



## **2020 Acceleration/Acceleration Select Program Information Document**

### **What has changed?**

- The former PGYSA 'Select' program is now operated under the PG IMPACT banner, which is the PGYSA's Competitive/High-Performance department.
- Programs within the PG IMPACT are as follows:
  - IMPACT Coed Competitive Club League.
  - IMPACT/WFC Acceleration High-Performance Training Program.
  - IMPACT Acceleration Selects Travel Program.
- \*Participants in the Acceleration program are not required to participate in the Acceleration Select Travel program. However, to participate in the travel program, one must be a member of the Acceleration Training Program.
- \*Coed Club Competitive League registration is included as part of the Acceleration Training Program registration fee.

### **Reasons behind the change?**

- To meet our short-term and long-term strategic goals, the PGYSA must evolve its operations and framework to meet current standards of Best Practice.
- Sport pathways have changed along with training methods, coach performance outputs and program principles. Development is now Athlete (player) centred instead of Team results centred.
- Programming standards & criteria, risk requirements, coach certification standards, sport science integration, and membership requirements, have changed for all youth sport organizations across the country.

### **Who is eligible to participate in the travel program?**

- All Athletes registered for Block Three (April-May-June 2020) of the 2019-2020 Acceleration program, are eligible to register & participate in the Acceleration Select Travel Program.
- Participants registering for the Acceleration Travel Program are interested in traveling to competition and competing for qualification at the 2020 BC Soccer Provincial Championships.

### **Why are the training & travel components separated?**

- Within a Participant-Centred Model, participants have the option of selecting the program that meets their individual goals and needs.
- By separating the training and travel components, the overall competitive pool deepens, allowing for varying training options and the implementation of a Competitive Club League.
- Not all participants want to travel and may want to take a break for a year, have family commitments that conflict with competition dates, or potentially need a financial break. Regardless of the reason, they still desire the option of getting higher level local training and local competition. A Participant-Centred Model allows for this option.



### **Program Maturation (Age) Brackets**

#### **What is the maturation (age) brackets of the Acceleration Select program?**

- The Select Program age brackets are based on Canada Soccer's odd-year outline used for Club Nationals. Therefore:
  - The PG IMPACT Select program will comprise of U13/U15/U17 (+18) brackets.
    - \*Please note this is a framework. Once all registrations for the program have been received, ages/maturation stages of the Athletes will be reviewed, and changes made if needed.
    - Example – In 2019, the U13 Select boys consisted of a First Team and a Development Team. While the U13 Girls program was separated into U13 and U12 teams.

#### **Is there a U11 program?**

- The U11 program will be released in separate documentation, as this bracket is still part of PGYSA Grassroots programming.

### **Selection & Trial Period**

#### **What is the identification and selection process?**

- Identifications for the Kamloops tournament will be conducted during the World Cup Tournament, Goldpan Tournament, and during training sessions.
  - All Athletes will be split up onto different teams during the World Cup competition.
  - During the Quesnel Indoor Tournament, where there are fewer players on the field at one time, we will attempt to provide all participants an opportunity to attend the competition.
- 18 First Team Athletes will be selected from the player pool for the Outdoor competitions (Kamloops/Invermere/Playdowns/Provincials).
- All remaining Athletes within the player pool for a squad, will be placed on the Injury Reserve list.
- The May Kamloops Tournament and the Invermere Tournament (if the dates work), in addition to the Pre-Competition camp, will be used for team preparations for Playdowns and Provincials (if qualified).

#### **First Team Player Replacement Procedure**

- First Team Athletes will be replaced by Injury Reserve Athletes if:
  - Injury is serious enough that attending competition presents negative health and wellness consequences for the Athlete.
  - Behaviour that goes against our Club values and/or principles.
  - Athlete can no longer attend competition due to an unforeseen circumstance or conflict.
- If a replacement is required, the Coaching Staff and Club Director will co-decide on the Injury Reserve Athlete invited to join the First Team. Examples of selection criteria include: Position required, Maturity, Ability, Availability.



### **Important Program Dates/Preliminary Schedule**

#### **When do the PG IMPACT Outdoor season programs start?**

- The initial event for all Acceleration Athletes is the World Cup Tournament on the weekend of March 6-8, 2020. This event is used to bring Club members together, build Club and regional unity, and get participants who did not play Indoor, a low stress re-introduction to game demands.
- Acceleration Block Three training sessions are set to commence at the end of the March Break.
- The first travel competition is the Quesnel Goldpan tournament on the weekend of April 17-19.
- The April Indoor training schedule and the May & June Outdoor schedules are currently TBA. These will be distributed to all program members once finalized.
- The PG IMPACT Coed Competitive League is scheduled to commence once the fields officially open in May.
  - The preliminary League schedule will have matches played on a weekday evening. This is so the matches do not conflict with travel to competition.

#### **Training session preliminary schedule and length.**

- The preliminary training schedule is set for a minimum of two sessions weekly.
- The length of the training sessions will be 75-90 minutes per session. The exact length will depend on the overall training load, recovery needs of the Athletes, and time in the schedule (i.e., intensity and load changes when preparing for a competition).

#### **2020 Pre-Competition Camp**

- The Pre-Comp camp (2 sessions) will be preliminarily scheduled for the weekend prior to the Northern Provincial Playdowns.
- The Pre-Comp camp is used to finalize any details (System, Positional, Player Rotation, Responsibility, Set Pieces, etc.) prior to Playdowns.

### **Selection Criteria/Schedule**

- Five-Pillars of Development eval'n criteria: Technical/Tactical/Physical/Psychological/Social.
- For the March World Cup Tournament, we encourage all Athletes to be involved.
- For the April Goldpan tournament, we will attempt to take all Select Athletes to the competition. This gives all Athletes a showcase event and shows regional support.
- Following the Quesnel Goldpan Tournament, 18 First Team Athletes and Injured Reserves will be identified for the May Kamloops Tournament and the Invermere Tournament.
  - \*Assumes more than 18 Athletes are registered within a specific program bracket.
  - Performance in the Pillars in training and competition, will play a role in selection to the Kamloops travel roster.



### **Competitive Coed League Details**

- The Competitive League is preliminarily designed to be Coed. This keeps a big enough player pool to consistently have 11v11 match play.
- Two groups (divisions) of Athletes (based on LTPD) will be designated within the League. This may change as it will depend on registrations.
  - Training to Compete (14-17)
  - Training to Train (12-15)
- Athlete placement will depend on Developmental/Maturational Age and what is best for their individual development.

### **How many Competitive League matches will be scheduled?**

- Approximately 6-8 Competitive League Matches are planned to be scheduled.

### **Registration Process**

- Athletes registering for the Acceleration program will automatically be registered within the PG IMPACT Coed Competitive outdoor league.
- The league will be used to implement the Club Playing Model. Education on our playing methodology will be provided to all Athletes and Staff members during these matches.
- \*In lieu of Competitive Coed League participation, the U17 (+18) program may have exhibition matches within the PGSA Adult League. This is assuming our application to participate within the PGSA League is accepted and approved.

### **Fundraising & Volunteering**

#### **Are there any fundraising opportunities?**

- All fundraising will be determined by each individual Team.
- All fundraising will be required to be approved by PGSYA Head Office prior to initiation.
- All records of financial fundraising will be required to be submitted to PGSYA Head Office by September 30, 2020.

#### **Is there a volunteer commitment?**

- There is no mandated volunteer commitment.
- Future volunteer support may include tournament support, equipment support, nutrition shopping support during tournaments, etc.