



# Fifth and Sixth Grade Volleyball Rules

## Roster

1. Team must be enrolled in 5<sup>th</sup> or 6<sup>th</sup> grade to participate. Home-schooled children will be placed on an age-appropriate team.
2. The team roster will have a target size of 8-12 players.

## Uniforms/Jewelry

1. All players will wear the official ETU Volleyball t-shirt.
2. Knee pads are highly suggested but not mandatory
3. No jewelry of any kind.
  - a) This includes earrings or studs.
  - b) No hair beads, barrettes, clips or hats/caps.
    - Plain bobby pins may be worn
  - c) No one will be allowed to play if they are wearing a hard or plaster cast.

## Game Officials

1. An official will be provided for each match.
  - a) S/he will keep the official time if there is not a clock, or the clock is not operating at the school.
2. Each team must provide one linesman and one scorekeeper for each game. S/he must be an adult of 18 years old or older.
3. Scorekeepers must sit together. There should not be any line up or scoring confusion if both scorekeepers sit together.

## Serving

1. Players may use the overhand or underhand serve.
2. Serving is in 5' increments beginning from the 10' line of the volleyball court. ( We want to have the players serve over the net. )

## Net/Equipment

1. The net height is 7'.
2. The teams will use the VolleyLite volleyball as the official game ball.

## Wins/Losses/Scoring

1. Each match consists of 3 sets (not best 2 out of 3). Each team will play 3 sets every match.
2. All sets will be played to 21 points with a cap of 25 points.
  - a) We will use rally scoring. Rally scoring means that a point is awarded to the serving team or the team on the defense depending on the result of the play.
  - b) If one team is not ahead by two points, the first team to 25 points wins.
  - c) With time expired, a team must win by two points or reach the cap of 25 points first. Example: If a team is ahead by one (1) point and time (15 minutes) expires, the match will continue until a team wins by two (2) points or has reached the cap of 25 points. Example: If one team is ahead by two (2) points or more and the time expires (15 minutes), the set is over.
3. Win/loss record is by total number of sets played (3 per match), not matches.
4. The time limit for each set is 15 minutes (running clock). a) A match will not last more than 1 hour.
5. Each team will be allowed one 30-second time out per game, and the clock will stop when a timeout is taken.
6. The rest period between games is 3 minutes.
7. Teams must have 6 players to constitute a legal set. Otherwise, the set is a forfeit.
  - a) A set will be considered a forfeit if one or both teams are not present by 5 minutes after the game is scheduled to start.
  - b) A forfeit win will be scored 21-0. In the case where both teams forfeit, 21 points will be given against each team, but no points will be awarded in favor of either team (0-21, 0-21).

### Substitutions

1. All players in the 5th and 6th grade must play in every set, or if you choose, you may play 6 players in the first set and 6 players in the second set, depending on the number of players you have, without making substitutions. In the third set you can substitute or rotate players in and out the entire set.
2. Every child must play a minimum of half the match.
3. Substitution shall be on the side and on a position/player basis, in both 5th and 6th grade.
4. This must be done immediately without hesitation.
5. Federation rules will be used for substitution.
6. No line-ups are required.

### Special Notations

1. We will use the "Let" serve, meaning if a serve hits the net, goes over the net and is not played, the serving team will be awarded a point. If the ball does not go over the net, the result is a side-out and a point for the other team.
2. Players may not attack the serve if they are on the front row.
3. In the case of injury, a player who has not entered the game will replace the injured player. If a player who has not entered the game is not available, any current player on the bench may be used. All other players must remain in their same spot in the rotation.

### End of the Year Tournament Rules.

1. Tournament is single-elimination bracket play.
2. No running time clock for each match.
2. Teams will be seeded based on their season won/lost record(sets won/sets lost)
3. Tie breaking procedure(priority)
  - a. Head-to-head record
  - b. Head-to-head: least amount of total points allowed
  - c. Head-to-head: single set win with the lowest points allowed.
  - d. Least amount of total points allowed in the season
  - e. Coin flip
4. Each match will be decided by best of 2 out of 3. Sets 1 and 2 will be to 21 with a cap of 25. If a tiebreaker is needed, it will go to 15 with cap of 17
5. In the Championship Match, Sets 1 and 2 will be to 25 with a cap of 27. If a tiebreaker is needed, it will go to 15 with no cap.