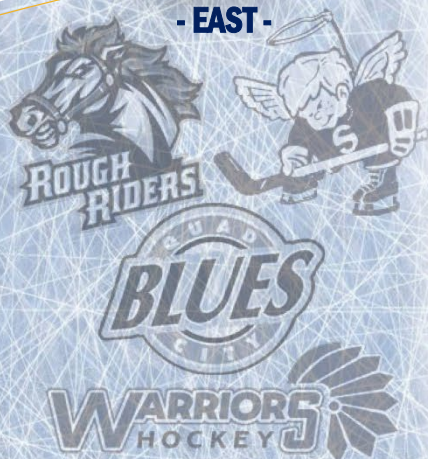




# DES MOINES CAPITALS



- EAST -



- CENTRAL -



- WEST -



## MHSHL 2024-25 GAME DAY ROSTER

| NO | Name               | HT   | WT  | POS | GRADE | SCHOOL               |
|----|--------------------|------|-----|-----|-------|----------------------|
| 1  | Jackson Fleming    | 5'10 | 190 | G   | 11    | Dowling Catholic     |
| 2  | Trevor Bartholomew | 5'11 | 165 | F   | 12    | Waukee Northwest     |
| 3  | Tyler Nelson       | 5'11 | 145 | F   | 9     | Waukee Northwest     |
| 4  | Maxx Myers         | 6"1  | 165 | F   | 11    | Southeast Polk       |
| 6  | Paxon Sacre        | 5'11 | 150 | D   | 11    | Dowling Catholic     |
| 7  | Gavin Gehringer    | 5"11 | 155 | D   | 12    | Urbandale            |
| 8  | Brooks Moulton     | 5'8  | 160 | F   | 12    | Dowling Catholic     |
| 9  | Luke Behrens       | 6'3  | 185 | D   | 9     | Norwalk              |
| 10 | Gage Behrens       | 5'11 | 175 | F   | 11    | Ankeny               |
| 11 | Talan Millang      | 6'3  | 185 | F   | 10    | Valley               |
| 12 | Henry Ferrari      | 5'7  | 145 | F   | 12    | Dowling Catholic     |
| 14 | Zakary West        | 6'1  | 170 | D   | 10    | Valley               |
| 15 | Ryan Logan         | 5'8  | 135 | F   | 9     | Southeast Polk       |
| 16 | Luke Henely        | 5'10 | 160 | D   | 10    | Johnston             |
| 17 | William Reed       | 5'10 | 160 | D   | 11    | Urbandale            |
| 18 | Luke Logsdon       | 5'11 | 165 | F   | 10    | Dowling Catholic     |
| 19 | Justin Reams       | 5'10 | 150 | F   | 12    | North Polk           |
| 21 | Alexander Giunta   | 5'4  | 128 | F   | 9     | Johnston             |
| 24 | Brett Augustine    | 5'11 | 145 | D   | 11    | Ankeny               |
| 26 | Jackson Omvig      | 5'8  | 145 | F   | 10    | Dallas Center Grimes |
| 27 | Kadin Opp          | 6'0  | 150 | F   | 9     | Waukee praire View   |
| 28 | Holden Scheuermann | 6'1  | 210 | D   | 12    | Ankeny               |
| 30 | Grady Fowles       | 5'11 | 200 | G   | 12    | Waukee Northwest     |
| 31 | Zach Alford        | 6'1  | 180 | G   | 11    | Ankeny Centennial    |
| 32 | Grady Christensen  | 5'9  | 135 | F   | 10    | Johnston             |
| 36 | Jarrett Parker     | 6'1  | 165 | F   | 11    | Dallas Center Grimes |
| 37 | Brant Kron         | 5'10 | 145 | F   | 12    | Waukee               |
| 39 | Grady Stiles       | 5'10 | 165 | D   | 11    | Dallas Center Grimes |
| 41 | Chase Barfels      | 5'11 | 160 | F   | 12    | Valley               |
| 45 | Adam Wey           | 5'10 | 175 | D   | 10    | Johnston             |

**Head Coach:** Tony Weil

**Assistant Coaches:** Cooper Cook, Trevor Sabo, James Curran

**Manager/Team Representative:** Russ Legler