



WEST VANCOUVER FIELD HOCKEY CLUB

Home of North Shore Field Hockey



2023 FALL NEWSLETTER

What a year we've had! From exciting adult league games and all our junior skills and games through fall, winter, spring and summer. Read on to find out what's been going on around our Club.



UPCOMING PROGRAMS

WINTER - Registration Open

Technical Development & Spring Prep:

For Grades K-12
Conditioning & skill development
Outdoor program

Winter Wolves:

For Boys Grade 6-12
Technical & tactical development
Outdoor program

Winter Adult Recreation:

Refresh your skills/knowledge. Perfect for beginners or those just getting back in the game.
Outdoor program

Winter Indoor:

Fast paced and technical games, a great supplement to Winter tech.

SPRING - Registration Open

Spring League:

Grade K-12. Team play. Fun for all.

Spring HP:

Grades 6-12
Focus on skill development & technical improvement

Women's League (ongoing):

For women Grade 9+
Runs from September-March

Men's League (ongoing):

For men Grade 9+
Runs from September-March

PROGRAM DETAILS ON OUR WEBSITE: WVFHC.COM

ANNUAL AGM IS MONDAY DECEMBER 4 AT 7 PM

CEDAR ROOM, WV COMMUNITY CENTER - ALL MEMBERS WELCOME



**Thanks to our Junior Sponsors -
Kiwanis Club & Neptune
Terminals**

Thank you for generously sponsoring the t-shirts for our Fall 5's programs (Kiwanis Club of West Vancouver) and U6-U10 Spring League (Neptune Terminals).



OUR CLUB COMMUNITY

Here are just a few things our Club has been up to in the past year

Grad Party - June



Scholarship recipients 2023

Men's & Women's League Awards



Club Day - Sept 30



Umpire Game & Pizza Party



Orca Tournament



Want to get more involved at WVFHC?

We would love to use your talents and input! Come and meet some fabulous people.

We are currently looking for committee members for our Women's and Juniors Committee and our Board of Directors. Information on roles are on our website or send questions to info@wvfhc.com.

Follow us on social media to keep up with our players, teams, news and events!

We are @wvfhc on Facebook, Twitter & Instagram

OUR PROGRAMS - ADULTS

Womens & Mens Leagues - women's and men's teams of all abilities playing in league games

And for anyone not into competitive hockey, we have Adult Rec and Hockey Fit.

Details at wvfhc.com



Ladies and Men's Prem teams were league playoff winners!



OUR PROGRAMS - JUNIORS

Spring League, HP, Wolves, Fall Hockey 5's, Winter Technical Development, Spring Break and Summer camps

From U6 to U18 - **Spring League** is our biggest season. Games were played & friends were made. A huge thank you to all the volunteers who make it fun for everyone - 92 teams, 190 volunteer coaches and managers, 80 junior umpires and junior coaches, 18 AGCs and of course, our amazing Spring League Coordinator, Christine.

Thanks to all the teams that competed in the Club Championships. We were thrilled to host the U16 boys at Rutledge .

Fun with our Juniors - Spring League, Fall 5's, HP, Boys Wolves, Winter Tech Dev, tournaments and Club Championships, Spring Break and Summer Camps, Sportways, playing against visiting teams



OUR PROGRAMS - COACHES



Technical
Director Geoff
Matthews



Head Coaches
Isabelle
(Development)
& David
(Performance)



Some of our amazing coaches - Top left:
Isabelle, Ethan, Nadine, Christine, Arden,
Lauren; Middle: Clovis, Isabelle, Aaron,
Erin; Top Right: Hannah, Karli, Rachel,
Justin, Isabelle
Left: Ethan, Lauren, Christine, Flynn having
fun at Sportways

Coach Nicky and Kent at
the Orca Tournament;
Adult team coaches (and
board members) Chris
and Mark enjoy Club Day



For more information about our coaches please visit
the coaches page on our website at www.wvfhc.com

AND MORE FIELD HOCKEY.....



Tournaments



Nationals -
U18 and U16



BC High Schools - AAA
Champions Handsworth
and AA Champions
Seycove!



Canadian
Men's and
Women's
National Teams



National team athletes at the Pan Am
games send off; both teams move on to
qualifiers for the 2024 Olympics



Canadian
Junior National
Teams

Junior National athletes at the Junior Pan
Ams in Barbados where they qualified for the
Junior World Cups

IN THE COMMUNITY

Elementary School Visits



Holiday Season 2022/23 Toy & Food Drive donations from our generous members



Old equipment and uniforms, etc collected and sent to Tunza Sports in Kenya to give kids equipment to play sport and get a good education



Field Hockey Canada Golf Classic



Bridge Festival - all ages giving field hockey a go

Coming Soon....

Our annual Toy and Food Drive every weekend in November - please give your donations to coaches at Rutledge fields. Thank you for your generosity!

Thanks for reading! For more details see our website www.wvfhc.com or email us at info@wvfhc.com.