



**ONTARIO
FUTSAL
CUP 2026**

March 21-22 - Durham College



PROGRAM CONTENTS



• OFC Rules	3
• Fun Facts on Futsal	4
• MySoccer Info	5
• Ontario Futsal Cup Champions	6
• Draw Charts	7-10
• Schedules	11



Unique Futsal Rules



Substitutions – Unlimited and on the fly. Subs must occur strictly within the substitution zone (5m).

The exiting player must fully leave through the zone before the substitute enters, and the pinnie must be handed over (not thrown). Improper substitution results in a yellow card and an indirect free kick for the opponent from the spot where play stopped.

Accumulated fouls – Each team may commit 5 direct-free-kick fouls per half. Any foul beyond that (6th or more) becomes either a 10m second-penalty-mark kick or a direct free kick with no wall, depending on the foul location.

Goalkeeper 4-second rule – Goalkeepers may only have possession for 4 seconds in their own half.

Goalkeeper restriction after release – Once the goalkeeper releases the ball, they cannot receive it again in their own half until it touches an opponent or goes out of play.

Goal clearance – The ball is in play immediately when released by the goalkeeper (it does not need to leave the penalty area). It may be thrown beyond the halfway line.

Sending-off (red card) – The player cannot return. The team plays short for up to 2 minutes unless the opponent scores before the 2 minutes expire, in which case a substitute may enter immediately.

4-second restart rule – All restarts must be taken within 4 seconds, except for kick-offs and 6m penalty kicks.

Dropped ball – A goal cannot be scored directly; the ball must touch another player before entering the net.

Fun Facts on Futsal



Futsal is a fast-paced, small-sided game played on a hard surface. Known for encouraging creativity, quick decision-making, and technical precision, futsal is a vital tool for player development, particularly at the grassroots level. Ontario Soccer is committed to incorporating futsal into our programming, ensuring players have opportunities to grow and thrive on and off the court.

Futsal is more than just a game; it's a developmental powerhouse. Here's how futsal can benefit players at all levels:

- **Enhanced Ball Control:** Players develop close control and precise footwork in tight spaces.
- **Faster Decision-Making:** The speed of play demands quick thinking and reactions.
- **Improved Creativity:** Futsal encourages players to find innovative solutions under pressure.
- **Fitness and Agility:** High-intensity, short-duration games build stamina and coordination.
- **Transferable Skills:** Techniques and tactics learned in futsal translate directly to outdoor soccer.

Did you know...

The origins of futsal can be traced back to Uruguay in the 1930s, where it was played on basketball courts during the winter months. It quickly spread to other countries in South America, and eventually to Europe and beyond.

Introducing the MySoccer App

Powered by BMO 



MySoccer

Available on iOS & Android


Play. Inspire. Unite.




What is MySoccer?


Follow the action and share the passion - whoever and wherever you are. Connect to your roles in teams, clubs & leagues. And follow the teams you care about, as family, friend or a fan.

MySoccer allows you to personalize your experience and follow games live with instant updates like lineups, livenesscores, pictures, livestreaming, stats & standings. Cheer for your team and share your passion for the game with innovative fan engagement features!

 Live Media & Engagement

 Livestreaming + Auto Highlights

 Real-time Stats & Standings

 Lineups & Game Reporting



Ontario Futsal Cup

Champions

U14 Boys

2007 - Glen Shields Red
2008 - Toronto MRC Uruguay
2010 - North York El Salvador
2013 - Whitby Iroquois 99
2015 - SC Toronto Yellow*
2016 - Guelph Royals Blue*
2017 - Weston Wolves 03
2018 - Hamilton United Black
2019 - Woodbridge Strikers
2022 - London Alliance FC
2023 - Woodbridge 09 Boys Red
2024 - BSA 2010 - Toronto
2025 - North York FC Emery 2011

U14 Girls

2007 - Russell Raiders
2008 - Etobicoke Energy
2009 - Vaughan Azzurri
2018 - Pickering Power Green
2019 - Erin Mills Green
2023 - Unionville Milliken SC Strikers U14 Red
2024 - LFC IA Mississauga Red
2025 - Unionville Milliken SC

