

## **Northbrook Sports Center Covid-19 Guidelines**

### Freestyle

- Participants must wear a mask while in the building and on the ice surface.

### Skating School Participants

- Participants must wear a mask while in the building and on the ice surface.

### Teams Elite

- Participants must wear a mask while in the building and on the ice surface.
- Coaches are required to wear mask at all times during practice.

### Hockey

- Participants must wear a mask while in the building.
- Participants must wear a mask while on the ice surface unless wearing full face shield on helmet or of age that requires a mouth guard (12 & under (Youth and Girls') through Youth 18 & under (including High School) and Girls' 19).
- Coaches are required to wear mask at all times during practice and games.

### Locker Rooms

- Locker rooms will be available for use.
- Masks must be worn at all times while in locker rooms.

### All Participants and Visitors

- All patrons must wear a mask at all times while in the building.
- Please be vigilant in preventing the spread of the virus by practicing good hygiene, as recommended by CDC guidelines.
- Stay home if you are experiencing any symptoms, as listed by the CDC guidelines.
- Do not enter the facility if you have any symptoms or exposure risks, as listed by the CDC guidelines.
- If you test positive for Covid-19 within 72 hours of being at our facility, we ask that you contact us at 847-291-2993

