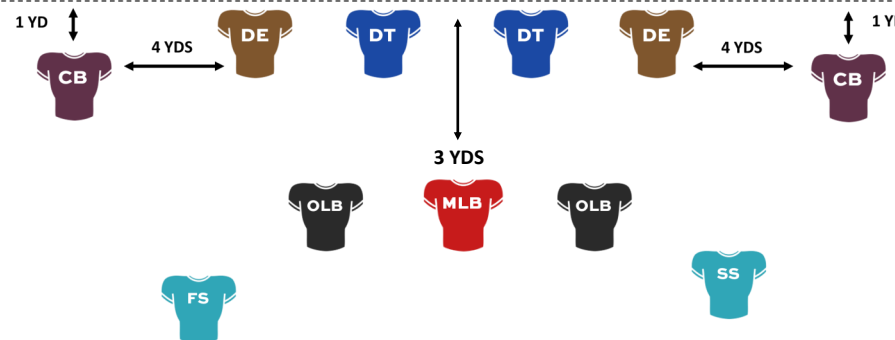
- DE** Must line up with OT
- DT** Must line up with OG
- LB's** Must be off LOS at least 3 yards
- OLB's** Must be at least 3 yards outside of DE's
- Safeties** Must be behind LB's at least 1 yard



3rd/4th GRADE

- DE** Must be in 3 or 4 point "down" stance; Head up or outside shade on TE
- DT** Must be head up with Guard and in 3 or 4 point "down" stance
- MLB** Must be 3 yards off LOS; Head up with Center
- OLB** Aligned over OT; Cannot stack; Never tighter than head up on OT
- CB** Must be at least 1 yard of LOS and 4 yards outside DE
- Safeties** Line up anywhere; Must be at least 4 yards off LOS

NOTE: CB, LB, Safeties = NO BLITZING



5th/6th GRADE - 4-3

- DE** Must be in 3 or 4 point "down" stance; Head up or outside shade on TE
- DT** Must be head up with Guard and in 3 or 4 point "down" stance
- MLB** Must be 3 yards off LOS; Head up with Center
- OLB** Aligned over C-Gap; Cannot stack; Never tighter than head up on C-Gap
- CB** Must be at least 1 yard of LOS and 4 yards outside DE
- Safeties** Line up anywhere; Must be at least 4 yards off LOS

NOTE: CB, LB, Safeties = NO BLITZING



5th/6th GRADE - 5-2

- NT** Must be head up with Center; In a 3 or 4 point "down" stance
- DE** Head up with TE; Outside shoulder of TE or as wide as 1 stride outside TE
- DT** Must be head up or outside shoulder with OT and in 3 or 4 point "down" stance
- OLB** Must be 3 yards off LOS; Head up with Guards
- CB** Must be at least 1 yard of LOS and 4 yards outside DE
- Safeties** Line up anywhere; Must be at least 4 yards off LOS

NOTE: CB, LB, Safeties = NO BLITZING