U15 Boys

2012 - West Ottawa Soccer Chaos
2015 - West Toronto United*



ONTARIO
FUTSAL
CUP 2026

U15 Girls

2012 - North Mississauga Panthers



ONTARIO FUTSAL CUP 2026

Under 14 Boys

- Home Team
- Away Team
- Round-Robin

Group A
March 21, 2026

Vaughan OPDL CL

Pickering FC OPDL

Oshawa Kicks

Woodbridge Strikers OPDL Blue

Group B
March 21, 2026

Milton Magic Blue Royal

FC Toronto Blue

Woodbridge Strikers OPDL White

Vaughan OPDL

Second in Group B



Winner of Group A

Ontario Futsal Cup Final

Sunday, March 22, 2026
Durham College, Oshawa

12:00 PM

Second in Group A



Winner of Group B



Under 14 Girls

- Home Team
- Away Team
- Round-Robin

LFC IA Mississauga Black

Whitby FC

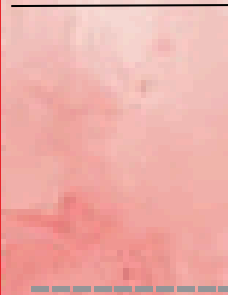
Group A

March 21, 2026

LFC IA Mississauga Red

London Alliance FC Mustangs

Second in Group B



Winner of Group A

**Ontario Futsal Cup
Final**

**Sunday, March 22, 2026
Durham College Oshawa**

12:30 PM

Guelph Jr Gyphons Red - Team 2

Group B Unionville Milliken SC Red OPDL

March 21, 2026

Toronto Cherry Beach Red Cheetahs Team A

Whitecaps London White

Second in Group A



Winner of Group B



**ONTARIO
FUTSAL
CUP 2026**

Under 15 Boys

- Home Team
- Away Team
- Round-Robin

Group A
March 21, 2026

Bryst FA White

Waterloo County FC

First Touch FC Oakville

North Toronto Nitros

Second in Group B



Winner of Group A

**Ontario Futsal Cup
Final**

Sunday, March 22, 2026
Durham College, Oshawa

1:30 PM

Group B
March 21, 2026

Whitby FC IModel Blue

Woodbridge OPDL White

LFC IA Mississauga Black

Woodbridge OPDL Blue

Second in Group A



Winner of Group B



ONTARIO FUTSAL CUP 2026

Under 15 Girls

- Home Team
- Away Team
- Round-Robin

Winner of Group A

Group A
March 21, 2026

Whitecaps London Blue
Unionville Milliken SC OPDL
Whitecaps London White
Aurora FC

**Ontario Futsal Cup
Final**

Sunday, March 22, 2026
Durham College, Oshawa

2:00 PM

Second in Group A

Group A - U14 Boys

TIME	FIELD	HOME	SCORE		AWAY
10:00 AM	A	Vaughan OPDL CL			Pickering FC OPDL
10:00 AM	B	Oshawa Kicks			Woodbridge Strikers OPDL Blue
11:40 AM	C	Woodbridge Strikers OPDL Blue			Vaughan OPDL CL
12:30 PM	C	Pickering FC OPDL			Oshawa Kicks
2:10 PM	A	Vaughan OPDL CL			Oshawa Kicks
2:10 PM	B	Pickering FC OPDL			Woodbridge Strikers OPDL Blue

Group B - U14 Boys

TIME	FIELD	HOME	SCORE		AWAY
10:00 AM	C	Milton Magic Blue Royal			FC Toronto Blue
10:50 AM	C	Woodbridge Strikers OPDL White			Vaughan OPDL
12:30 PM	A	Vaughan OPDL			Milton Magic Blue Royal
12:30 PM	B	FC Toronto Blue			Woodbridge Strikers OPDL White
3:00 PM	A	Milton Magic Blue Royal			Woodbridge Strikers OPDL White
3:00 PM	B	FC Toronto Blue			Vaughan OPDL

Group A - U14 Girls

TIME	FIELD	HOME	SCORE		AWAY
10:50 AM	A	LFC IA Mississauga Black			Whitby FC
10:50 AM	B	LFC IA Mississauga Red			London Alliance FC Mustangs
1:20 PM	A	London Alliance FC Mustangs			LFC IA Mississauga Black
1:20 PM	B	Whitby FC			LFC IA Mississauga Red
3:00 PM	C	LFC IA Mississauga Black			LFC IA Mississauga Red
3:50 PM	C	Whitby FC			London Alliance FC Mustangs

Group B - U14 Girls

TIME	FIELD	HOME	SCORE		AWAY
11:40 AM	A	Guelph Jr Gryphons Red – Team 2			Unionville Milliken SC Red - OPDL
11:40 AM	B	Toronto Cheery Beach Cheetahs Team A			Whitecaps London White
1:20 PM	C	Whitecaps London White			Guelph Jr Gryphons Red – Team 2
2:10 PM	C	Unionville Milliken SC Red - OPDL			Toronto Cheery Beach Cheetahs Team A
4:40 PM	C	Guelph Jr Gryphons Red – Team 2			Toronto Cheery Beach Cheetahs Team A
5:30 PM	C	Unionville Milliken SC Red - OPDL			Whitecaps London White

Group A - U15 Boys

TIME	FIELD	HOME	SCORE		AWAY
3:50 PM	A	Bryst FA White			Waterloo County FC
3:50 PM	B	First Touch FC Oakville			North Toronto Nitros
6:20 PM	A	North Toronto Nitros			Bryst FA White
6:20 PM	B	Waterloo County FC			First Touch FC Oakville
8:00 PM	A	Bryst FA White			First Touch FC Oakville
8:00 PM	B	Waterloo County FC			North Toronto Nitros

Group B - U15 Boys

TIME	FIELD	HOME	SCORE		AWAY
4:40 PM	A	Whitby FC IModel Blue			Woodbridge OPDL White
4:40 PM	B	LFC IA Mississauga Black			Woodbridge OPDL Blue
6:20 PM	C	Woodbridge OPDL Blue			Whitby FC IModel Blue
7:10 PM	C	Woodbridge OPDL White			LFC IA Mississauga Black
8:50 PM	A	Whitby FC IModel Blue			LFC IA Mississauga Black
8:50 PM	B	Woodbridge OPDL White			Woodbridge OPDL Blue

Group A - U15 Girls

TIME	FIELD	HOME	SCORE		AWAY
5:30 PM	A	Whitecaps London Blue			Unionville Milliken SC OPDL
5:30 PM	B	Whitecaps London White			Aurora FC
7:10 PM	A	Aurora FC			Whitecaps London Blue
7:10 PM	B	Unionville Milliken SC OPDL			Whitecaps London White
8:30 PM	C	Whitecaps London Blue			Whitecaps London White
9:20 PM	C	Unionville Milliken SC OPDL			Aurora FC



**ONTARIO
FUTSAL
CUP 2026**

Sunday March 22, 2026

Durham College, Oshawa

2026 Ontario Futsal Cup Champions

U14B: _____

U14G: _____

U15B: _____

U15G: _____

