

Prior Lake Girls Track & Field

2025 Varsity Letter Winners

- 12th** Megan Downer, Malena Frank, Leah Guetter, Kaylee Hawks, Maggie Hoen, Brooklynn Holmberg, Lena Johnson, Linnea Jungers, Ali Keil, Alexis Klema, Hana Ko, Shelby Lerum, Ava Loftness, Brooke Marquardt, Annabel McCann, Jayla Rucker, Rubie Ullrich, Layla Vennink
- 11th** McKenzie Benedict, Anika Campbell, Madeline Chappuis, Sara Gastony, Haddie MacGillivray, Belle Reinders, Gianna Stiehm, Samantha Swain, Lexi Teske, Aubrey Thoms
- 10th** Lauren Barbera, Riley Bevan, Clare Gramling, Delaney Holz, Addie Klamm, Camila Macias, Ailey Mbinda, Jordyn Nevin, McKenzie Richardson
- 9th** Julia Carlson, Eva Folger, Yanni Kennedy, Kennedy Seurer, Kendall Wunsch
- 8th** Addison Casey

★ **2025 Team Captains:** *Leah Guetter, Lena Johnson, Ava Loftness, Brooke Marquardt, Annabel McCann, Belle Reinders, Jayla Rucker, Layla Vennink* ★

Rookie of the Year
Kennedy Seurer

Most Improved
Clare Gramling

Most Valuable
Ava Loftness / Belle Reinders

Outstanding Field Athlete
Anika Campbell

Most Outstanding Runner
Layla Vennink

Gold Baton Award
Annabel McCann

LAKER Spirit Award
Clare Gramling

Daggit Award
Lena Johnson

PLHS 2025 All Conference

Sara Gastony, Ava Loftness, Brooke Marquardt, Annabel McCann, Layla Vennink

PLHS 2025 All Conference Honorable Mention

Haddie MacGillivray, Jayla Rucker, Gianna Stiehm, Aubrey Thoms

Prior Lake Girls Track 2025 All State

Sara Gastony, Ava Loftness, Brooke Marquardt, Gianna Stiehm, Layla Vennink

Prior Lake Girls Track & Field

2025 Top 5 Season Performances

100 Meter Dash

Belle Reinders	12.28
Annabel McCann	12.48
Ava Loftness	12.71
Yanni Kennedy	13.22
Haddie MacGillivray	13.28

200 Meter Dash

Belle Reinders	25.03
Annabel McCann	26.28
Haddie MacGillivray	26.32
Linnea Jungers	26.89
Ava Loftness	26.95

400 Meter Dash

Belle Reinders	55.63
Delaney Holz	59.97
Annabel McCann	60.63
Kennedy Seurer	62.09
Aubrey Thoms	62.64

800 Meter Run

Layla Vennink	2:10.84
Gianna Stiehm	2:22.25
Brooke Marquardt	2:23.40
Sara Gastony	2:26.21
Riley Bevan	2:27.48

1600 Meter Run

Layla Vennink	4:58.46
Sara Gastony	5:12.31
Brooke Marquardt	5:13.37
Maggie Hoen	5:21.87
Jordyn Nevin	5:27.45

3200 Meter Run

Brooke Marquardt	10:57.94
Sara Gastony	11:21.68
Maggie Hoen	11:48.15
McKenzie Benedict	11:54.06
Jordyn Nevin	12:03.52

100 Meter Hurdles

Ava Loftness	17.03
Clare Gramling	17.14
Addison Casey	17.37
Lexi Teske	17.63
Lauren Barbera	18.60

300 Meter Hurdles

Ava Loftness	45.42
Clare Gramling	46.24
Lexi Teske	47.81
Linnea Jungers	51.96
Kaylee Hawks	52.11

Long Jump

Anika Campbell	16'2 ³ / ₄
Kaylee Hawks	16'1 ¹ / ₂
Madeline Chappuis	15'11 ¹ / ₂
Brooklynn Holmberg	15'6
Megan Downer	15'2

Discus

Mack Richardson	108'0
Ailey Mbinda	104'3
Sam Swain	96'6
Eva Folger	87'0
Vivian Mai	83'2

Shot Put

Ailey Mbinda	34'3 ¹ / ₂
Eva Folger	32'0 ³ / ₄
Vivian Mai	30'1
Mack Richardson	28'9
Sam Swain	27'8

Triple Jump

Ava Loftness	38'4 ³ / ₄
Anika Campbell	34'9 ³ / ₄
Haddie MacGillivray	33'10 ¹ / ₂
Brooklynn Holmberg	32'0
Megan Downer	32'0

High Jump

Aubrey Thoms	5'1
Kaylee Hawks	5'1
Madeline Chappuis	5'0
Kendall Wunsch	4'10
Camryn Stepanek	4'8

Pole Vault

Hana Ko	8'0
Julia Carlson	7'6
Anika Campbell	7'0
Divine Amistad	6'6
Ava Campbell	6'6

Prior Lake Girls Track & Field

4x100 Relay

48.89	Section 2AAA	J. Rucker, A. McCann, H. MacGillivray, A. Loftness
48.92	Conference Relays	A. McCann, B. Reinders, H. MacGillivray, A. Loftness
49.11	MSHSL State	J. Rucker, A. McCann, Y. Kennedy, A. Loftness
49.55	SSC Championships	A. McCann, H. MacGillivray, J. Rucker, A. Loftness
50.22	TT Sections	J. Rucker, C. Macias, H. MacGillivray, A. Loftness

4x200 Relay

1:46.33	SSC Championship	J. Rucker, L. Jungers, H. MacGillivray, C. Gramling
1:46.92	Section 2AAA	J. Rucker, L. Jungers, A. Thoms, H. MacGillivray
1:46.92	Lane/Rogness	J. Rucker, L. Jungers, D. Holz, A. Loftness
1:46.93	TT Sections	J. Rucker, L. Jungers, D. Holz, H. MacGillivray
1:48.44	Conference Relays	J. Rucker, L. Jungers, A. Thoms, A. Loftness

4x400 Relay

3:57.79	Lane/Rogness	A. McCann, L. Vennink, D. Holz, B. Reinders
4:01.52	Section 2AAA	A. McCann, D. Holz, K. Seurer, L. Vennink
4:04.30	TT Sections	D. Holz, L. Vennink, K. Seurer, A. Thoms
4:04.52	SSC Championship	A. McCann, L. Vennink, K. Seurer, A. Thoms
4:07.58	PL Girls Invite	L. Jungers, L. Vennink, D. Holz, B. Reinders

4x800 Relay

9:17.26	Section 2AAA	S. Gastony, G. Stiehm, B. Marquardt, L. Vennink
9:30.57	MSHSL State	S. Gastony, G. Stiehm, B. Marquardt, L. Vennink
9:53.26	SSC Championship	K. Seurer, G. Stiehm, J. Nevin, R. Bevan
10:03.93	TT Sections	G. Stiehm, R. Bevan, M. Hoen, M. Benedict
10:08.88	Lane/Rogness	M. Hoen, J. Nevin, R. Bevan, A. Thoms