

# SW Minnesota Stars Questionnaire

DUE Before Tryouts Start

Name:

17s

16s

In order for our staff and program to create a good experience and meet your goals, we need to know if your goals and expectations align with our mission, principals and values. We are looking to know more about you as person and player so that we can challenge, stretch, and help you grow in multiple ways and meet your goals. The goal of our program transcends beyond playing games on the basketball court but to stretch you to become leaders, people of integrity, and to build new relationships and friendships that will last beyond this program. We expect each player to put effort, thought, and time to complete and submit the questionnaire **prior to tryouts**. This is PART of the TRYOUT process and will be taken into account when selecting players for our teams. We look forward to your responses.

1. What are the top 2-3 reasons you want be in the SW MN Stars basketball program?
2. What will you 2-3 specific things will we observe you doing to be an outstanding teammate?
3. What are two specific basketball skills / ability you believe you need to improve as a player?
4. What do you want from your SW MN Stars Coach(s) while you are in this program?
5. How are you willing to be held accountable by coaches in our program (as individual player and teammate)?
6. What are 2-3 specific qualities you want and expect in a teammate in our program and your team?
7. Provide 2-3 detailed goals you have for your specific Stars Team?

8. How do you plan to contribute to your Stars team / team mates to make them better people? What personal attributes do you have that will contribute to the team?

9. What are 2-3 expectations and guidelines listed in the Stars registration waiver that you willing and ready to be held accountable by your coach throughout this SW MN Stars Season?

10. Provide list of 2-3 of most influential people in your life and how they have helped / challenged you to become the person you are today. (You may list your parents, but must list at least one additional person.)

11. What are 2-3 **off** court specific goals you are currently pursuing / working on as a young man?

12. What additional team sports are you playing from April to July?

13. Describe your plan in detail (how and what frequency) that you plan to follow to improve your athletic ability, and improving your basketball skills (*not including Stars or HS team workouts*) until next fall.

14. What have you specifically been shown by strength coach how to properly lift and train for quickness?

15. After the season is finished in July, what will have made the year a success for you?

16. Do you have a goal of playing college basketball?    Yes    No. *If yes, enter importance 1 to 5 (high)*

17. List some potential colleges that you feel may fit your goals and desires for a college experience.

18. How would you describe what you may want in college of your choosing?

19. What do you have planned in regard to college visits, ACT testing, and applying for scholarships?

20. What are two majors you are considering for college? *Enter "undecided". If you don't know.*

Please feel free to add any additional information, concerns, or questions you may want to share.